

Cardinia Reservoir – Courses 25 August 2019

Course 1	Long Hard	5.2 km
Course 2	Medium hard	4.2 km
Course 3	Short hard	3.0 km
Course 4	Moderate	3.4 km
Course 5	Easy	2.0 km

Starts from 10 am to 11:30

Finish closes at 1 pm.