



present: **Narrinyeri Hills Sunday April 7th**

Allow 60 minutes' driving time from Adelaide CBD; take the Monarto exit from the SE Freeway, and turn east on Old Princes Highway (past Monarto Zoo). Direction signs from the intersection of Old Princes Highway and Maurice Rd.

Note that daylight saving finishes overnight so the clocks go back an hour

Spur-gully terrain with trees and rocks and a dry river bed and a train line running through the middle of it. Also mountain bike tracks and walking trails, most of which have been added to the map but the longer courses may encounter some unmapped tracks.

Course planner: Jenny Casanova

Organiser: Peter Kreminski

Course 1, hard navigation, 9.8km, 270m climb

Course 2, hard navigation, 7.7km, 190m climb

Course 3, hard navigation, 5.2km, 125m climb

Course 4, hard navigation, 3.6km, 110m climb

Course 5, moderate navigation, 4.6km, 96m climb

Course 6, moderate navigation, 3.4km, 85m climb

Course 7, easy navigation, 2.3km, 40m climb

Course 8, very easy navigation, 1.3km, 30m climb (course starts from the registration tent)

Event Fees - including a levy for use of Kinchina Conservation Park:

All competitors on easy & very easy courses to be charged at junior rates.

Members - \$10 Seniors, \$5 Juniors over 14, Juniors under 14 - Free, Groups - \$15

Non-Members - \$15 Seniors, \$10 Juniors all ages, Groups \$30

The Family fee is the sum of the 3 most expensive entries by that family.

Money payable to Wallaringa Orienteering Club by EFT (preferred, ideally in advance of the event) using your name as a reference: BSB 105 015 Account Number 116527640

Entry fees can alternately be paid in cash at the event.

All competitors must go to registration to get your name ticked off and receive a slip to take to the start, even if you have paid in advance. Competitors entering on the day need to fill out a registration card and sign the indemnity waiver.

The start for courses 1-7 is 10-15 minutes' walk away; follow pink tapes to the SW and take care when crossing the train line. Choose your start time at the start (there could be a queue).

Start times available from approx 9:45am – please register before 11:30am, to start by 12 at the latest, noting course closure as soon as possible after 1pm so that you can enjoy the Junior Arrows' catering! Hot food and baked goods will be available ☺