

SPRINT ADELAIDE



AUSTRALIA DAY WEEKEND 2019

SPRINT ADELAIDE 25th Jan - 28th Jan 2019

Event Information

Welcome to Sprint Adelaide 2019. Thank you for supporting this event which is being held in conjunction with a **High-Performance Training Camp**. The funds raised from these events will be used to assist squad athletes to go to NZ next year, on the same weekend in Jan, for the **NZ WOC, Sprint trials**. 20 athletes from all National HP Squads are participating in all the events this weekend.

General Information

Facilities: please bring your own water. Water will be available if possible, at each finish area. Toilet access is not limited and not guaranteed. (See each Event details)

Start Procedure: This is a 'free start' event, you choose your own start time. Just turn up at the start when you are ready. There will be three start lanes - one for each course. Control descriptions will be available at the start to be collected at any time before the one-minute pre start. You will enter the start area at one minute before your start. Clock will beep on your start time, punch the start unit, and leave on your course. ?one minute or 30-second start intervals

SI

NOTE Your SI number. It is your responsibility to have the right one. The one that you are entered with.

All competitors Clear and Check your SI stick and then punch the Start Unit when you start, then at each of your Controls, and again at the Finish when you are all done.

Overall Point Score. Each pre-entry class will have a cumulative overall point score. Best 4 of 5 events count. This will be the same points score as used at the Xmas 5 days. 1000 points for a win, then part thereof.
<https://eventor.orienteering.asn.au/Documents/Event/3967/1/2017-Overall-Point-Score>

Prizes: after Event 5 there will be prizes for the winner of each class – after all results are known.

Results: these will be available at the finish. Also radio controls' running time for each runner will be displayed. The results and radio control data will be available online.

Results will also be posted on **Eventor**. Splits will be available on **Winsplits**.

Open course program

- Race 1 Fri 25th PM Night Sprint
- Race 2 Sat 26th AM 3k time trial
- Race 3 Sat 26th PM Sprint
- Race 4 Sun 27th AM Knock out Qual&Semi
Sun 27th PM Knock out Final
- Race 5 Mon 28th AM Sprint

Medium and Short course program

- Race 1 Fri 25th PM Night Sprint
Sat 26th AM (no race)
- Race 2 Sat 26th PM Sprint
- Race 3 Sun 27th AM Sprint
- Race 4 Sun 27th PM Sprint
- Race 5 Mon 28th AM Sprint

Best 4 races (results) count for all Classes

How does the Knockout process work?

Sunday Morning Qualification races There will be 2 qualification heats (A & B) starting side by side, were athletes start at 1 min intervals, lowest ranked athletes will go first. Order of rank/start will be determined using Bigfoot Rankings <https://ranking.bigfootorienteers.com/display.php>. Separate Men's and Women's races. If there are 24 athletes to start with, the top 6 from each heat of 12 will go through to the semi-finals, made up of 1st – 3rd from qual A and 4th – 6th from qual B in semi-final 1, and 1st – 3rd from qual B and 4th – 6th from qual A in semi-final 2. The semi-finals are mass starts with splitting (Phi loop/butterfly) during the course.

Athletes that miss out of the top 6, will still run a semi, but can't make the final. Those placed 7th – 9th from qual A and 10th – 12th from qual B are in semi-final 3 and those placed 7th – 9th from qual B and 10th – 12th from qual A are in semi-final 4

Sunday afternoon Final. The fastest 3 athletes from semi-finals 1 & 2 will go through to the final, which will be a mass start on a non-looping course (no splitting, butterflies or Phi loops) 1st across the line is the winner.

Athletes placed 4th – 6th in semi-finals 1 & 2 go through to the race off for 7th to 12th place. Likewise, the same process will happen for athletes from semis 3 & 4, those placed in the top 3 are in final 3, those place in the last 3, are in final 4

If there are less than 24 athletes to start with in the qual round, it will be the top 50% that go through to the semis, and then the top 50% from the semis go through to the final.

