



# Multi Terrain Bike Orienteers

Pomona MTBO

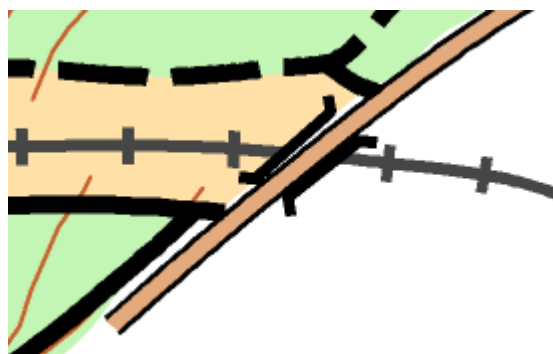
Sunday 28<sup>th</sup> April 2019

## Special Rules for this event

- The Pomona – Cooroy connection road (Yurol Forest Dr) on the eastern boundary of the map is Out of Bounds (OOB) as shown with the 'forbidden route' symbols.
- The railway corridor through the centre of the event area is OOB (no OOB symbol shown for clarity). You can't cross the tracks and must only use the underpass in the centre of the map or overpass (bitumen road – use caution) at the bottom of the map.

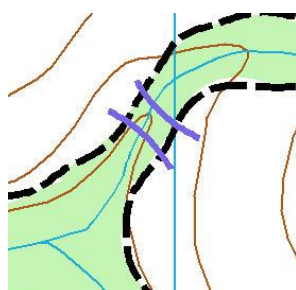


Underpass



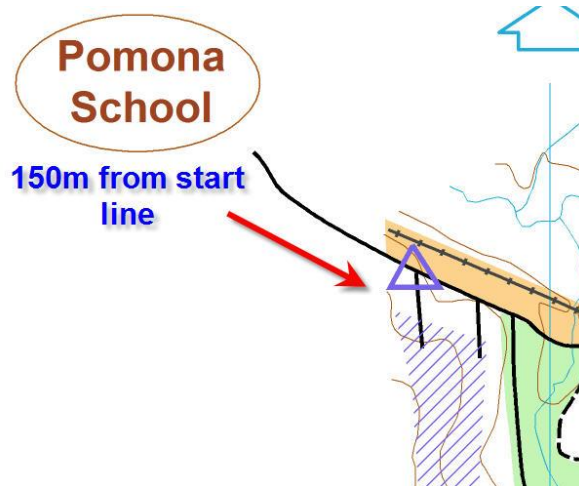
Overpass

- Several 'Taped Routes' exist at designated 'Crossing Points' on the map. At these points you're allowed to ride through the native bush (normally out-of-bounds). There is no visible track at these points, simply follow the orange flagging tape on the trees. The image below shows the crossing point symbols from the map. As there is no track, there is also no 'speed grading' applied to the short route. You can assume that it will be slow to difficult.



## Important Points

- Rego Opens @ 8:30am; Starts are from 8:45am; Courses close 12:30pm
- Parking is on Station St Pomona, opposite the School.
- Registration is inside the School, near the Canteen.
- Food and drinks are available inside the School from the Canteen.
- Toilets are located inside the School.
- The 'Start Triangle' on your course map is not at the start line. It'll be 150m further down the start road. There will be a blank control flag at that point to let you know you've reached that point. There is no need to stop there.



- Mobile phones, including smartphones, may be carried for emergency use only. They must not be visible whilst riding and are obviously not to be used during the event for navigation.
- GPS enabled devices may be used during the event, provided they don't display a map or breadcrumb trail. If in doubt about your device ask the Organiser.
- Course 1 has a double-sided map, so flip it over when you get to the 13<sup>th</sup> control on side one.

