



**TOOWOOMBA
AND DISTRICT**

RACE 1 – Tuesday 22/1/19

Start location: Kearneys Spring, corner of Ruthven and Spring St.

Course: All races will be 40 minute score events. Visit as many control sites as you can in 40 mins. Starts from 6.15 – 6.30pm. Course closes 7.30pm. Penalties apply for late returns.

Use the App and a Map to run, jog or walk through local parks and streets in the cool of the evening. Download the latest version of the MapRun app on your smartphone before you arrive and your phone will register the checkpoints you visit.

For Android <https://play.google.com/store/apps/details?id=au.com.fne.maprun>

For iPhone <https://itunes.apple.com/au/app/maprun/id1131196832?mt=8>

All ages and fitness levels catered for. Compete individually or participate in a group. Children under 14 must be accompanied by an adult. Bring a small torch or head lamp. Full instructions given.

Results will be available in Eventor.

\$5 per person or \$12 per family.

For more information, go to www.oq.asn.au , phone 0427523541 or email rroc@oq.asn.au