3km Time trial, Saturday morning, 9 am For all open course athletes, but everyone is welcome

Will be at the Uni Loop, Mackinnon Pde, Nth Adelaide. The Uni loop is what most clubs in Adelaide use for their TT, it is 2.2 k long, so we will be doing one loop, plus 800 m

	Course	Fri PM	Sat AM	Sat PM	Sun AM	Sun PM	Mon AM
	Open	3.7 k	3 k TT	3.2 k	2 x 2.2 k	2.6 k	3.6 k
	Medium	3.0 k		2.9 k	3.0 k	2.9 k	3.2 k
	Short	2.1 k		1.7 k	2.0 k	1.9 k	2.0 k

OUT OF BOUNDS

All competitors are reminded that it is **your responsibility** to not enter out of bounds areas as clearly marked on the maps or to cross impassable objects. Please communicate any infringement of this rule to the athlete concerned so that they can DSQ themselves as the organisers will not be checking. Olive green is used widely to show forbidden areas. Olive green in reality on the ground can be various different types of vegetation or even open garden beds or dirt. Please respect the rules and do not cross olive green areas. Respect the rules, respect your competitors and **respect the map!**

Land owners of sprint maps are becoming increasingly concerned about damage to garden beds from competitors not respecting the rules. If you enter a garden bed or other out of bounds areas you could be jeopardizing future use of the map for all orienteers.

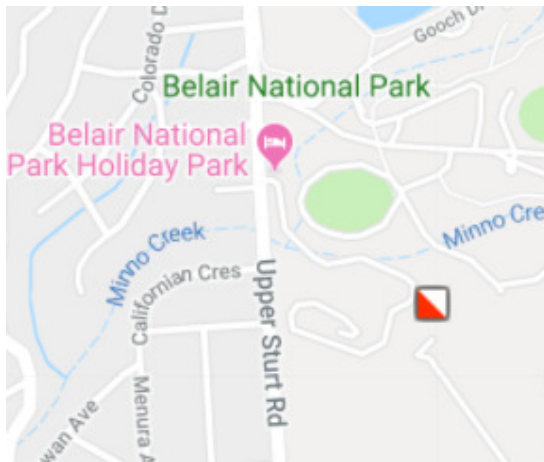
Thanking you in anticipation of your honesty. Olive green, dark green and purple parallel lines mark OOB. Impassable walls and fences are marked with thick black lines.



Event 1 – Belair, Friday 25th January, evening.

Map: Belair Golf Course, **Scale** 1:4000 Contour Interval 2.0m. **Course Planner:** Adrian Uppill

Car parking: Belair golf course car park – follow directions towards Belair Caravan Park, from Upper Sturt Rd (200m south of the main National Park entrance).



Arena Location & toilets: Golf Course car park

Start: is at the Arena. Start times from 9-9:30pm. **30 sec start intervals** Courses close 10:30pm

Terrain Notes: Rough open land, ankle protection recommended

Map notes. The map is to 1:5000 with 5m contours. Not all symbols are to ISSOM in particular all tracks are shown as black & white dashes, the brown triangle symbol represents termite mounds (to be implemented in new ISSOM) and a special symbol used for 'golf T-off'. The map comprises the former Belair Golf Course which is not maintained although the fairways have been slashed. Gently undulating terrain with dry grassy areas and fast runnable open forest with some patches of light, mid and dark green areas. The map will be on display at the event.

Olive green in reality on the ground can be various different types of vegetation or even open garden beds or dirt. Please respect the rules and do not cross olive green areas. Respect the rules, respect your competitors and respect the map!

Please take care when crossing roads and bike paths as they are all open to traffic.

Open Course race 2

3km Time trial, Saturday morning, 9 am For all open course athletes, but everyone is welcome

Will be at the Uni Loop, Mackinnon Pde, Nth Adelaide. The Uni loop is what most clubs in Adelaide use for their TT, it is 2.2 k long, so we will be doing one loop, plus 800 m

Event 2 – Heathfield, Saturday 26th January, late afternoon.

Map: Heathfield High School, **Scale** 1:4000 **Contour Interval** 2.5 m. **Course Planner:** Oliver Williams

Car parking: Heathfield Oval, Heathfield Rd. From the roundabout when you first come off the freeway into Stirling, take Avenue Rd then Longwood Rd. Turn left into Heathfield Rd at the intersection with Scott Creek Rd.



