

Maxi Adventure Race 2018 – Lal Lal Forest, Lal Lal

Sunday October 28, 2018

Presented by Nillumbik Emus OC

Organiser: Rob Edmonds Course Planner: Derek Morris

Nillumbik Emus Orienteering Club welcomes you to the 24th running of the event. Thank you to Eureka for the use of their map and John and Gaye Welford for the use of their property. We hope you all have a great day. Thanks also to Lauris Stirling (catering), and members of Nillumbik Emu members for assisting with the catering and running of today's event.

Geoff Hudson will be providing an electronic result display and competitors will receive a ticket when they finish with their points total and time.

There will be a port-a-loo at the assembly area. The last public toilet before reaching the assembly area is at the Gordon Pioneer Reserve or Police camp if coming along the Ballan Egerton Road.

Emergency: The organisers have an emergency plan in case of injury. If members of another team are needed they must render assistance, as the safety of all participants is paramount. In case of medical emergency or injury please make the patient as comfortable as possible and send for help. If you have a mobile phone call the organiser on 0408467258 or 000 for help.

Registration: Please register anytime from 9:30 am. Check your team category and advise officials of any changes. Collect your pre-marked maps and SI sticks, if you are renting. You will also need to fill out an emergency contact form.

- Each person should take compass; one first aid kit per team; energy food; warm clothing; whistle; waterproof jacket; plastic map cover and water.
- There will be three water points on the course, but it would be advisable to carry your own water as well.
- Teams that split up will be disqualified.
- You may visit the controls in any order. Controls are worth various points according to difficulty and distance.
- Final instructions will be given at 10:50 am, for an 11 am start. Teams must finish within 3 hours in order not to incur a penalty. There will be 10 points deducted for each minute late. Teams, more than 30 minutes late, will be disqualified.
- At the finish, all team members must download their SI Stick to record their score.

Scoring: Visit as many as you like within the 3-hour time limit. Controls are worth 20, 30, 40, 50 or 60 points There are 30 controls worth a total of 1200 points. Each control unit will display the code shown on the map. Download at the finish tent to record your finish and receive your points total.

Presentations: This will take place as soon as possible after the event by 3 pm. There will also be a draw for lucky spot prizes.

Catering:

- Soup/sandwiches and tea/coffee, cake and fruit will be provided.
- Bring your own plate, mug and cutlery.

Results: will be published on the OV website and <http://eventor.orienteering.asn.au/Events>