

STATE LEAGUE 10
SAT 3 AUGUST
FREEMANS WATERHOLE



STATE LEAGUE 11
SUN 4 AUGUST
STOCKRINGTON

FINAL INFORMATION

STATE LEAGUE 10

- Date** Saturday 3 August
- Start Window** 12:15 - 2:15 pm
- Course Closure** 4:00 pm
- Planner** Denis Lyons
- Controller** Shane Jenkins
- Location** East of Freemans Waterhole
- Directions** From the South
Your GPS might advise to take the Cessnock exit and travel via Freemans Waterhole. We strongly advise against this. It is no faster and will entail a turn against oncoming traffic to access the parking area.
Travel north on the M1 and exit at the Palmers Road (Toronto) exit. At the end of the ramp turn left onto Palmers road in the direction of Cessnock. The event parking is on the left approx 1.7km from this point. Please indicate clearly to following traffic you are turning as this is a 90km/h road.
- From the North
Travel South on the M1 and exit the freeway at the Palmers Road (Toronto) exit. At the end of the ramp turn right onto Palmers road in the direction of Cessnock/Freemans Waterhole. The event parking is on the left approx 1.9km from this point. Please indicate clearly to any following traffic that you are turning off as this is a 90km/h road.
- From Freemans Waterhole
If you use this route please take care as you will be crossing oncoming traffic to access the parking area.
At the roundabout take the Palmers Road (Toronto) exit to the east. The event parking is on the right approx 1.4km from this point. Please indicate clearly to any following traffic that you are turning off as this is a 90km/h road.

GPS -32.988061, 151.500352

Parking Slow down after seeing the "Orienteering" turn signs. There are 3 tracks on the southern side of this road. The first (when travelling west) will be for officials. The second will be for officials to exit. The third is for general parking which will be along a power line which runs parallel to the road. Please follow the directions of the parking officials. Depending on your time of arrival, there will be a 200-400m flat walk to the arena.
DOUBLE CHECK FOR TRAFFIC BEFORE EXITING. It is suggested that ALL drivers should consider turning LEFT toward Freemans Waterhole when exiting. Those needing to travel north or east can utilise the roundabout there.

Forest Gate Please close the gate if you use it to access the forest.

Out of Bounds All areas other than the assembly and its access road are out of bounds. This includes the forest on the south side of the parking. Competitors can warm up on the access track.

Start Follow the BLUE/WHITE tapes for approx 100m into the bush on the north side of the assembly area.

Map "Redgum Ridges" Denis Lyons 2019
A new area of State Forest, east of Freemans Waterhole.

Scale 1:7500 for Very Easy and Easy Hard5.
1:10000 for Moderate and all Hard except Hard5.

Contour interval 5 metres.

Planners Notes This area consists of a pattern of steep sided ridges. Numerous watercourses form on the sides, with some turning into deeply cut erosion gullies. The bush is generally open and fast run, with very little "green". Most of the area has had a recent burn, except for a narrow section around the start.
On this version of the map there will be NO termite mounds, tree-root mounds, meat-ant nests or native cherry trees. The area adjoins private land (shown as out of bounds). Part of the north-east property does not have a fence boundary. Continuous RED/WHITE tape will be used to mark this boundary.

Control Descriptions Available at the start AND printed on the map.

Hard -> symbols

Moderate → symbols and English (Symbol only on map)

