

# Junior training camp 2019 information and program Final

Information for Southern darts day training Tuesday and Wednesday:

**For the day trainings you will need- water bottle, lunch, snacks, warm clothes, orienteering gear (if you have it, otherwise we will provide compass), shoes and clothing for orienteering.**

**Please sign child in at the beginning of the day and sign out at the end. Parents can stay the whole day or return at pick up. Please be at pick up on time! If we are leaving earlier or later, you will be called.**

## Tuesday 9th Kuitpo Forest

Meet at 10am at cnr of Christmas tree road and Brookman's road.

<https://goo.gl/maps/Cn88af7CKDPQQXy38>

Pick up 3pm at Brookman Connor road (see dropped pin)

<https://goo.gl/maps/oqHEcUfne2kPbAxR6>

## Wednesday 10<sup>th</sup> Wirra Wirra and Mt Crawford

Meet at 10am Blocker's road, Pewsey Vale

<https://goo.gl/maps/oCgZsrdvwtE2ipDn7>

Pick up 3pm at Mount road, Mt Crawford

<https://goo.gl/maps/FwHXiEknyYUjQ9tX7>

34°41'59.1"S 138°57'38.6"E

Contact Bridget: 0432511836

## Junior arrows camp program:

Time	Tuesday -Kuitpo Forest	Wednesday-Wirra Wirra and Mt Crawford	Thursday	Friday
7:30am		Breakfast and make lunch	Breakfast and make lunch	Breakfast and make lunch
8:30am		Leave for Wirra Wirra	Leave for Mt Crawford Forest	Leave for Pympton
10am (drop off and registration)	Everyone meets at cnr Christmas hill road and Brookman's road (Jack's paddock) <b>35°14'00.5"S</b> <b>138°40'55.4"E</b>	Southern darts dropped off Blocker's road <b>34°40'20.9"S</b> <b>138°58'10.0"E</b> (Wirra Wirra West)	<b>34°43'01.3"S</b> <b>138°56'26.6"E</b> (Rocky Paddock)	<b>34°56'40.3"S</b> <b>139°03'52.3"E</b> Range road, RockLeigh
10:30am session 1	Southern Darts: Linear features Junior arrows: Linear route choice and course discussion	Southern Darts: Contouring + course Junior arrows: Contour course	Mod 1- Linear contour features + line course Mod 2- Attackpoints Hard- corridor O	All- control picking
11:30 am	Control collection	Control collection	Control collection	Lunch
12pm	Lunch	Lunch	Lunch	Camp champs
1pm session 2	<b>35°14'55.7"S</b> <b>138°41'43.4"E</b> (Kuitpo airstrip) Southern Darts: X country bearings Junior Arrows: Bearings and aiming off.	Mt Crawford All groups- Star relay	Mod 1- Attackpoints Mod 2+ Hard: Diagonal down hill into rock + Longer legs.	Control collection
2pm	Control collection	Control collection	Control collection	Leave event
3pm (pick up for Southern darts)	Pick up at <b>35°14'55.7"S</b> <b>138°41'43.4"E</b> Junior arrows leave for Shiloh Hills	Pick up at Mount road, Mt Crawford. <b>34°41'59.1"S</b> <b>138°57'38.6"E</b> Junior Arrows leave for Shiloh Hills.	Leave for Shiloh hills Stop at Bakery in Lobethal	Camp pick up- Crafer's park and ride bus stop
4-4:30pm	Arrive at Shiloh Hills and organise bunks	Arrive at Shiloh Hills	Arrive at Shiloh Hills	
6-6:30pm	Dinner	Night orienteering at Shiloh hills	Dinner	
7:15-8:15pm	Night talk- Oceania championships	Dinner	JWOC Middle final watching + o-games if time permits.	
9pm	Lights out	Lights out	Lights out	

Car/ bus allocation:

<b>BUS (Ben)</b>	<b>Kate's car (will not have this car on Friday (this become's Jacque Stephen for Friday</b>	<b>Steve's car</b>	<b>Olivia's car</b>	<b>Zara's Car</b>	<b>Extra cars Wednesday- Keren Thurs- Alwyin Robin - Friday</b>	<b>Bridget's car (take home From training to Shiloh hills)</b>
Ben	Ben M	Abby	Jemima Lloyd	Leith	sienna	Lucinda F (Tue)
Marcus	Jack M	Lucy	Zoe Carter	Remi	Abigail	Annabel L (Tue)
Toby	Max Grivell	Ana	Annabel*+wed only	Ethan		Manu*
Oscar Johnston	Mitchel S	Gemma	Lucinda* Wed only			Abigail(Tue only)
Oscar Dwyer			Manu (way home from training)			Sienna (Tue only)
Finn Johnston						
Aiden Lonsdale						
Daniel Morcom						
Mitchel Morcom						
Max Ochota						
Mitchell S						
Nicholas Herbert						

Training groups:

<b>Darts + Mod 1 (13)</b>	<b>Moderate 2 (8)</b>	<b>Hard (13)</b>
Lucinda Annabelle Max Ochota Finn Johnston Aiden Lonsdale Oscar Dwyer Ben M Marcus Caz Nicholas Herbet Bella White Liam Horan Finlay Horan Eamon Horan	Daniel Morcom Mitchell Morcom Gemma Burley Jemima Lloyd Abbie Faulkner Mitchell Stephens Sienna White Sophie Arthur	Lucy Ana Ethan Max G Jack Oscar J Zoe Toby Ethan Leith Abigail Mason Arthur Torren Arthur
<b>Coaches</b>	<b>Coaches</b>	<b>coaches</b>
Zara Ben	Doug J Kate Olivia Aylwin	Manu Bridget Bruce

## To bring:

Sleeping bag

Pillow

Sheets

Towel

Warm jacket

Trackpants

Rain coat

Socks x 6

Underwear for 4 days

Orienteering gear

Orienteering shoes or runners

Clothing for orienteering

A GOOD HEADLAMP

Money for bakery

Backpack

Hat

Waterbottle

Clothing for 4 days plus spares to take to event

Sneakers or alternative dry shoes

Toiletries

Orienteering journal for note taking

Phone

	Tuesday	Wednesday	Thursday	Friday
Bus driver	Ben	Ben	Ben	Ben
Coaching	Ben	Ben	Ben	Ben
Darts +Mod 1	Zara Jacquie <b>Olivia</b>	Zara Jacquie <b>Olivia</b>	Zara Jacquie <b>Olivia</b>	Zara Jacquie <b>Olivia</b>

Coaching Mod	Doug J Kate <b>Manu</b>	Kate M Doug J <b>Manu</b>	Aylwin Kate <b>Manu</b>	Bridget Steve <b>Manu</b>
Coaching Hard	<b>Bridget</b> Steve	<b>Bridget</b> Steve	<b>Bridget</b> Steve	<b>Bridget</b> Manu Olivia Steve
Catering help	Doug J Julia Kate Bridget	Zara Julia Kate Bridget	Zara Julia Kate Bridget	Julia + Ben (breakfast)
Overnight help	Doug J Kate Olivia Bridget Manu Jacquie Ben C	Doug J Kate Olivia Bridget Manu Jacquie Ben C	Kate Manu Olivia Bridget Manu Jacquie Ben C	
Cars	Zara -4 Doug -7 Kate - 5 Olivia -4	Zara -4 Doug - 7 Kate -5 Olivia -4	Zara -4 Kate-5 Keren -5 Steve? Jacquie? Olivia-4 Al- 4	Zara -4 Keren -5 Steve? Jacquie? Olivia -4