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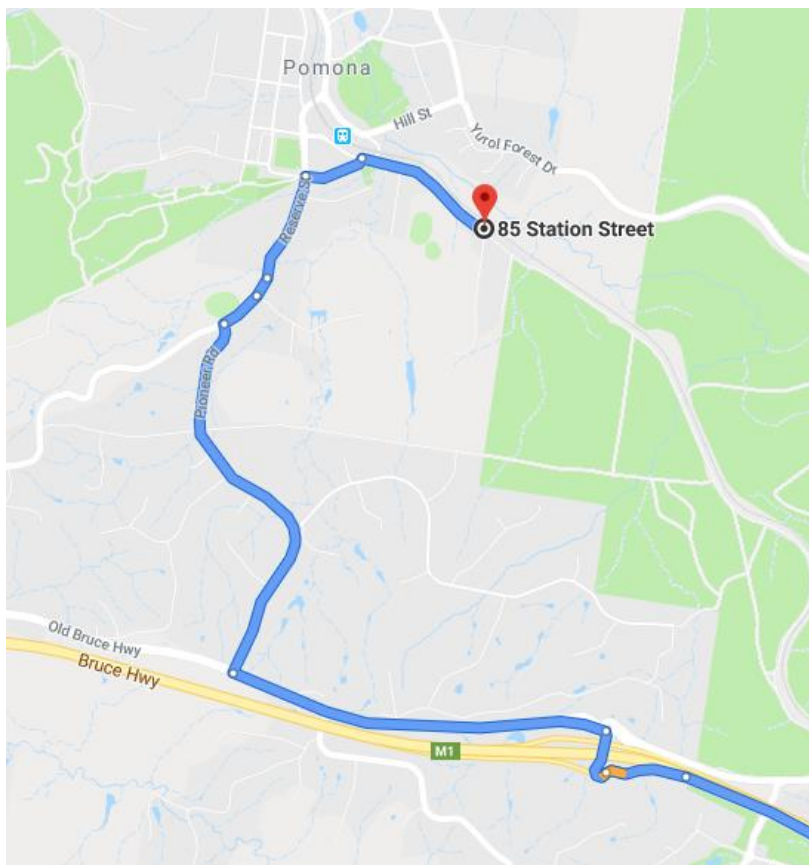
## DIRECTIONS

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### **From Brisbane and Sunshine Coast:**

Take the Bruce Hwy/M1/A1 north towards Gympie. After 15.5km from the Eumundi Exit overpass, turn Right into Pioneer Rd, towards Pomona. After 2km turn right onto the Pomona Connection Rd. After 900m turn right into School Rd. After 300m turn right into Station Rd and after 400m park on the left opposite the school.

[Google Map link](#) for 85 Station St Pomona



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## PARKING

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Street Parking is available outside the Pomona State School in Station St, Pomona. The Registration desk is across the street, inside the school grounds, where the food, toilets and download desk are also located.

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## REGISTRATION

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All competitors are required to go to Registration to check in, make any outstanding payments.

If you hired an SPORTIDENT Air timing stick when you entered, we'll issue it or if you missed that step, they're available for \$5.00.

For newcomers, basic instruction on use of the SPORTIDENT Air sticks and using the map and mapboard will also be available from our club members at registration.

A small quantity of MTBO club map boards will also be available for hire at registration for \$10 (they're free for MTBO Club members). It makes a big difference to holding the map on your bike.

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## COURSES

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Course	Length	Climb	Classes
1	25km	375m	M21, M40, W21, Long
2	17km	250m	M20, M50, M60, W40, Medium
3	11km	155m	M14, M16, M70, W14, W16, W20, W50, W60, W70, Short
Score	90min		E-bikes, Families, Groups, Teams

For the Score class, there will be a number of controls on the map that may be visited in any order. The aim is to accumulate the maximum number of points and return within the given time limit by visiting the most controls. Each control is worth 10 points.

In the event that more than one rider visits all the controls, the winner will be the rider that returns in the quickest time.

10 points will be deducted for each minute, or part of minute after the course finish time up to the time the rider punches a "Finish" control. Riders finishing more than 30 minutes after the course finish time will have all points deducted. There are no extra points for finishing before the finish time.