Arena Location & toilets: at the Oval's car park

The **Start** 800m to start - follow tape/signs **Start times** from 5pm to 6pm. **Start interval 1 min** Courses close at 7pm.

Terrain Notes: **Beware of snakes** Spectator control which is also a map flip for Open and Medium

Take care when crossing the train line – this is the main Adelaide to Melbourne line. Competitors **MUST** look both ways at the crossings, which do not have signals. You will be disqualified if you do not stop for oncoming trains.

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Please take care when crossing roads and bike paths as they are all open to traffic.

Event 3 – Flinders University South, Sunday 27th January, morning

Map: Flinders Uni, **Scale** 1:4000 **Contour Interval** 2.0m **Course Planner:** Patrick Jaffe

Car parking: Travel to Main South Rd, turn East into Sturt Rd, then right into University Drive. After passing Ring Rd, turn left and park in Car Park 1 which is the large Carpark on the Left (East). Go as far East as you can go in this car park.



Location: The Arena is to the East, up the hill beside the lake – follow footpath.

Start: Follow path to the West of North for 150 m.

Start times will be from 9:00 am until 10:00 am **Start interval 1 min** Courses close at 11am

Open course **Quals** will be 2 A5 maps side by side, do 1st map, then 2nd one. The **Semi** will be a A5 map.
All other courses will be A4

Terrain Notes: The terrain is a University campus, with steps and change of height. Olive green is used widely to show forbidden areas. Please give way to oncoming runners in narrow passages.

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Please take care when crossing roads and bike paths as they are all open to traffic.

Event 4 – Flinders University North, Sunday 27th January, late afternoon

Map: Flinders Uni, **Scale:** 1:4,000 **Contour Interval** 2.0m. **Course Planner:** Jenny Casanova

Car parking: From Main South Rd, turn East into Sturt Rd, then south into University Drive, left into Sturt Drive, and immediately left into Car Park 13.



Arena Location: The Arena is near the oval, down the zig-zag ramp; please minimise use of the stairs as competitors may be taking them as a route choice. Toilets and drinking water are available in the gymnasium building.

The **Start** is 400m uphill from the Arena – follow pink tapes back through the car park and out of its SW entrance. **Allow 5-10 minutes to get there. Start times** from 5pm to 6pm. Courses close at 7pm.

Terrain Notes: The terrain is a University campus, with steps and change of height. Olive green is used widely to show forbidden areas. Please give way to oncoming runners in narrow passages. Some controls are among the student residences, where it is not possible to show every little courtyard, verandah and small flights or stairs. Therefore, **if a control is described as being on a building's corner, it will be placed at the corner of the brickwork.** Please take care to respect the students' property. Please take care when crossing roads and bike paths as they are all open to traffic.

Olive green is used widely to show forbidden areas. Olive green in reality on the ground can be various different types of vegetation or even open garden beds or dirt. Please respect the rules and do not cross olive green areas. Respect the rules, respect your competitors and respect the map!

Please take care when crossing roads and bike paths as they are all open to traffic.

Event 5 – Mt Barker, Monday 28th January, morning

Map: Mt Barker Primary School, **Scale** 1:3:000 **Contour Interval** 2.0m. **Course Planner:** Jim Russell

Car parking: Take the SE Freeway to the Mt Barker interchange, travel South 1 km, then turn right into Dumas St towards the cinemas. Parking is 400 m uphill on the left in the large carpark behind the Bus stop.



Arena Location: The Arena is to the East, beside the carpark. Toilet is the Exeloo at the bus stop.

Start: Follow the fence North for 150 m.

Start times will be from 9:00 am until 10:00 am **Start interval 1 min** Courses close at 11am.

Terrain Notes: The terrain is a Primary School campus, a community centre, other buildings and associated parklands.

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Please take care when crossing roads and bike paths as they are all open to traffic.

Course Open & Medium start to the North of Dumas St. There will be an untimed 'dead leg' when crossing Dumas St during the course. Please take care when crossing roads and bike paths as they are all open to traffic.