

**Venue:** Yurol State Forest is an area of pine planation and native forest with a network of gravel

roads and tracks.

**Courses:** There will be 3 courses ranging from 7km to 25km to suit all levels of fitness and abilities.

**Entry:** Go to <u>www.mtbo.com.au</u> to register.

Enter early for discounted rates.

Cost: Members Junior \$10.00 Senior \$15.00

Non Members Junior \$20.00 Senior \$25.00

SportIdent (timing) stick hire fees \$5.00

Mapboard Hire \$10.00.

Starts from: 8:30-10:00am

**Equipment:** A suitable mountain bike, helmet and water are the basic requirements for this event. A

handlebar mounted mapboard that rotates is the best way to hold the map. There are

**Multi Terrain** 

commercially available one, you can hire one from us or make your

own.

**Facilities:** Toilet facilities on site. School canteen will be open for food and drinks.

**Inquiries:** Craig Steffens – Ph 0418871193 or info@mtbo.com.au

For further info on mountain bike orienteering, visit www.mtbo.com.au