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## START

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After you register, you can start whenever you're ready between 8:45am and 10:00am.

There are no pre-allocated start times. You may start at any time during the starting window.

**Note:** you must **Clear** and **Check** your SPORTIDENT Air stick, as this wakes it up. There will be a **Test** unit after the Clear and Check to test your Sportident Air stick has turned on.

**Tip:** we use a pre-recorded announcement to give you safety warnings and tell you when you can pick up your map, so listen to it carefully!

After you've been given the start signal, you may choose to spend a few minutes deciding on which route to follow. Just move aside so you don't obstruct other starters.

**TIP:** take it slow to your first control point, to get a feel for how the scale of the map relates to actual distances on the ground.

**Note:** you're unable to change courses at the start. Do this at Rego beforehand.

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## FINISH

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At the finish, riders must punch or wave one of the "Finish" controls to end their event and record a finish time. After punching the finish control, proceed to the download desk (near the School Canteen) to download your results and receive your time. If you have a hired SPORTIDENT stick, we'll retrieve it from your bike. If you hired a mapboard this will also be recovered. Riders who finish more than 30 minutes after the official course closure time will be disqualified.

**For safety reasons, all riders must report to the finish and then the download tent to indicate they have returned safely, irrespective of what time they return, to avoid search and rescue procedures.**

**DO NOT GO HOME WITHOUT DOWNLOADING.**

**Tip:** The Finish control turns off your SPORTIDENT Air stick, so you must go there to end your ride and conserve its battery.

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## TERRAIN

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The event area is mainly plantation pine separated by areas of native bush. It contains a network of dirt roads and some 4-wheel drive tracks and some narrow single track. The majority of the area is gently undulating. A few of the tracks can be more difficult to identify and may be overgrown. Most tracks have survived the recent rains very well but some tracks are prone to standing water (mud) at watercourse crossings. Depending on the preceding weather some creek crossing may be deeper than when the map was made. Cross them with caution. The tracks are shown with a rideability (speed) grading. Any 'Rough Open Land' areas can be ridden across. These areas are shaded in yellow on the map. You may decide to bring your own plastic map bag just in case it rains.

Whilst we spend lots of time getting our maps right, grass grows, it rains and trees fall and tracks are occasionally bulldozed or slashed just before events. These things are beyond our mapper's control, so things might appear differently on the ground.

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## COURSE CLOSE

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All courses close at 12:30pm. Controls will turn off at that time, so if you are still on the course, return to the Finish and then the Download desk.

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## FACILITIES

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Our assembly area is courtesy of the Pomona State School. There are water points on site as well as toilet facilities. The school P&C will be serving food and drink throughout the event, so please support them by buying a feed, while you review the results and discuss your route choice with fellow riders.

See the attached menu for food and drink options.

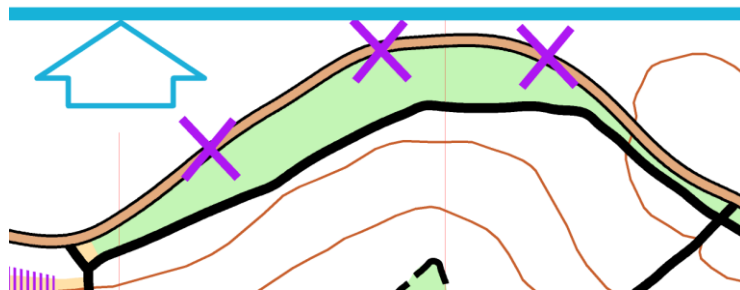
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## OUT OF BOUNDS

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Prohibited areas are marked on the map with a regular striped pattern. You are not to ride on any road or track within the Out of Bounds area. You must stay on tracks and open land areas marked on the map. You must also remain with your bike at all times. No shortcutting through the bush is allowed.

