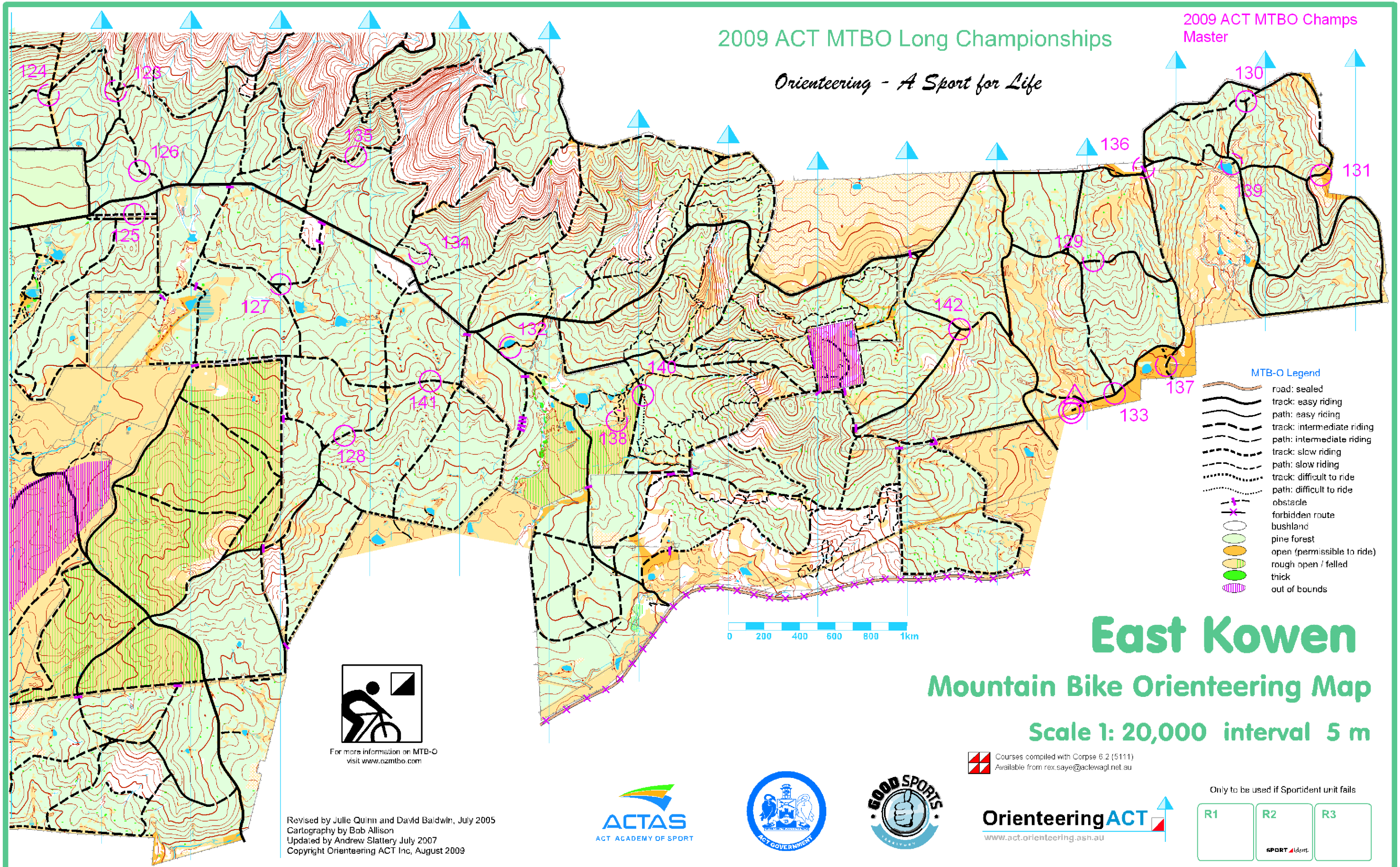
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2009 ACT MTBO Long Championships

*Orienteering - A Sport for Life*

2009 ACT MTBO Champs
Master




MTB-O Legend

- road: sealed
- track: easy riding
- path: easy riding
- track: intermediate riding
- path: intermediate riding
- track: slow riding
- path: slow riding
- track: difficult to ride
- path: difficult to ride
- obstacle
- forbidden route
- bushland
- pine forest
- open (permissible to ride)
- rough open / felled
- thick
- out of bounds

# East Kowen

## Mountain Bike Orienteering Map

### Scale 1: 20,000 interval 5 m

For more information on MTB-O
visit www.nzmtbo.com

Courses compiled with Corpse 6.2 (5111)
Available from rex.saye@actewagl.net.au

Only to be used if Sportident unit fails

R1 | R2 | R3

OrienteeringACT
www.act.orienteering.ash.au

ACTAS
ACT ACADEMY OF SPORT

Revised by Julie Quinn and David Baldwin, July 2005
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