Location:

Golden Fleece and Transit Flat St Helens

Date: Saturday March 9, Sunday March 10 and Monday March 11

Event Category: Orienteering Series Tasmania

Event Series Information: East Coast Three Day

See event specific entry information for terrain descriptions and start procedures, more specific course information and course closure etc.

What Are The Courses?

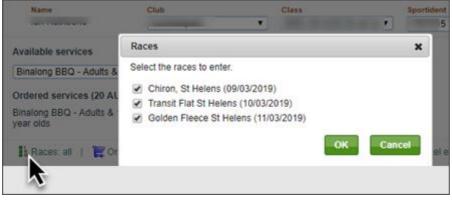
Course	Navigation Standard	Age Group/Classes	Day 1	Day 2	Day 3
1	Hard	M21E, M21A	3.4 km	12.1 km	4.8km
2	Hard	W21E, W21A, M17-20E, M17- 20A, M35, M40	3.2 km	9.1 km	4.0km
3	Hard	W17-20E, W17-20A, W35, M16, M45, M50, M Open AS	2.6 km	6.2 km	3.6km
4	Hard	W16, W40, W45, W50, W Open AS, M35-50AS, M55, M60	2.4 km	5.2 km	3.1km
5	Hard	W35-50AS, W55, W60, W65, W70, W75, M65, M70, M75.	2.1 km	4.0 km	2.7km
6	Hard	W80+, M80+, M/W Open A, M/W55+AS	1.9 km	3.0 km	2.0km
7	Moderate	W14, W16+B, M14, M16+B, M/W Open B	1.7 km	3.0 km	2.1km
8	Easy	W12, W14B, M12, M14B, M/W Open C	1.5 km	2.8 km	2.1km
9	Very Easy	W10, W12B, M10, M12B	1.1 km	2.1 km	1.6km

Note 1: Orienteering Tasmania has made changes to Course 5 & 6 regarding which age groups shall run on them and a reduced the expected winning time on course 5. The changes are now W70, W75 and M75 will run Course 5 not 6

Note 2: Parents please note that on Day 1 courses 8 and 9, in addition to other courses, cross Argonaut Rd. Children on these courses need to cross and run along Argonaut Rd. Parents may wish to shadow or alert their children to the need to cross the road safely. Please discuss with the Planner (dirk Nankervis) or Controller (Valerie Brammall) on the day if you have concerns

How Do I Enter?

As these are championship events, **pre-entry is required** <u>via Eventor</u> **by midnight Mon 4th March**. Eventor will assume that you want to enter all 3 days unless you deselect the races not required.



Do I need an e-stick or P card?

Sportident or P cards are required at all orienteering events in Tasmania. If you do not own a Sportident or P card, you can hire one for \$4 at the event. These are also available for purchase at most events.

How Much Does It Cost To Enter

Junior and Senior elite competitors will pay a surcharge of \$5 extra per event to create a prize pool for elite classes. E.g. M/W21E will pay \$15 per event and M/W17-20E will pay \$10 per event. All other competitors will pay the Orienteering Tasmania fee.

The event fees are currently:

Event Fees	Adult	Adult	Youth or Concession	Youth or Concession	Family	Family
Event rees	Casual Member	Full Member	Casual Member	Full Member	Casual Member	Full Member
Orienteering Series Tasmania	\$16	\$10	\$8	\$5	\$40	\$25

Notes:

- Adult is 21 years and over at 31 December next Youth is under 21 years at 31 December next Concession is Commonwealth Card Holders (pension or health care card) Family is any number of adult or junior members who are part of a family
- 2. Children 10 years and under completing a course as a member of a group in the company of adults or older children, participate free of charge.
- 3. A child completing a course as an individual with a parent shadowing (following) them only pays the relevant child entry fee. That is, the parent shadowing does so free of any charge.

Contact Information						
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Contact Information

What Else Do I Need To Know?

All participants in events conducted by Orienteering Tasmania and its affiliated clubs are required to register. There are two categories of registration, either as a full member or as a casual member. Further details are available on our About Membership page.

There is a blanket policy of not permitting dogs at our events. Please leave your dog at home.

Any Food, Entertainment, Coaching or Other Special Attractions?

There are several social events being held in conjunction with the EC3D.

• There will be a **BBQ on Saturday evening at Binalong Bay.** The cost will be \$20 an adult and juniors aged 17-20 and M/W16 and younger will pay \$15. Family rate is \$60. Children under 5 are free. BBQ will provide main course including salads and Dessert. BYO own drinks please. Water will be available. If people have their own cutlery and crockery for the BBQ this would save on waste but some disposable items will be available for those who cannot provide their own. Please select your BBQ requirements when you <u>enter via Eventor</u>.

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• The Annual General Meeting (AGM) of Orienteering Tasmania (OT) will be held on Sunday 10th March 2019

The venue is the Bayside Inn, St Helens. Please go to their Conference Room at 4.45pm for a 5.00pm sharp start.

The meeting will take approximately 45 minutes and afterwards we hope you stay on for drinks, a meal and socialising! A good selection of counter meals is available that can be ordered as soon as the meeting has finished.

• A lunchtime BBQ will be provided at each event. This is a junior fundraiser.