

# BLUE LIGHTNING TRAINING CAMP



*Development Squad for children 12-18 years*

Who:	All OACT High school aged juniors (Upper primary aged can attend if accompanied by active parent). If you are not a regular Blue Lightning member but would like to attend, enter interest online and you will be contacted PLUS put on the Blue Lightning mailing list
When:	From 12 Midday (or as soon after Secondary champs presentations) Saturday 1 September until 3pm Sunday 2 September
Where:	Assemble at Saturday Metro League event at Stromlo West, then to the Castle and on to Namadgi Saturday late afternoon.

## Cost:

Overnight attendees-cost \$10 per child includes campground cost.

Day attendees: Saturday only \$2

Day attendees – Sunday only \$4

## Catering:

BYO food (pot luck and share for dinner)

## Equipment:

Full Orienteering gear including full body cover wear, a whistle, thermals and if you are doing OWLS (orienteering in the night time with lights)- a space blanket, Wet weather and layers of warm clothes.

Camping gear including tent.

Strong head torch with spare batteries

All involved in the night OWLS will be offered a reflector to pin to their shirt, should they need to be spotted in the dark.

Parents are welcome (strongly encouraged) to take part in the training or to just come and camp and enjoy the socialising.

## CONSENT:

All junior attendees will be expected to have a Parental consent form signed.

To be provided by Blue Lightning management.

## Program

Saturday

From 12 md Sausage and salad lunch provided by BL, at West Stromlo event (non-BL members to chip in).

1.30pm Drive to the Castle map near Tharwa. Meet 2 km north west of Tharwa Cnr Booroomba rd and Tourist Drive 5 (Tidbinbilla Rd)

2.30 pm Session 1 David Poland

4.30pm Drive to Orroral Campground, Namadgi, set-up tents (We have a site booked)

5.30ish Dinner (pot luck, share arrangement)  
7pm Session 2 - OWLs Toni Brown/Tomas Krajac  
9pm Training session ends – camp out or return to Canberra to sleep.

#### Sunday

Day attendees arrive by 8.30am at latest for briefing/car shuffle instructions.

9am Session 3 Patrick Miller

11am Morning tea – share arrangements

11.30am Session 4 Tara Melhuish (presented by Andrew CT) Session 4 attendees arrive by 11 am for briefing/car shuffle instructions.

1.30pm Lunch BYO and close