There are roads that you are not permitted on during competition. They are marked on the map with purple crosses to clearly indicate that you can't travel on them.



# TRACK GRADING

The maps have been prepared to the IOF standard for MTBO maps with the exception that we are using the Australian 2 x 4 track grading system, briefly explained below. If you are unsure about the track grading system, study the map legends available at registration. If you have any questions, please ask of our helpers.

	fast	medium	slow	difficult
Bitumen road				
Dirt roads				
Dirt tracks				
Overgrown				

**Fast** – little or no restriction to the speed which a rider can attain. Generally, these are tracks that would be suitable for a standard 2WD vehicle. Roads shown as a wide full line, and tracks as a narrower full line.

**Medium** – generally good riding with some reduction in speed and a requirement to keep an eye on where you are going to avoid obstacles such as potholes, rocks, ruts, sand, vegetation etc. Generally, these are tracks that would be suitable for a light 4WD vehicle. Roads shown with a wide line and a long dash and tracks with a narrower line and a long dash.

**Slow** – sufficient obstacles to require the rider to pick lines to avoid obstacles. Consistently potholed, rocky, rutted, vegetated or sandy. Skilled, fit riders should be able to ride almost always. Less skilled and fit riders may have to dismount. Roads shown with a wide line and a short dash and tracks with a narrower line and short dash.

**Difficult** – a technical track/path which may require the rider to dismount. Skilled, fit riders may be able to ride without dismounting.

**Overgrown** – track existed at some earlier stage to a standard indicated by the black line symbol, but may be obscured by plant growth.

# MAP SYMBOLS

## Legend

Forbidden route	
Special manmade feature	
Obstruction on track	
Lake/dam	
Crossing Point	
Railway	
Contour/Index contour	
Watercourse	
Native Bush	
Out of bounds	
Rough Open Land	

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## SMOKING

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Orienteering is a Smoke Free sport, so our assembly and event areas are smoke free zones.

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## WATER

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Drinking water will be available in the assembly area. Competitors are strongly advised to have plenty to drink prior to competing to help minimise the effects of dehydration and to take sufficient water with you.

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## SAFETY

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For any serious medical emergency call Triple Zero (or 112 if you don't have reception from your usual mobile carrier).

If you encounter an injured rider, you **MUST** abandon your course and render whatever assistance you can. Send another rider back to registration for assistance, if possible. Mobile phone coverage may be limited on the course and assembly area. The emergency contact at the assembly area is 0418 871 193.

A first-aid kit will be available in the assembly area for emergencies. There will also be a trained first-aider in the assembly area.

Hazards on this course may include fallen trees, potholes, long grass, wildlife, horse riders, motor bike riders, vehicles and trucks on public roads, 4WD's. Please keep alert and ride to the conditions. You must obey all road rules.

We recommend and use the Emergency + App, to assist Emergency Services to locate you...



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## Emergency Plus app

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'Emergency +' is a national app developed by Australia's emergency services and their Government and industry partners, helping people to call the right number at the right time, anywhere in Australia. ... Triple Zero calls are free.

Android - [https://play.google.com/store/apps/details?id=com.threesixtyentertainment.nesn&hl=en\\_AU](https://play.google.com/store/apps/details?id=com.threesixtyentertainment.nesn&hl=en_AU)

Apple - <https://itunes.apple.com/au/app/emergency/id691814685?mt=8>

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# RULES

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[http://www.mtbo.com.au/mtbo\\_rules.pdf](http://www.mtbo.com.au/mtbo_rules.pdf)

The Australian MTBO rules shall apply to this event. These can be found on the [MTBO Club page](#). All competitors are urged to read and understand these rules. Some key items include:

