

## ENTRY INFORMATION

*This Information Flyer was updated on 6<sup>th</sup> Sep 2018. New Information is shown in blue and a late change highlighted in yellow.*

**Location:**

Transit Flat, St Helens

**Date:**

Saturday, 15 September

**Event Category:**

Statewide

**Event Series Information:**

Tasmanian Long Distance Championships

**About This Event:**

The terrain for most of all courses has been recently burnt by wildfire. This has left most of the forest very open and runnable with generally good visibility. If the weather is fine you will have a great time!

In some places (mainly in the valley bottoms) the fire has exposed features that are not mapped as they were previously concealed by thick vegetation. None of these features have been used for controls and they will not be a factor in route choice decisions.

The dark green areas on the map show thick (fight) vegetation (tea-tree and cutting grass) in the valley bottoms. Most of this has been burnt to the extent that the dark green will pose no significant barrier to runners, although in some cases you will need to pass between standing, blackened stems of the burnt tea-tree bushes. (Some small deviation may be needed to avoid very small unburnt tea-tree remnants.)

At the time of writing, the marshy valley bottoms and flats are wet but generally have a firm, granite-gravel bottom, are not boggy, and can be easily crossed, although you may get wet feet. However, the button grass in the flats remains unburnt and is thick in places.

Runners on Courses 1 to 5 will almost certainly have to cross Constable Creek. Take care when crossing this Creek, particularly if the event is held after a period of heavy rain when the creek level may have risen. Under normal conditions the Creek may be crossed at several places without getting feet wet and just about everywhere if you are prepared to get wet. The Creek is close to the end of your course.

**Note:** If the Creek level is higher than normal, special instructions will be provided at the Pre-Start.

**Where is the Start?**

From St Helens town center head west on Quail St to the T junction. Turn right onto Medea Cove Esplanade and travel 4.7 km to Trafalgar Track. Medea Cove changes to Eagle St then becomes Argonaut Rd. Pass the Golf club on your right and then cross a bridge. 2 km after the bridge turn left onto Trafalgar Track and follow for 4.4 km. Turn left onto Transit Track and follow for 4.2 km. Total

distance from St. Helens is approximately 14 km. the track is in good condition.

### When Can I Start?

As this is a championship event, start times will be pre-allocated and publicized on the OT website.

### Walk to the Start

All courses start from the same **Pre-Start** that is 550m of flat walking. Follow the pink tapes back along the entry road. Please head to the start at least 15 mins before your allocated start time so that you arrive with 5 mins to spare.

### Start Procedure

Runners will be called to the start **4 minutes** prior to their allocated start time. Runners may then collect their control descriptions sheets. **Courses 7, 8 and 9** have a choice of English or Symbolic control descriptions.

**2 minutes** prior to their start time runners will move into the **Start Area** behind their appropriate course box.

On the start sound, runners must pick up their map and proceed along the taped route of the correct colour to their Start Control. No punch is required.

### When Do I Have To Finish?

You need to finish before the course is closed at 2:00pm.

### What Are The Courses?

Course	Navigation Standard	Length (km)	Climb (m)	Controls	Start	Age Group Classes
1	Hard	11.8 km	360 m	21	Start 1	M21 <sup>1</sup>
2	Hard	8.9 km	270 m	16	Start 1	W21 <sup>1</sup> M17-20, M35, M40
3	Hard	7.0 km	185 m	15	Start 1	W17-20, W35 M16, M45, M50, M Open AS
4	Hard	5.5 km	145 m	13	Start 1	W16, W40, W45, W50, W Open AS M35-50AS, M55, M60
5	Hard <sup>2</sup>	4.7 km	90 m	12	Start 1	W35-50AS, W55, W60, W65 M65, M70

6	Hard <sup>3</sup>	3.3 km	60 m	11	Start 1	W70, W75, W80+ M75, M80+ M/W Open A <sup>4</sup>
7	Moderate	3.4 km	105 m	11	Start 2	W14, W16+B M14, M16+B M/W Open B
8	Easy	2.6 km	25 m	12	Start 2	W12, W14B M12, M14B M/W Open C
9	Very Easy	2.2 km	35 m	9	Start 2	W10, W12B M10, M12B

### Taped Routes

**Courses 8 & 9** have **taped routes** between some controls. These taped routes will be marked by **yellow and blue tapes**.

**On Courses 8 and 9** some tracks are difficult to follow in some places. **Blue and yellow tapes** have been used to mark the position of these tracks.

### Do I need an e-stick or P card?

Sportident or P cards are required at all orienteering events in Tasmania. If you do not own a Sportident or P card, you can hire one for \$4 at the event. These are also available for purchase at most events.

### How Do I Enter?

As this is a championship event and start times are pre-allocated, **pre-entry is required by midnight on Mon 10<sup>th</sup> September.**

### How Much Does It Cost To Enter?

<Delete rows from the table below that do not apply to this event>

Event Fees	Adult	Adult	Youth or Concession	Youth or Concession	Family	Family
	Casual Member	Full Member	Casual Member	Full Member	Casual Member	Full Member
Orienteering Series Tasmania (OST) event	\$16	\$10	\$8	\$5	\$40	\$25

**Contact Information**

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**Who are the Course Planners and Course Controllers?**

This event is being organized by the Wellington Ranges Orienteering Club.

Course planning and control by Warwick Moore and Ian Rathbone. Assistance provided by Brett Spaulding.

**Which Map Is Being Used?**

Transit Flat. Contour interval 5m

**Courses 1 – 3** have maps printed at 1:15 000.

**Courses 4 – 9** have maps printed at 1:10 000.

**What Else Do I Need To Know?**

All participants in events conducted by Orienteering Tasmania and its affiliated clubs are required to register. There are two categories of registration, either as a full member or as a casual member. Further details are available on our About Membership page.

There is a blanket policy of not permitting dogs at our events. Please leave your dog at home.

**Any Food, Entertainment, Coaching or Other Special Attractions?**

Juniors will be running a BBQ and cake stall. Please support this fundraising effort.

**Carpooling Rendezvous Details for OST Events?**

None - part of weekend event.