

Riverina Run – comparison with Schools courses clarified

This year the Oceania carnival includes both the Australian Schools Orienteering Championships (ASOC) and a three-day public event known as the Riverina Run (RR) at each of the ASOC venues. Both events will be run mid-week.

At its 2018 conference Orienteering Australia agreed that if a student outside of the official selected schools teams wishes to run on the same course as their comparative school age class, then they should be able to do so. This would also have the benefit of allowing parents to run the same course as their children if they wish.

While some of us may want to run a hard course in the public events, we may not be too keen on 'keeping up with the kids' anymore, so the course-setters for the RR will ensure that a third hard course is now available each day.

We previously indicated courses A to F would be available. Now the range will be A to G. The course class matrix is now as per the table below.

If you have already entered for these events, but in light of this update wish to change to another Class / course , please email ronpallas@hotmail.com by 15th July.

In your email please provide the name of each person and the new class that they wish to run.

Course	Degree of difficulty	Riverina Run Classes	ASOC Classes	Provisional Course Lengths(km)		
				Day 1 Sprint	Day 2 Long	Day 3 Relay Length*
1	Hard	Men A, Women A	Senior Boys	2.6	6.3	5.1
2	Hard	Men B, Women B	Senior Girls	2.3	5.3	4.4
3	Hard	Men C, Women C		2.0	3.2	3.2
4	Moderate	Men D, Women D	Junior Boys	1.7	5.0	4.0
5	Moderate	Men E, Women E	Junior Girls	1.6	3.8	3.6
6	Easy	Men F, Women F		1.3	2.2	2.5
7	Very Easy	Men G, Women G		1.0	1.6	1.9

The sprint courses are straight line distances

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