- All competitors must wear bike helmets.
- Competitors must stay on the tracks marked on the competition map. If terrain or road conditions force the rider to dismount, they must carry the bike on a marked track. No off-road shortcuts through the bush are permitted.
- Competitors on normal courses must visit the control sites in sequential order. Check the control number on the marker is the same as the one on your map before punching.
- Competitors must not become separated from their bike during a competition, unless through injury or mechanical failure.
- Courtesy and sensible behaviour are expected when mountain bike riders encounter walkers, runners, horseback riders, land-owners, forestry workers, or logging vehicles during an event.
- Competitors and officials must avoid disturbing local flora, fauna and stock at the event and respect the local environment.
- Practice and observe the rules of the road – keep to the left on roads and tracks.
- Approach all track/road crossings, corners and hillcrests with caution.
- Ride defensively and in control at all times.
- Give way to faster riders wishing to pass on narrow tracks
- Riders going downhill should give way to riders going uphill
- Calling out to other riders, sharing information about control locations, or seeking assistance with regards to your location, will bring instant disqualification. If you see or hear any of this behaviour, report this to the organiser.
- Give assistance to injured competitors on the course. Organisers may give a restart or organiser points for the rider who gave assistance.

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## EVENT TIMING

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This event will be using the SPORTident Electronic timing system. SPORTIDENT sticks are hired for a small fee. Lost hire sticks will incur a replacement charge of \$95.00.

### **SPORTIDENT Air Contactless Punching**

Familiarise yourself with how the system works by reading the guides that we've sent to you.

### **Control Stands and Flags:**

Orange and white control flags will be suspended from pickets with a SPORTident unit and manual punch device. The control identification number will be the SportIdent unit on the top of the stand. This will match up with the control number on the map.

### **Clear & Check:**

It is important to remember to "clear" and "check" your SPORTIDENT stick prior to each event, to delete previous event information stored on it. Special "Clear" and "Check" units will be positioned in the pre-start area of each event. It is the competitor's responsibility to ensure that they have the correct SPORTident stick and that it is cleared of previous race



data before they start. If you do not clear your SPORTIDENT stick it may not have enough memory to record all your controls.

#### **SPORTIDENT Air Check:**

There will be an SPORTIDENT Air Test unit after the Clear/Check units to test your SPORTIDENT Air stick.

#### **SPORTIDENT Air use on the Course:**

If a SPORTIDENT unit at a control malfunctions and does not “beep” or “flash” when the stick is inserted, the competitor must use the punch at the control to mark one of the boxes printed on the plastic strip distributed to all competitors. If you lose your strip, punch on the map instead. Failure to do this will result in a DNF (Did Not Finish) being recorded. If you need to use a punch at any control, please advise the Finish officials as they will need to take your strip or map at the completion of your course, to confirm that you have completed the course. If the SPORTIDENT stick can't be found any controls it contained can't be confirmed and no points will be awarded.

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## EVENT RESULTS

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Placings, Split Times and Replays will be available in Eventor and our club website shortly after the event...  
[www.mtbo.com.au](http://www.mtbo.com.au)

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## QLD MTBO STATE SERIES POINTS

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For all the details of this series, visit the series page - <https://oq.orienteering.asn.au/mtbo-state-series>

**TIP:** State Series Points are published on the MTBO Club Results page - [www.mtbo.com.au](http://www.mtbo.com.au)

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## PROTESTS

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Complaints may be made in the first instance verbally with the Event Organiser at the Registration Desk. The Organiser will assess the complaint and make a ruling. If the complainant is still dissatisfied, they may lodge a formal written protest with the Registration Desk. The Event Advisor will then appoint a three-person jury to assess the complaint. The Event Advisor will chair the jury meeting but will not vote on the outcome. The decision of the jury will be final.

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## REGO PLATES

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Don't cop a fine on the way to the event by obstructing your rego plate like this guy...



Either relocate your existing one so it can be seen or buy an 'accessory' plate...

<http://www.ppg.com.au/infohub/plateinformation/accessoryplates.aspx>



**Anything Else?** Contact Craig Steffens 0418 871 193.

