

HUNTER S.S.A.



43rd Annual ORIENTEERING CHAMPIONSHIPS

The Tank Paddock (Near Minmi)

Tuesday 13th August, 2019

VENUE:

From Wallsend: Head north-west along Minmi Road to Minmi. At the traffic lights, turn right into Woodford Street and proceed approx. 2 km. further (becomes Leneghans Drive). The event site will be on the right hand side of the road.

From Newcastle (via Link Road): Head north-west along the Newcastle Link Road, straight ahead through 2 roundabouts. At the major intersection with Cameron Park Drive / Woodford Street (traffic lights), turn right. Continue 2.0 km on Woodford Street into Minmi. At the traffic lights, proceed straight ahead for a further 2 km approx. (becomes Leneghans Drive). The event site will be on the right hand side of the road.

From the M1 (northbound) or M15: Take the Newcastle exit from the M1, or proceed straight ahead for Newcastle from the M15. In all cases, you need to be in the LEFT-most lane, so that you can turn left at the major intersection with Cameron Park Drive / Woodford Street (traffic lights). Continue 2.0 km on Woodford Street into Minmi. At the traffic lights, proceed straight ahead for a further 2 km approx. (becomes Leneghans Drive). The event site will be on the right hand side of the road.

From the M1 (southbound): Take the very first exit from the M1, just 650 metres after the roundabout at John Renshaw Drive. Proceed approx. 5.1 km on Leneghans Drive. The event site will be on the left hand side of the road.

COURSES: All competitors do TWO courses. (Details on the back of this sheet.)

WET WEATHER: You will get wet so come prepared!

COST: \$12 per competitor. This entry fee does NOT include transport to or from the venue.

All competitors need to carry a compass and a whistle for safety. These are the responsibility of individual schools / competitors.

The entry fee does cover maps, control cards, etc..

CLOTHING:

Competitors are expected to wear clothing that is appropriate for walking / running through the bush and as such normal school sports uniform may not be the best attire.

SEND ENTRIES TO:

Mr Warren Quilty
Singleton High School
York Street
Singleton 2330

Phone: 6571 1199
Fax: 6572 4889
Email: warren.quilty@det.nsw.edu.au

CLOSING DATE FOR ENTRIES:

I would appreciate an indication of your entries as soon as possible to allow time to prepare maps and courses. Maps are being specially printed for this day, and only the required number will be printed. Students cannot just 'turn up' on the day.

The absolute latest date to receive entries is Monday 5th August 2019.

Details of Courses

ALL COMPETITORS DO **TWO** COURSES –

(i) Their Age Division Course

“Age” is at 31/12/2018. (The age turned this year!)

Entries will be accepted from **individuals** or from teams of **two** only.

Age divisions (and approximate distances) are:

			BOYS	GIRLS	
Course 1	Very Easy	1.8 km	12	12	
Course 2	Easy	2.0 km	13	13	Intermediate B
Course 3	Easy	2.5 km	14	14	
Course 4	Easy/Medium	3.0 km	15	15	Senior B
Course 5	Medium	3.5 km	16	16+	
Course 6	Hard	4.0 km	17+		

Mixed age teams will be accepted provided they run the more difficult course.

In addition to the above courses, there will be an “Intermediate B/G” course and a “Senior B/G” course. Their lengths will be approximately 2.0 km / 3.0 km and will be navigationally easier than the corresponding age championship courses.

(ii) An ‘Open’ Course

This will be a choice of four graded “SCORE” courses with entry open to individuals or teams of two. Select courses based on **experience** rather than age. The courses are graded:

A: Difficult B: Medium C: Easy / Medium D: Easy

A “SCORE” course is where you find as many controls as you can within a time limit of 45 minutes.

SPECIFIC REQUIREMENT FOR TEAMS:

Teams of two **MUST** start, do the whole course and **FINISH TOGETHER**.

Any **team** which splits up at any stage will be disqualified.

THE MAP:

TO BE ADVISED

- Schools are asked to enter only serious, reliable students.
- It is expected that all competitors will conduct themselves in such a manner that *everyone* will be able to have a fair go at the courses.