Easy & Very Easy → English

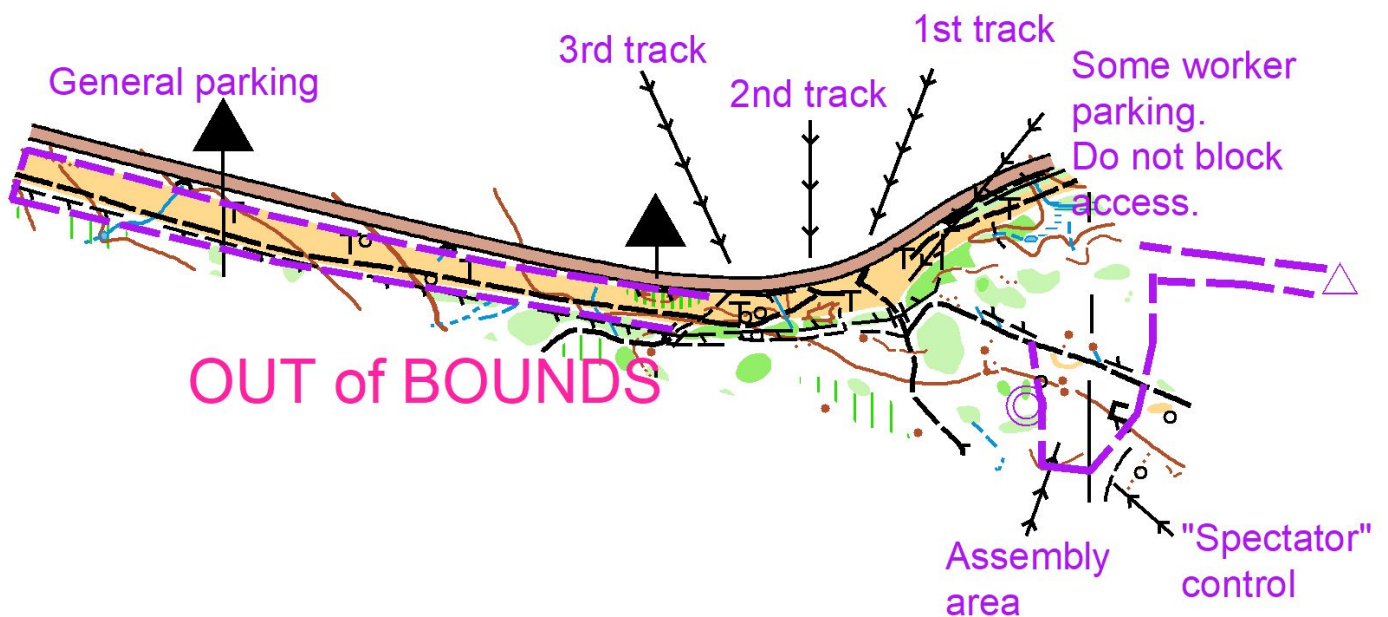
Taped routes There will be taped routes for Easy and Very Easy courses. They will be indicated by Blue and white tape in the field, marked on the map and identified on control descriptions.

Safety/Hazards Despite the locked gate at the entrance to the forest, trail bikes and 4WD's can still access the area. If you hear or see them move out of their way. Also adjoining property owners access their properties through the forest. They have been advised of our event and are aware that runners will be on or crossing some tracks.

For years the area was leased for grazing. Remnant fencing, which follows beside two of the main tracks, will be highlighted with RED/WHITE tape.

Spectator Control All Hard courses will visit a control on the SE edge of the assembly area. These courses will have between 600m (H5) and 1400m (H1) to reach the finish. This will also be a drinks control.

Course	Classes	Length	Climb	Controls
Hard1	M21A, M35A	5.2 km	190 m	21
Hard2	M20A, M40A, M45A, M50A, M55A, W21A	4.3 km	170 m	15
Hard3A	M16A, M21AS, M60A, M65A, W35A, W40A, W45A	3.7 km	120 m	15
Hard3B	M70A, M35AS, W16A, W20A, W50A, W55A, W60A	3.6 km	95 m	17
Hard4	M45AS, M55AS, M75A, W21AS, W35AS, W45AS, W55AS, W65A, W70A, EOD-H4	2.9 km	90 m	12
Hard5	M65AS, M80A, M85A, W65AS, W75A, W80A, W85A	1.5 km	45 m	9
Moderate	M14A, MJuniorB, MopenB, W14A, WJuniorB, WopenB, EOD-MOD	2.7 km	95 m	13
Easy	M12A, W12A, Open Easy, EOD-E	2.2 km	60 m	12
Very Easy	M10A, W10A, M/W10N, Open Very Easy, EOD-VE	1.8 km	55 m	7



STATE LEAGUE 11

- Date** Sunday 4 August
- Start Window** 9:30 - 11:30 am
- Course Closure** 2:00 pm
- Planner** Ian Dempsey
- Controller** Andrew Power
- Location** Seahampton/Stockrington
- Directions** From the South
Travel north on the M1 and exit the freeway at the Cardiff Exit (B89). Turn left (Kurri Kurri/Cessnock) at the roundabout on to George Booth Drive. Continue through Seahampton and for about 5km before turning right (east) at the orienteering sign onto a gated and sealed road into Stockrington State Conservation Area. This road has no centre line so keep left and drive slowly for about 3km to parking.
<https://bit.ly/32UABxn>
- From the East
Travel north-west on George Both Drive through Seahampton and continue for about 5 km before turning right (east) at the orienteering sign onto the gated and sealed road mentioned above.
<https://bit.ly/2Y5EVLw>
- From the West
Travel south and east on George Both Drive. Continue for about 800m past the Orica plant (Echidna Drive) before turning left (east) at the orienteering sign onto the gated and sealed road mentioned above.
<https://bit.ly/2YllH3Z>
- GPS** Access gate: -32.865283, 151.549526
- Parking** Parking will be on the side of the sealed access road. Please follow the directions of the parking officials. Depending on your time of arrival, there will be a 20-450m mostly flat walk to the arena.
- Out of Bounds** The area to the west, north and east of the arena, and to the east and west of the sealed road used for parking, is out of bounds. Competitors can warm up on the sealed road to the south of the arena.
- Map** Map: Stockrington West (2019). Symbols ISOM2017
Base map, Russell Rigby. Fieldwork, Ian Dempsey.

