

## **BEvERage fun relay @ Taroonna**

**Date:** Saturday, 9<sup>th</sup> February

**Assembly:** At the Calder's place, 22 Meath Ave Taroonna

**Map:** Taroonna, 1:5.000 / 5m

### **Time schedule:**

6.30pm Masstart for all teams (beverage and beer teams)

After the relay: BYO BBQ and farewell 😞

### **How does it work?**

There are two categories: **beers (18 or older) and beverages.**

Both team members **run twice**. The relay starts with a **masstart drinking** (of a beer or a beverage), then the runners head out on the first course.

When changing over to the second runner, he/she has to drink for the first time.

When the second runner finishes his final course, **both team members have to drink one more beer / beverage to finish the relay.**

**For the beer relay: both bottles and cans are allowed and should have the normal standard size. Non-alcoholic beer is forbidden. Each runner must drink three beer.**

**For the beverage relay: It is up to you what kind of beverage you choose, but it must be somehow sparkling (gives your stomach more of a challenge). Water and chocolate milk are forbidden.**

### **Team limitations:**

Each team consists of **2 runners**, no limitations (except the age limit if you want to enter the beer relay). **Bring your own supply of beer/beverages!**

**After the race we will have BYO BBQ! And maybe one or two more beers... 😊**

**Courses:**

Course 1: 1.1k / 4c

Course 2: 1.0k / 7c

**Searching for someone to run with?**

Let me know if you want to run in a team but can't find anyone – I'll help you finding a team! If you are very keen you can go on your own → double running, double drinking.