Hello. My name is Luca Hogg and I have been fortunate enough to be selected in the ACT team for both hockey and athletics, to compete in the National Championships.

The National Hockey Championships will be held in Bendigo in August and the Track and Field National Championships will be held in Darwin in September.

In Darwin, I will compete in the combined event, which involves the 100m sprint, long jump, 800m and shot put; I will also compete in the 4x100m relay. I am currently training three times a week for athletics and three times a week for hockey.





I am hoping to contribute to some of the expenses for both these Championships, so I would like to invite you all to a fundraising trail run which I am organising:

## THE BOLT AGAINST BOLT

Bolt is my border collie. He is 4 years old and loves running. I named him after Usain Bolt. I would like to challenge you to come and race against Bolt in a 6km trail run in the beautiful Majura Pines. Bolt has been training hard for the event. Bolt will run along behind my mum, who will lead the race out on her bike. Following the completion of the 6km race, there will be a 1km Bolt against Bolt for those who prefer a short distance.

This is a great training opportunity for orienteers and all others, especially for anyone preparing for the ACT Orienteering Championships on the following weekend.

WHEN: Sunday 25th August

START TIME 2:00pm (6KM), 2:40pm (1KM)

WHERE: Majura Pines car park, Majura Road (just off the Majura Parkway)

ENTRY FEE: \$10 per person

Pre-entries and donations can be made at RegisterNow



I would like to thank Orienteering ACT for their support in helping me host this event.