



2019 Sprint Adelaide

January 25-28 (Friday-Monday)

Four days and five sprint races in detailed urban and forest terrain open to all competitors. The event is being organized by the national orienteering squads as part of a training camp at Shiloh Hills. Come and compete against Australia's best or simply enjoy some fun summer holiday orienteering.

Events (TBC)

- Event 1: Friday 9pm, Night sprint – Belair GC
- Event 2: Saturday 5pm, urban sprint – Heathfield
- Event 3: Sunday 9am, urban sprint – Flinders Uni
- Event 4: Sunday 5pm, urban sprint – Flinders Uni
- Event 5: Monday 9am, urban sprint – Mt Barker

The overall competition will be determined by a point score where four races count so competitors are able to miss one event and get an overall result.

Courses and classes

Course 1: Open – hard navigation, designed for the best competitors, typically 3.0 – 3.4 km courses. Includes 3k TT and Knock Out event.

The national squad athletes will be competing on this course.

Course 2: Medium – hard navigation and typically 2.8 – 3.2 km long courses. For those who want the challenge of Course 1, without doing it hard

Course 3: Short – Moderately easy navigation; 2.0 km or less; most suitable for children but open to all.

Small prizes will be offered to the top three men and women overall in Courses 1 and 2. Course 3 is aimed at participation and will be timed.

Entries

Enter online at Eventor Australia by Monday January 21

Entry fees: all five events \$60, under 18 \$30

Individual Event entry: \$15, under 18 \$7.50

For squad athletes wanting to stay at the Shiloh Hills Camp accommodation, please indicate by selecting the service 'Accommodation' when entering. Payment of \$24 will be asked for once your request is approved.

All money raised goes to support the Orienteering Australia high performance squads and national teams. Come along to support our junior and senior elite orienteers. Thanks to Orienteering SA for helping host the event and donating maps and equipment.

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