

2019 ACT MTBO Series #1

3 March 2019 (Sunday)

ACT Mountain Bike Orienteering with Red Roos support brings on ACT MTBO Series consisting of 3 MTBO events in beautiful suburbs of Canberra utilizing quick and enjoyable mtb single tracks of Majura, Sparrow, Kowen. ACT MTBO Series is a Series for everyone! For those who practiced MTBO skills for a while, for experienced orienteers, who thinks to start transition to MTB orienteering and for absolute beginners. Courses are the mix of winding single tracks and fast fire-roads with constant decision making on the best route choice.

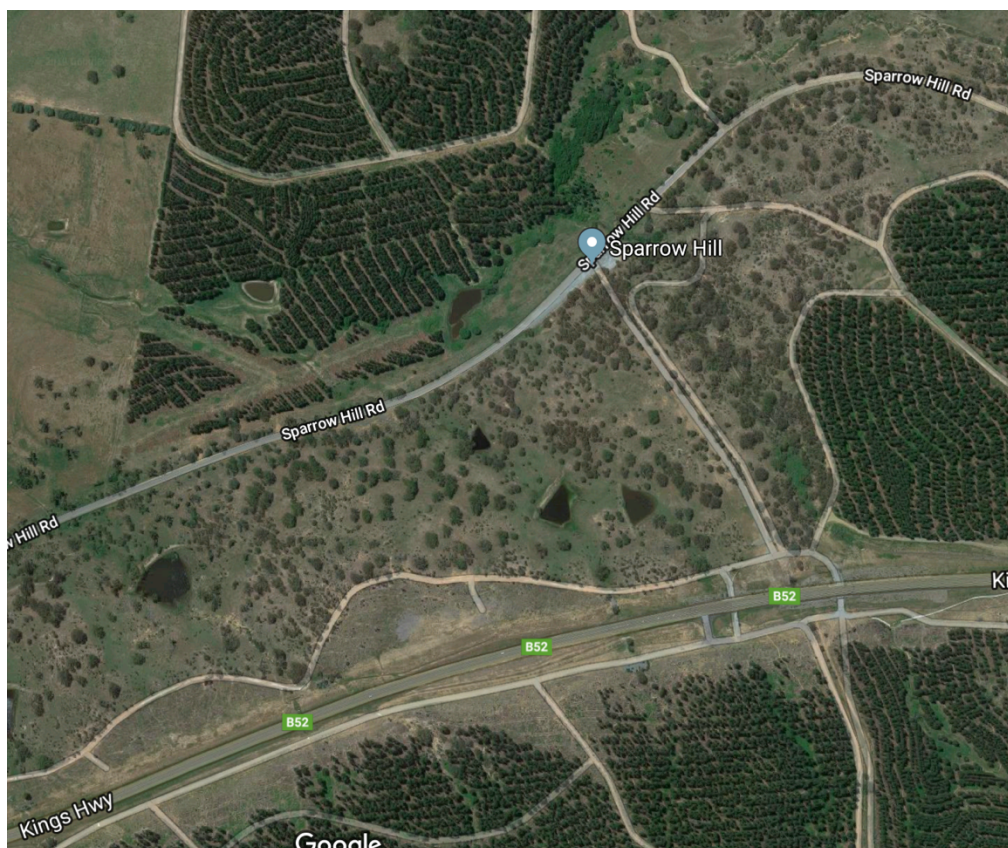
Start Times: from 10:00am till 11.00am, **Course closure:** 2.00pm

Map: Sparrow Hill, 10 000, 5m contours

Course Setter: Marina Iskhakova

Course Controller: Fedor Iskhakov

Assembly Area: Sparrow Hill MTB Park parking, off Sparrow Hill Rd.



Classes: Long (M/F), Middle (M/F), Short (M/F), Novice (M/F)

Comments from Course Setter:

Class	Course	Expected winning time
LONG	~ 19 km (by optimal route)	1h 15m
MIDDLE	~ 15 km (by optimal route)	1h 15m
SHORT	~ 10 km (by optimal route)	1h
NOVICE / KIDS	~ 2 km (by optimal route)	30 min

Registration

Registration is now open at Eventor and will close midnight of February, 27th (Wed). Please enter the event now here:

<https://eventor.orienteering.asn.au/Events/Show/7420>

There will be Entry on a Day (EOD) available, but pre-entry greatly assists us☺

Map Board and Sport Ident (SI) HIRE

Map Board (\$5/per day) will be available for Hire. Please order these with your entry. SI also will be available, SIAC will not be activated. Please remember to return to Registration tent after the finish of your race.

Public Area Use and Road use

Please be aware that we don't have exclusive use of the event areas. There may be members of the public within the areas. This includes walkers, bicycle riders, horse riders, cars and motor bikers. Please observe road rules when riding – this means keep left at all times and give way when required. You must wear an approved cycling helmet. You must remain with your bike on the course at all times. Walking or carrying bike is permitted. You must remain on mapped tracks/roads. Off track riding is permitted only on "yellow" symbol of the map.

On single track, please allow faster riders to pass when you are able. Faster riders, please be considerate to the slower riders and give them time to safely move off track. Two way riding is allowable on Sparrow Hill single tracks. Please be aware of riders approaching from the opposite direction.

START

Start any time between 10.00am and 11.00am

Please ensure that you do **Clear and Check** before you enter the start. Clear and Check units will be in front of the Start area. Timing will commence once the start unit has been punched. **You will have 1 minute to plan your course.**

FINISH

All riders **MUST** punch the finish control and **MUST** return to the download table whether they complete the course or not. Courses close at 2pm

WATER

There is limited water available at the start and finish – please bring your own water. There is no water on the course.

FACILITIES

It will be no shelter facilities; Toilets will be available in 200m from Arena

EMERGENCY CONTACT NUMBER

Call Marina 0412 308 310 in an emergency

PRESENTATIONS

Mini-Awards for Place getters in all classes will be made as soon as results are finalised.

**Entry fee on a day: \$10 adult, \$7 concession
Map Board are available for hire: \$5**

Event at Eventor: <https://eventor.orienteering.asn.au/Events/Show/7420>

For further information or assistance please contact
or Marina Iskhakova 0412308310

Marina.Iskhakova@gmail.com

**Enjoy navigation at higher speed!
We see you on March, 3rd!**