ENTRY INFORMATION

Location:

Golden Fleece, St Helens

Date: Monday, 11 March

Event Category: Orienteering Series Tasmania

Event Series Information: East Coast Three Day MIDDLE Distance.

About Golden Fleece:

The area is prominently typical East Coast tin mining with some granite terrain. Most of the area was burnt in October 2018 and runnability is very fast. Areas mapped as shades of green are now quite passable but the variations in the green are still distinguishable. The area not burnt is slower with lower visibility.

Where is the Start?

From St Helens town centre head west on Quail St to the T junction. Turn right onto Medea Cove Esplanade and travel 9.0 km. Medea Cove changes to Eagle St then becomes Argonaut Rd. Continue on Argonaut Rd until you see the orienteering signs.

When Can I Start?

There is no allocated start time and you can start at your selected nominated time as recorded at the registration trailer. Elite classes will have a chasing start. First start for the chasing start will be 10:00am.

Walk to the Start

There is a 1.25km walk to the start. Follow the yellow and blues tapes.

Time to Starts.

Allow 20 to 30 minutes.

Start Procedure

The start interval is 2 minutes.

Runners will be called to the start **4 minutes** prior to their allocated start time. Runners may then collect their control descriptions sheets.

2 minutes prior to their start time runners will move into the **Start Area** behind their appropriate course box.

On the start sound, runners will punch the Start Control then pick up their map.

First start will be at 9:30am.

When Do I Have To Finish?

You need to finish before the course is closed at 1:00pm.

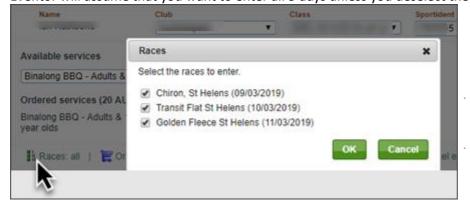
What Are The Courses?

| Course | Navigation Standard | Length Km | Climb (m) | Controls | Age Group/Classes |
|--------|------------------------|-----------|--------------|----------|--|
| 1 | Hard | 4.8km | 65m | 22 | M21E, M21A |
| 2 | Hard | 4.0km | 60m | 17 | W21E, W21A, M17-20E, M17-20A, M35, M40 |
| 3 | Hard | 3.6km | 60m | 15 | W17-20E, W17-20A, W35 M16, M45, M50 M Open AS. |
| 4 | Hard | 3.1km | 25m | 16 | W16, W40, W45, W50, W Open AS, M35-50AS, M55, M60 |
| 5 | Hard ² | 2.7km | 20m | 14 | W35-50AS, W55, W60, W65, W70, W75, M65, M70, M75. |
| 6 | Hard ³ | 2.0km | 20m | 12 | W80+, M80+, M/W Open A, M/W55+AS |
| 7 | Moderate | 2.1km | 40m | 10 | W14, W16+B, M14, M16+B, M/W Open B |
| 8 | Easy | 2.1km | 75m | 11 | W12, W14B, M12, M14B, M/W Open C |
| 9 | Very Easy | 1.6km | 30m | 9 | W10, W12B, M10, M12B |

Note: Orienteering Tasmania has made changes to Course 5 & 6 regarding which age groups shall run on them and a reduced the expected winning time on course 5. The changes are now W70, W75 and M75 will run Course 5 not 6

How Do I Enter?

As this is a championship event, **pre-entry is required** <u>via Eventor</u> by midnight on Mon 4th March. Eventor will assume that you want to enter all 3 days unless you deselect the races not required.



Contact Information for Middle Distance only

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Who are the Course Planners and Course Controllers?

This event is being organized by Christine Brown (Planner) and Bernard Walker (Controller) as part of the 2019 East Coast 3 Day.

Which Map Is Being Used?

Golden Fleece. Contour interval 2.5m

All courses will be printed at 1:10 000

A copy of the existing map will be displayed at Event Registration

What Else Do I Need To Know?

All participants in events conducted by Orienteering Tasmania and its affiliated clubs are required to register. There are two categories of registration, either as a full member or as a casual member. Further details are available on our About Membership page.

There is a blanket policy of not permitting dogs at our events. Please leave your dog at home.