



2018 Christmas 5 Days General Information December 27-31



ORIENTEERING NSW



BULLETIN 1

Welcome

The 2018 Xmas 5 Days carnival is in Sydney, Australia's first and largest city. We have some stunning scenery and locations for you – along with the usual sightseeing treats.

Traffic volumes are greatly reduced at this time of year and getting around by car is easy. However, parking can be very tight at many popular locations, fees apply... and rangers are always out in force.

All venues bar one have excellent public transport options and we recommend using them.

We have also come up with an interesting mix of course formats to keep you entertained.

Transport

Each event can be easily reached via public transport. Please use the [NSW govt Trip Planner](#) to assist you.

For Opal card customers, travel costs are capped at

- \$2.70 on Sundays
- \$15.80 on other days
- \$63.20 per week

Carnival program

Day	Venue	Format	Notes	Winning time
Dec 27 (Thu)	Milsons Point	Score	Awesome CBD views and harbourside location. Part of Sydney Summer Series	score event - 45 minutes
Dec 28 (Fri)	Centennial Park	Line with Loops	Sydney's great urban park, with lots of recreation options for before and after the event	35 minutes
Dec 29 (Sat)	The Clay Pan, Beacon Hill	Mass Start Score	A mind-boggling track network set among hardy coastal scrub	50 minutes (Hard 1) to 40 minutes (Moderate)
Dec 30 (Sun)	ICMS Manly & St Paul's	Sprint	Historic former seminary a short walk from North Head, famous Manly Beach and protected harbourside beaches	20 minutes
Dec 31 (Mon)	Sydney Uni	Long Sprint	Highly detailed campus right next to the CBD to fully test Sprint O skills	25 minutes

Course / Class Structure

Classes and course difficulty			SL age class guide		SSS Age class guide	
Men A	Open Women	Hard 1	M21, M20	W21, W20	OM	OW
Men B	Women A	Hard 2	M16, 35-40	W35-40	JM, MM	JW, MW
Men C	Women B	Hard 3	M45-50	W16, 45-50	VM	VW
Men D	Women C	Hard 4	M55-60	W55-60	SVM, LM	SVW
Men E	Women D	Moderate	M65+	W65+	IM	LW, IW
Combined		Easy				

Entry fees (per day)

Senior (aged 21+) \$20, Junior (aged 13-20) \$13, Sub Junior (aged up to 12) \$10.

A family discount is available. If you enter all family members at the same time, Eventor will automatically provide you with a discount.

Entries are now open via [Eventor](#). Entries close Tuesday December 18.

Results

The overall winners will be determined based upon their best 4/5 results.

The point scoring will be as follows:

- The winner in each class each day will receive 1 point, 2nd place 2 points, 3rd place 3 points etc.
- If you do not start, or you mis-punch, you will receive the number of points equal to the total entry in your class plus 1. (If there are 30 in a class you would be awarded 31 points.)
- The overall victor in each class will be the person with the lowest total score across their best 4 days.

Prizes

Prizes will be awarded to X5D daily winners. However, if you have already won a stage you will not be able to win a second prize except for the Overall Class prize.

Daily spot prizes for X5D competitors will be drawn each day at random. You must be present at the draw to claim the prize.

Start Lists on Eventor

All events will have walk-up starts.

Start Window / Course Closure

The start will be open each day as follows:

Day	First Start	Last Start	Course Closure
1	16.30	18.45	19.30
2	08.00	09.30	10.30
3	09.00	09.30	11.00
4	10.00	11.30	12.30
5	09.30	10.30	11.30

Split Starts for child minding

Queuing starts mean people can manage their own split starts. We will cater for split starts on Day 3 – details will be in later bulletins.

Entries

Entries will be open to all and no special qualification or membership is required.

Registration

There will be a Registration tent at each day's event for enquiries, collection of hired SI sticks, payment of outstanding fees and Enter-on-Day courses; otherwise there is no need to report to registration.

Each club is responsible for its own event.

Sportident

All events will use SportIdent electronic timing. Each club will determine whether it will offer SI Air capability, however SI Air sticks will not be available for rent. Standard SI stick hire will be free for the whole carnival.

Enter on the Day

Anyone wishing to enter on the day should report to the Registration tent as soon as they arrive at the event, and no later than 30 minutes after the first start.

Each club will decide which courses are on offer for EOD, along with the entry fees.

Maps

Maps will not be collected at the finish. The onus is on competitors not to show other competitors their map until after they also have run, nor seek to view maps of runners who have completed their courses.

GENERAL INFORMATION

Weather

Average daytime temperatures in Sydney range from 18-26 Celsius. Sunrise will be around 5.45am and sunset 8.05pm.

Places to Visit

Walking - <https://www.bestsydneywalks.com/>

Kids - <http://sydneyforkids.com.au/home.cfm>

Blue Mountains - <http://visitbluemountains.com.au/>

The Sydney Pass (offer multiple attractions at discounted rates) - <https://www.thesydneypass.com/>

Camping

Camping is available at the following locations:

[Lane Cove National Park](#)

[Sydney Lakeside Holiday Park](#) Narrabeen (run by NRMA)

[Cockatoo Island](#) Sydney Harbour

[The Basin](#) Pittwater (catch a ferry from Palm Beach)