

Mountain Bike Orienteering: RIDE-NAVIGATE-RACE



Pumicestone Rd, Caboolture.

Sunday 23rd September, 2018.

Courses: (Distances are approximate at this stage)

Course 1	40+ km	M21 (Open M), Open A* (Anybody)
Course 2	29 km	W21 (Open W), M20 (17-20), M40 (40+),
Course 3	24 km	W40 (40+), M50 (50+), Open B* (Anybody)
Course 4	20 km	W20 (17-20), W50 (50+), M60 (60+)
Course 5	12 km	W and M16 (14-16), W60 (60+), M70 (70+) Open C* (Anybody)

*Open courses can be ridden solo or in teams.

Recreation Score of up to 2hrs for families, novices and those trying to get fit. Any number of controls can be collected in any order. The 5 Courses are line courses and controls must be collected in order. Miss one and you are out!

Entry: Entry is online at www.sunshineorienteers.com.au/events
Discounted entries close: Wednesday 19/9/18. Late fee \$10 after.

Cost:

Members	Junior \$10.00	Senior \$15.00
Non Members	Junior \$15.00	Senior \$25.00

Rec Course only: Senior \$20, Junior (15-20yrs) \$10, Under 14 free

SportIdent (timing) stick hire - \$5. Mapboard Hire - \$10.00ea.

Start times: From 8:30-10:00am

Course closes: 12:00pm

Equipment: A mountain bike, helmet, water and compass are the requirements for this event. A handlebar mounted mapboard that rotates to hold the map. These are available for hire, when entering the event.

Enquiries: Deb Gordon 0439979260 or info@sunshineorienteers.com.au

