

ENTRY INFORMATION

Location:

Transit Flat, St Helens

Date: Sunday, 10th March

Event Category: Orienteering Series Tasmania

Event Series Information: East Coast Three Day Long Distance.

About Transit Flats:

The area is prominently typical East Coast granite terrain with some small areas of old tin mining. The gullies between the elevated areas have area of thick vegetation. (*see note below*)

The terrain for most of all courses has been burnt by wildfire and is slowly recovering. This has left most of the forest very open and runnable with generally good visibility, but the terrain has a number of fallen trees, branches and on some hillside loose rock. Interspersed around the map is several single tracks made by motorcycles, these have not been mapped.

In some places (mainly in the valley bottoms) the fire has exposed features that are not mapped as they were previously concealed by thick vegetation. None of these features have been used for controls and they will not be a factor in route choice decisions.

Most of the dark green areas on the map showing thick (fight) vegetation (tea-tree and cutting grass) in the valley bottoms has been burnt to the extent that the dark green will pose no significant barrier to runners, although in some cases you will need to pass between standing, blackened stems of the burnt tea-tree bushes. (Some small deviation may be needed to avoid very small unburnt tea-tree remnants.)

For this time of the year after a hot summer, the marshy valley bottoms and flats are still wet, and can be easily crossed, although you may get wet feet. However, the button grass in the flats remains unburnt and is thick in places.

Runners on Courses 1 to 5 will almost certainly have to cross Constable Creek. Take care when crossing this Creek, particularly if the event is held after a period of heavy rain when the creek level may have risen. Several crossing points are shown on the maps but crossing the creek is still possible elsewhere if you are prepared to get wet.

Note: If the creek level is higher than normal, special instructions will be provided at registration

Where is the Start?

From St Helens town centre head west on Quail St to the T junction. Turn right onto Medea Cove Esplanade and travel 4.7 km to Trafalgar Track. Medea Cove changes to Eagle St then becomes Argonaut Rd. Pass the golf club on your right and then cross a bridge. 2 km after the bridge turn left onto Trafalgar Track and follow for 4.4 km. Turn left onto Transit Track and follow for 4 km. then turn right onto a bush track and follow for 700 metres to parking area. Please beware the runners will be using this track as well as crossing it. The distance from St. Helens is approximately 14 km. The last 5 km of the track is not maintained so drive with care.

When Can I Start?

There is no allocated start time and you will start at your selected nominated time as recorded at the registration centre. The start interval is 2 minutes.

Walk to the Start

There are two courses start. Start one is for Courses 1 to 5 and Start two is for Courses 6 to 9. The first 500 metres along a track to starts one and two are common. The Clear and Check boxes will be located along this. From the separation point to start one is a further 500 metres up a steady climb along a taped route (PLF special). Start Two is located further 200 metres for the separation along the track. A sign indicating each start will be located at the separation point. Follow the yellow and blues tapes.

Time to Starts.

Start One: allow 20 to 30 minutes.

Start Two: allow 15 minutes.

Start Procedure

Starts are between 10:00 and 11:30am. Runners will be called to the start **4 minutes** prior to their nominated start time start time. Runners may then collect their control descriptions sheets.

2 minutes prior to their start time runners will move into the **Start Area** behind their appropriate course box.

On the start sound, runners will punch the Start Control then pick up their map.

When Do I Have To Finish?

You need to finish before the course is closed at 2:00pm

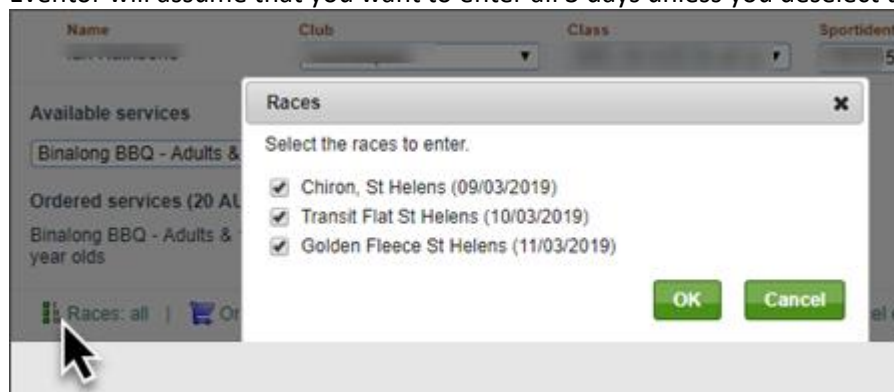
What Are The Courses?

Course	Navigation Standard	Length Km	Climb (m)	Controls	Start	Age Group/Classes
1	Hard	12.1 km	320 m	15	Start 1	M21E, M21A
2	Hard	9.1 km	230 m	13	Start 1	W21E, W21A, M17-20E, M17-20A, M35, M40
3	Hard	6.2 km	80 m	13	Start 1	W17-20E, W17-20A, W35 M16, M45, M50, M Open AS
4	Hard	5.2 km	55 m	11	Start 1	W16, W40, W45, W50, W Open AS, M35-50AS, M55, M60
5	Hard ²	4.0 km	50 m	8	Start 1	W35-50AS, W55, W60, W65, W70, W75, M65, M70, M75
6	Hard ³	3.0 km	50 m	8	Start 2	W80+, M80+, M/W Open A, M/W55+AS
7	Moderate	3.0 km	30 m	8	Start 2	W14, W16+B, M14, M16+B, M/W Open B
8	Easy	2.8 km	25 m	8	Start 2	W12, W14B, M12, M14B, M/W Open C
9	Very Easy	2.1 km	20 m	11	Start 2	W10, W12B, M10, M12B

Note: Orienteering Tasmania has made changes to Course 5 & 6 regarding which age groups shall run on them and a reduced the expected winning time on course 5. The changes are now W70, W75 and M75 will run Course 5 not 6

How Do I Enter?

As this is a championship event, **pre-entry is required [via Eventor](#) by midnight on Mon 4th March.** Eventor will assume that you want to enter all 3 days unless you deselect the races not required.



Contact Information for Long Course only

John Brock	brockie@internode.on.net	0418 564 480
Paul LeFevre	maureenandpaul@hotmail.com	0428 510 433

Who are the Course Planners and Course Controllers?

This event is being organized by the Esk Valley Orienteering Club as part of the 2019 East Coast 3 Day.

Course planning and control by John Brock and Paul Le Fevre.

Which Map Is Being Used?

Transit Flat. Contour interval 5m

Courses 1 – 3 have maps printed at 1:15 000.

Courses 4 – 9 have maps printed at 1:10 000.

A copy of the map on which the course will traverse will be displayed at the event registration

Lunchtime BBQ

This will be provided at each event as a junior fundraiser

OT AGM and Dinner at Bayside Inn

The Annual General Meeting (AGM) of Orienteering Tasmania (OT) will be held on Sunday 10th March 2019

The venue is the Bayside Inn, St Helens. Please go to their Conference Room at 4.45pm for a 5.00pm sharp start.

The meeting will take approximately 45 minutes and afterwards we hope you stay on for drinks, a meal and socialising! A good selection of counter meals is available that can be ordered as soon as the meeting has finished.

