



2019 ACT MTBO Series #3

17 November 2019 (Sunday)

**Come along, ride and enjoy
the last MTBO of the year:~)!**

ACT Mountain Bike Orienteering with Red Roos support brings on ACT MTBO Series consisting of 3 MTBO events around Canberra, with Event 3 located in the tranquil and beautiful Uriarra Forest, just next to Stromlo. ACT MTBO Series is a Series for everyone! For those who practiced MTBO skills for a while, for experienced orienteers, who thinks to start transition to MTB orienteering and for absolute beginners.

Start Times: from 10:00am till 11.00am, Course closure: 1.00pm

Map: Uriarra Forest 15 000, 5m contours

Course Setter: Ken Young

Organisers: Marina and Fedor Iskhakov

Assembly Area: See a precise location at Eventor

Classes: Long (M/F), Middle (M/F), Short (M/F), Novice (M/F)

E-bikes are permitted for Middle Course only (with a separate results)

Comments from Course Setter: Vehicle track network in forested area with limited single track and some open grassland riding. Some of single track has been made by motorbikes and is rough. Where checkpoints are located on single track these are rideable and not rough. It is not of the same standard experienced at Bruce Ridge. The area has many blackberries patches. Effort has been made to clear these from the obvious riding options. Please observe road rules when riding.

Class	Course	Expected winning time
LONG	16 km	75 minutes
MIDDLE	12 km	60 minutes
SHORT	6 km	40 minutes
NOVICE	3 km	30 minutes

Driving directions

Drive west out of Canberra either on the **Uriarra road** or the **Cotter road**.

- 1) If taking the **Uriarra road** after crossing the Murrumbidgee river at Uriarra crossing turn left and follow Uriarra road passing the turn off to Uriarra village (Brindabella Rd to Cotter crossing). Continue for another 2 km turning right on to the **Uriarra Forest East West road** (dirt). **(WILL BE SIGNED WITH ORIENTEERING SIGN)**.
- 2) If travelling out on **Cotter road**, after Cotter Crossing turn right onto **Brindabella road** and follow to T-junction with **Uriarra Rd** (passing Uriarra village). Turn left and continue for another 2 km turning right on to the **Uriarra Forest East West road** (dirt). **(WILL BE SIGNED WITH ORIENTEERING SIGN)**.

Follow **East West road** for 1.5 km signage, then turn right on unnamed road and follow for another 3.5 km to the event hub. **Orienteering signage will be displayed from the start of the East West Road!**

**Entry fee on a day: \$10 adult, \$7 concession
Map Board are available for hire: \$5**

Event at Eventor:

<https://eventor.orienteering.asn.au/Events/Show/7447>

For further information or assistance please contact
Marina Iskhakova 0412 308 310 or
Marina.Iskhakova@gmail.com

Enjoy navigation at higher speed!