

## Foot O & MTBO starting at Highbury on the Torrens

Explore this little known part of the Upper Torrens including the Aqueduct Reserve. Some markers are in a newly opened section of this reserve. This is a full SI score event with classes to suit MTBO riders and foot O competitors. A limited number of map boards are available for hire for MTBO riders (\$5 pay at event) To book phone Kay Haarsma 0403 565 534

Markers can be visited in any order. They are worth different points (10, 20, 30 or 40) according to distance and difficulty. If you go over the time for your course you lose 5 points per minute and will lose all points after 15 minutes. Take care to only punch controls that are on your map as your SI stick in most cases can only store 30 controls. The foot O map (Foot90 & Foot45) is different to the MTBO map but they contain some common controls. The 3hr (Foot180) course uses the MTBO Map. This class may particularly appeal to rogainers or orienteers wanting a much longer run.

Pre entry is strongly recommended to ensure you get a map and a pre-entry discount.

**START:** Signs from corner Lower North East Road and Dene Rd. The start is inside the entrance to the reserve on the east side of Historic Drive. See link to map below.

**SAFETY:** Make sure you obey all road rules and take particular care when crossing roads. Competitors are advised to carry their own water on this event.

**CLASSES: PLEASE MAKE SURE YOU READ THE INSTRUCTIONS FOR YOUR CLASS**

**MTBO 150 mins (Men, Women or Group)** Assembly: 9:45 am Map release 9:55 am Mass start at 10 am. Point penalties will apply from 12.30 pm. All points lost after 12:45 pm. No punch start is needed for this class.

**FOOT O 180 mins (Men, Women or Group)** This class uses the MTBO map. All controls adjoin tracks or streets. Assembly: 10:00 am Map release 10:10 am Mass start at 10:15 am. Point penalties will apply from 1.15 pm. All points lost after 1:30 pm. No punch start is needed for this class.

**ALL CLASSES BELOW** can select their own start time from 10:20 am until 11:30 am with 5 mins allowed to read map. Penalties apply after your time has elapsed. All points are lost after being 15 minutes late

**MTBO 60 mins (Men, Women or Group)**

FOOT O 90 mins (Men, Women or Group) About half the controls are close to tracks or roads. The others require careful navigation.

FOOT O 45 mins (Men, Women or Group) About half the controls are close to tracks or roads. The others require careful navigation.

For ALL CLASSES all points are lost if you are over 15 mins late.

PRE ENTRY FEES: Pre-enter and pay by Wed 1st May- for discounted fees

Members - Seniors \$8 Juniors \$4 (14 to 20), Sub Juniors \$0 (under 14) Groups/Teams \$13

Non Members - Seniors \$13 Juniors \$8 Groups/Teams \$25

Family discounts calculated by Eventor and only available if you enter everyone in family at the same time.

Groups enter one name and email other names to Ken Thompson at [cartography@ihug.com.au](mailto:cartography@ihug.com.au)

ENTER ON THE DAY FEES:

Members - Seniors \$10 Juniors \$5 (14 and over), Sub Juniors \$0 (under 14) Groups/Teams \$15

Non Members - Seniors \$15 Juniors \$10 Groups/Teams \$30