



2018 ACT Long Distance Championships

Sunday 16 September 2018

Official Program

Website: <http://act.orienteering.asn.au/eventor/events/details/6128/>

Enquiries/Contact: 0401 994 975 goggso@inet.net.au

Organisers: Stephen Goggs, Robert Mouatt
Course Planner: Hugh Moore
Controller: Darryl Erbacher

Venue: The Sandhills.

Event Format: This event is classic Long Distance orienteering. Courses have been set to achieve winning times as per the Orienteering Australia Competition Rules for Foot Orienteering.

Directions to the Assembly Area. **From Bungendore** drive 12 km east along Kings Hwy and turn left into the road to the Birkenburn property. **From Goulburn** drive south through Tarago along Goulburn Road. At the intersection with Kings Hwy turn right and proceed west along Kings Hwy for about 9 kms and turn right into the road to Birkenburn property. Take care turning right as the Kings Hwy is busy with traffic proceeding to and from the coast. **From both directions** follow the Orienteering signs approximately 5 kms to the Parking and Assembly areas; see diagram below. Park as directed.



The Start. There is only one Start which is, along a track for about 700 metres. Allow 10-15 to walk from your car to the Start; see more about Starting procedures below.

Important Information about the venue. This event is occurring on private property, where the owners run a B&B business in addition to their agricultural activity. The map also lies between two other properties which have recently increased farming activity, including introduction of a quarantine system for a new wagyu beef venture. The landowners advise that dry conditions in the area have not only impacted on vegetation and sensitive sandy soils, but have also led to increased fire and erosion risks as well as an explosion of feral deer, rabbit and kangaroo numbers – which in turn means ongoing regular engagement of commercial hunters throughout the property. We are assured there will be no hunting on site during our event, but all participants are reminded to respect the varied interests of the landowners and their neighbours who are so generous in welcoming us to their property.

Map/Terrain: Original maps were The Sandhills 1:15000 (1983), Birkenburn 1:15000 (1992), The Sandhills 1:15000 (1997), and since 1997 various version at 1:15000 and 1:10000 scales. For this event there will be two scales, with the longer courses at 1:15000 and the shorter courses at 1:10000; see Course/Class detail for more information. The competition area is typical Australian eucalypt, gully/spur terrain, which varies from relatively fast undulating areas to rocky areas with some fallen timber. Longer courses will also encounter some steeper slopes.

Enter on the day: A limited number of entries will be available on three courses – Hard (Course 6), Moderate (Course 8) and Easy (Course 10). Entries will be unofficial with one class per course and the full entry fee paid. EOD competitors will start after all official competitors. EOD competitors are to register their entry before 10.30 am and will be able to Start after the last starter on their respective courses. EOD fees will Senior (>20) \$15, Junior (<21) \$10, which is the standard ACT League fees plus the OA levy for State Long Distance Championships. EOD competitors will not score any ACT League points.

Classes:

Championship Classes

Men: M21A, M10, M12A, M14A, M16A, M20A, M35A, M40A, M45A, M50A, M55A, M60A, M65A, M70A, M75A, M80A, M85A, M90A

Women: W21A, W10, W12A, W14A, W16A, W20A, W35A, W40A, W45A, W50A, W55A, W60A, W65A, W70A, W75A, W80A, W85A, W90A

Non-Championship Classes

M21AS, M35AS, M45AS, M55AS, M65AS, MJuniorB, MOpenB, M45B, W21AS, W35AS, W45AS, W55AS, W65AS, WJuniorB, WOpenB, M/WOpen Easy, M/WOpen Very Easy, plus all Enter-on-the-day (EOD) classes.

Course/Class Detail (The map scale is 1:10000 unless otherwise indicated)

Course	Navigation	Distance	Climb metres	Classes
Course 1*#	Hard	12.3	400	M21A
Course 2*#	Hard	8.6	325	M20A, M35A, M40A, W21A
Course 3#	Hard	6.6	235	M45A, M50A, W35A, W40A
Course 4	Hard	5.3	160	M16A, M55A, M60A, M21AS, W20A,
Course 5	Hard	4.7	145	M65A, M70A, M35AS, M45AS, W16A, W45A, W50A, W21AS
Course 6	Hard	3.3	75	M75A, M80A, M55AS, W55A, W60A, W65A, W35AS, W45AS, Hard EOD
Course 7	Hard	2.3	50	M85A, M90A, M65AS, W70A, W75A, W80A, W85A, W90A, W55AS, W65AS
Course 8	Moderate	4.3	80	M14A, MJuniorB, MOpenB, Orange EOD
Course 9	Moderate	3.3	75	W14A, WJuniorB, WOpenB
Course 10	Easy	1.9	80	M12A, W12A, M/WOpen Easy, Green EOD
Course 11	Very Easy	1.5	40	M10, W10, M/WOpen Very Easy

* Map Scale 1:15000

Map size A3 square or A3 landscape

Previous/Sample maps. Orienteering Australia Competition Rules state:

- 15.6 If a previous orienteering map of the competition area exists, colour copies of the most recent edition must be made available through the carnival website and may be displayed for all competitors at the competition venue. **[Current versions of the map will be available at the event, on Facebook and on Eventor under documents]**
- 15.7 On the day of the competition, the use of any map of the competition area by competitors or team officials is prohibited until permitted by the organiser. **[This means that competitors are not to bring copies of previous course maps to the event.]**

Start Times. Start times for most competitors will be from 10:00 am with some members of the organising club and some competitors requiring splits having earlier start times and others starting at the end of other competitors. Start times are at (Eventor reference)

Start Procedures. Competitors are to report the Start at least **three minutes** before their Start time. They should clear and check their SI card before entering Box 1. The Start layout is illustrated below

Clear and Check before entering Box 1	Box 1 Manual SI check	Box 2 Control descriptions	Box 3 Start box SI unit check
	Clock 1 Race time + 3 mins		Clock 2 Race time

- a) Competitors are to Clear and Check their SI card before entering Box 1 at three minutes before their Start time.
- b) On entering Box 1 an official checks each competitor's name and SI number. The Clock will show their Start time, but it will actually be three minutes ahead of their Start time.
- c) On entering Box 2 competitors collect their control descriptions.
- d) On entering Box 3 an official uses a SI unit to check that a competitor's SI card has been cleared. Competitors write their name on the back of the next map in their map box.
- e) At the final beep competitors pick up their map and punch a Start unit before looking at their map.

Late starters should report to the starter and will be allowed to start at the starter's discretion. A decision on whether time penalties should apply will be made by the organiser.

Complaints and Protests. Complaints and protests will be handled in accordance with Orienteering Australia Competition Rules sections 27 and 28, and if necessary a Jury will be appointed in accordance with section 29.

Toilets. Two portaloos will be located to the west of the Assembly area adjacent to the track to the Start.

Catering. The Blue Lightning squad will sell cups of soup and a variety of cakes, muffins, etc.

Results Displays. The results will be displayed on TV screens after a competitor downloads their course data.

Awards: ACT Championship Badges will be made to placegetters in all Championship classes. Certificates may be issued to all other placegetters. The award ceremony will be scheduled for 12.30 pm.