# NERRINA, Ballarat VIC AUTUMN SERIES 3 SUNDAY 24<sup>th</sup> MARCH 2019



Map: Nerrina Scale: 1:7500

1:10000 (optional for M1/W1)

Course Style: Middle Distance

Course Planner: Patrick Jaffe

Course Controller: JiM Russell

Organising Club: Victorian HP Athletes

Welcome to the third event in the Victorian Autumn Series for 2019! This time we're heading to one of Victoria's best gold mining terrains, which was used for the Orienteering World Cup in 1994! This event is a fundraiser for the Victorian orienteers who are part of Orienteering Australia's High Performance program so we thank you for your support in entering this event.

The terrain is filled with alluvial gold mining detail in a mix of fast open native forest and small patches of pine. There is some gorse that has grown up on parts of the map but courses have been set to avoid this vegetation. There is a large track network in this part of the forest and although in the end we are not offering the option of running on a 'trackless' map as part of your race, we will have contour only maps printed of Course 3 for you to try as a training exercise afterwards if you're looking for a bit of extra challenge.

Our assembly area is Little Bendigo Primary School and we thank them for generously letting us use their facilities for this event. The hotly contested Sprint Finish competition will feature half a lap of Australia's smallest athletics track which should make for entertaining viewing. We also have a spectator control visible from the arena, so you'll be able to catch a view of all runners at some point in their course.

As this is an area that has been mined, there are some dangerous mineshafts in the forest. Dep mineshafts near where the courses go will be taped but care should be taken at all times and all competitors must carry a whistle. Safety bearing is south to the large fence/track bordering the freeway.

Controls will again be in mixed punching mode, meaning that you can use either SI Air or regular SI. If you do wish to use an SI AIR+ stick, make sure you register using the correct number.

### Event timeline:

- 9.45am Coaching/briefing session
- 10.00am First start
- 10.30am Last start for 2 hour score course
- 12.00noon last start
- 12.30pm finish for 2 hour score course
- 1.00 Presentations
- 2.00 Courses close

#### **DIRECTIONS:**

Assembly area and carparking is at the Little Bendigo Primary School.

From Melbourne, take the M8 (National Highway) towards Ballarat. Exit at Brown Hill, heading left onto the C292 but only for approx. 250m. Turn right onto Humphry St Nth just before the Shell Service station. After 1.2km, turn right onto Ainley St then left onto Duggan St. At the next junction, turn right onto Lofven St and follow it over the freeway. After the freeway crossing, Lofven St curves to the right to end up at the school.

From Bendigo, head to Daylesford via the Midland highway (A300) and keep following the A300 through the town until Newlyn where continuing on straight becomes the C292 (Ballarat-Daylesford Road). Cross the freeway at Brown Hill and follow directions from Melbourne (above) from here.

**ENTRY:** Online entries close on Friday 22<sup>nd</sup> March, at 8:00pm.

OV Adult Members (21 and Over): \$20 OV Juniors (Under 21): \$12 Casuals (21 and

Over): \$30 Casuals: (Under 21): \$22

Families: \$52

The pricing on events is a great incentive to sign up to your local club and save while joining in on a great sport and atmosphere. Renew your membership now if you have not already done so!

#### **Course Details**

Starts will be between 10:00 and 12:00pm.

Course closure at 2:00pm.

Class	Course	Navigation	Length	Physical
M1/W1	1	Hard	5.9 km	Hard
M2/W2	2	Hard	4.3 km	Hard/Medium
M3/W3	3	Hard	2.9 km	Easy *
M4/W4	4	Moderate	3.7 km	Medium/Easy
M5/W5	5	Easy	2.5	Easy
SCORE	6	Up	to	you!

## **COURSE:**

Course 1 is for elites and those who want a challenge

Course 2 is hard navigation but shorter in length

Course 3 has been set to be easier physically with hard navigation. There are no deep erosion gullies to cross on course 3 and options to take track routes to avoid running through greener areas of the forest.

Course 4 is set with controls near large features which act as catching features.

Course 5 uses handrail features with some opportunities to cut corners.

Score Course is all of the above. You have 2 hours to get as many controls as possible. Difficulty, length, climb are all decisions for you to decide. The controls for this event are all contained within a small area so we suggest that if you'd like to get more distance from the score course, you may want to get odd numbered controls first then switch to getting even ones.

**EOD** Entry on the day will be available on all courses, subject to map availability. EOD fees are the same as pre-entry fees. However, if you enter on the day you are not in the running for the spot prize of winning your entry fee back.