



2019 Vic MTBO Series #3 – Lal Lal Long

Lal Lal State Forest, south of Yendon and Lal Lal

Sunday 14 April 2019

Registration open at 9.30; Start open 10.00-11.30pm; controls collected from 2.00pm

Map: "Lal Lal State Forest"; 1:15 000 (C3, C4, C5) and 1:20 000 (C1, C2); 5 metre contours;
Updated – Oct 2018, March 2019

Course Planner: Ed Steenberg (Central Highland Orienteers)
Organiser: Eureka Orienteers - Ian Chennell 0488 842 624
Event Adviser: Blake Gordon 5331-7937 / 0487 420 185

Location & Directions: The assembly area is at the *intersection* of Mt Doran Road and Andersons Road. Take the Western Highway to Gordon, travel south to Mt Egerton, travel west (past the new windfarm) to Yendon; then south (o-sign) to Lal Lal, follow Coalmine Rd (dirt road), then left into Haywood Rd, right into Mt Doran Rd to the Andersons Rd intersection; park as directed in the paddock.

Entries: Enter online through *Eventor*. Online entries close Wednesday, 10 April at 11.59pm.
Online entries: Adults \$18; Juniors \$5.
On-the-day entries: Adults \$23; Juniors \$8 - possible if there are available maps.
Sport Ident timing will be used. Hire a SI stick for \$3.

Course Planners Notes: Tracks (dirt) are mostly 4WD with single tracks linking the main grid. Woodcutters (south west corner of the map) have made small short tracks (shown on map as dots) that come off the main track.

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| <u>Course Descriptions:</u> | Course 1 | 29 km | Climb 750m | 16 controls | 1:20 000 |
| | Course 2 | 22 km | Climb 500m | 15 controls | 1:20 000 |
| | Course 3 | 18 km | Climb 370m | 13 controls | 1:15 000 |
| | Course 4 | 13 km | Climb 240m | 9 controls | 1:15 000 |
| | Course 5 - Score | 2 hours to find as many controls --10 points each | | | |

* Runners on the day can use score course controls for training purposes 1:15 000

Information: Toilet will be available in the assembly area. Loan mapboards will be available – see Ralph in the assembly area. Warm up on the Mt Doran Road north of the assembly area.

New to MTBO? Please let us know at registration and a Eureka helper will assist you. The start triangle is within 300 meters of the assembly area. Results will be displayed on the big screen at the finish thanks to Ian.

Thanks to Parks Vic, and DEWLP for their cooperation in making this MTBO event possible.