Scale 1:10000 for Hard 1-7 inclusive and Moderate
1:7500 for Hard 8, Easy and Very Easy

Contour interval 5 metres.

Terrain Gently undulating to steep eucalypt forest with minor rock detail. Thicker vegetation in the major gullies with an ample track network and extensive areas of good running in the forest. Frequent thicket detail throughout.

Control Descriptions Available at the start but NOT printed on the map. Adhesive tape will be available at the pre-start to allow competitors to fix descriptions to their map.
Hard -> symbols
Moderate → symbols and English
Easy & Very Easy → English

Special symbols brown triangle - tree root mound >1.5m
black circle - road sign
black cross - wreckage/rubbish

Start Pre-start is about 100m slightly downhill from the arena. From the map trays, and start punch, follow streamers about 20m to the start triangle.

Taped routes There will be taped routes for the Moderate, Easy and Very Easy courses. They are indicated by blue/white tape in the field, marked on the map and identified on control descriptions.

Safety/Hazards A potentially hazardous cavity between rock shelves has been marked in the field with red/white tape. This may be encountered on Hard 1-7 & Moderate. The area is not marked on the map. There's also a ruined fence in a separate area, with hard to see barbed wire, that's marked in the field with orange tape.

Course	Classes	Length	Climb	Controls
Hard1	M21A	11.8	235	19
Hard2	M20A, M35A, M40A	8.9	215	15
Hard3	M45A, W21A	7.3	210	12
Hard4	M21AS, M50A, W20A, W35A, W40A, W45A	6.1	170	10
Hard5	M16A, M35AS, M55A, M60A, M65A, W50A	5.2	125	12
Hard6	M45AS, M70A, W16A, W21AS, W55A, W60A, EOD-H6	4.2	100	9
Hard7	M55AS, M75A, W35AS, W45AS, W55AS, W65A, W70A	3.8	80	7
Hard8	M65AS, M80A, M85A, W65AS, W75A, W80A, W85A	1.9	35	6
Moderate	M14A, MOpenB, MJuniorB, W14A, WOpenB, WjniorB, EOD-M	4.0	85	10
Easy	M12A, W12A, Open Easy, EOD-E	2.2	50	9
Very Easy	M10A, W10A, M/W10N, Open Very Easy, EOD-VE	1.7	50	9

GENERAL INFORMATION

Enter On the Day Available at both events but limited to Very Easy, Easy, Moderate & a single Hard course.

Start Procedure We will be operating a queuing start - no start times will be allocated. Start interval will be 2 min

Maps Printed on Pretex synthetic waterproof & tear resistant paper.

Electronic Punching The SPORTident electronic punching system will be used.

SI Active Card (SIAC) The SI units will be SIAC-ENABLED for both events however you will need to punch both at the start and finish controls as these will not be SIAC activated.

Drinks Controls There will be drinks controls on longer courses both days.

Phone coverage Good coverage likely for all service providers at both sites.

Facilities Portable toilets, limited drinking water and NSW O-Gear.

Catering Please support the NSW juniors who will be providing catering.

String Course There will be FREE string courses available both days for the enjoyment of young orienteers. They will be adjacent to the assembly areas. See the rego/info desk to enter.

Safety Whistles Whilst not compulsory they are cheap, light and may be a valuable asset if you become lost or injured. We strongly suggest you carry one whilst on course.

EOD Entry Fees

Adult - Hard/Moderate courses	\$25
Adult - Easy & Very Easy courses	\$18
Junior - 13 to 20 years	\$16
Sub-Junior - Under 13 years	\$12
SI Hire	\$2
Family Max: For a family the first 3 highest entry fees will be charged and then all other entries will be free.	

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