

2019 NSW SCHOOLS CHAMPIONSHIPS

MIDDLE DISTANCE

& STATE LEAGUE 15

Sunday 8th September 2019



Southern Highlands
Orienteers

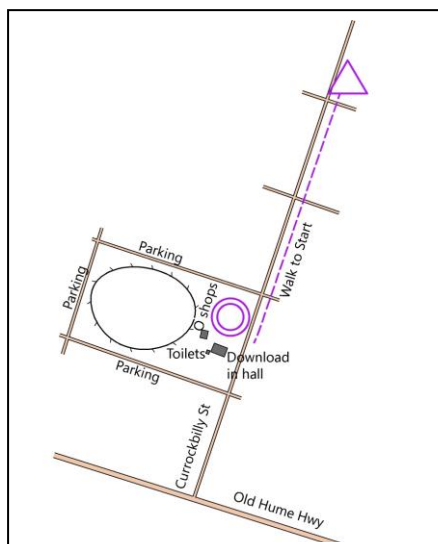


Illawarra Kareelah
Orienteers



ORIENTEERING NSW

- Venue:** Welby, 4km west of Mittagong
- Map:** "Mt Alexandra Reserve" 1:10 000, August 2019. Virtually a new map, it has only been used for one minor club event.
- Terrain:** Open bushland with many bike paths and point features. The longer Hard courses will extend into areas of complex sandstone rock.
- Planner:** Robert Spry
- Controller:** Keith Jay
- Starts:** Schools from 9.30am, others from 10.20am. Last start 12 noon.
- Organiser:** David Green 0409 608990 dayle.david@bigpond.com
Day organiser Stephan Wagner
- Directions:** **From Mittagong:** From the main intersection in Mittagong, travel 2km west on the Old Hume Highway to the intersection with Currockbilly Street Welby. Turn north.
From Goulburn: Take the Mittagong turn off from the Hume Motorway and turn east onto the Old Hume Hwy. Take the first street to the left (Currockbilly St).
- Arena:** The Arena is located at Welby Community Hall, 14 Currockbilly Street, Welby. Toilets and shelter areas are available.
- Parking:** No parking in Currockbilly St, please angle park around the Oval (see diagram). Consider local residents and do not block their access. Buses will be directed to park close to the Arena.
- Planner's Notes:** Complex network of tracks and bike paths. Due to dry weather the bushland is generally runnable. Vegetation changes due to recent hazard reduction burns have been mapped where possible. There may be small unmapped paths. The Hard 1 and Hard 2 courses extend close to areas of large rock and high dangerous cliffs, please take care. All courses involve some crossing of local streets, look out for traffic.



- Enter on Day:** Enter on Day will be available on Very Easy, Easy, Moderate, Hard 3 and Hard 5 courses.
Fees: Very Easy, Easy and Moderate \$10, all hard courses \$25
- Start:** The start is within 400m level walk of the arena. Limited toilets at the start. No clothing return.
- Course Closure:** All courses close at 2:00 pm. Please return to the finish, even if you have not finished your course.
- Water:** Water will be provided at the Finish and on Hard 1/2/3 courses only.
- Catering, shop:** Refreshments will be provided by the NSW Juniors. The AussieOgear shop and Oshop are also expected to be present.
- Presentation:** We anticipate holding the presentation for the NSW Schools Middle Distance Championship at approximately 12:30 pm.
- Thanks to:** Welby Community Hall Committee and Wingecarribee Shire Council.

Classes and Courses:

Course	Length (km)	Climb (m)	Controls	State League classes	NSW Schools Championship classes
Hard 1	5.6	150	19	M21A, M35A	
Hard 2	4.3	90	14	M20A, M40A, M45A, M50A, M55A. W21A	M17+A
Hard 3	3.7	90	10	M60A, M65A, M70A, W20A, W35A, W40A, W45A, W50A, W55A, W60A, M21AS, M35AS, EODH3	M15A & M16A, W15A & W16A, W17+A
Hard 4	3.2	80	8	M75A, W65A, W70A, M45AS, M55AS, W21AS, W35AS, W45AS, W55AS	
Hard 5	2.6	55	7	M80A, M85A, W75A, W80A, W85A, M65AS, W65AS, EODH5	
Moderate	3.3	40	10	M13A, W13A, M14A, W14A, M15+B, W15+B, M Open B, W Open B, EODM	M13A & M14A, W13A & W14A, M15+B, W15+B (replaces M Junior B & W Junior B)
Easy	2.5	30	12	M11A, W11A, M12A, W12A, M13-14B, W13-14B, Open Easy EODE	M11A & M12A, W11A & W12A, M13-14B, W13-14B (non-OY classes)
Very Easy	2.0	20	9	M9A, W9A, M10A, W10A, M 11-12B, W11-12B, Open Very Easy, EODVE	M9A & M10A, W9A & W10A, M11-12B, W11-12B

Start Procedure for Schools Middle Distance Championships and State League 15

Schools Championships competitors will have allocated start times.

State League competitors will have queuing starts after the Schools Champs competitors have finished. (est 10:20) There will be no timed start lists – please come to the start when you ready and queue for the next available space BUT be aware of the start window which closes at **12:00 noon**.

Clear and Check units are located before the start boxes. Controls are NOT SIAC-enabled. For those with SIAC sticks there will be a SIAC OFF control located just prior to entry into the map boxes if you wish to turn off your SIAC stick.

Box 1	-3 minutes	Name check	Make sure you have cleared & checked
Box 2	-2 minutes	Collect control descriptions	Loose descriptions will be available for all courses. Sticky tape not provided
Box 3	-1 minute	Map tray	Check you are at the right map tray. No need to write name on map
	0 minute	Punch start unit before looking at your map	Enjoy your run

Map trays will be clearly labelled with the **Course name**.

Finish Procedure

After punching a finish control please proceed directly to the download area in the Hall. Here you will download twice. The 1st download will provide you with your split times and the 2nd download provides you with a result label which you stick on a timber slat and then hang, in time order, under your age class on the result boards.

Maps will not be collected after your run. Please do not show your map to any competitor who has not started their course.

Timing devices

All competitors are required to use a SI timing stick. Hire sticks are to be collected from the Registration Tent at least 30 minutes before the start, unless you collected it on Saturday. This SI stick has been allocated to you for all the events you have entered. It will be collected at the Finish table at the completion of your last event. Do not swap with another runner. Lost sticks must be paid for.

SportIdent units are fixed to the top of stands. Control codes will be on the SI unit only. Should a SPORTident unit not beep and/ or flash, use the control punch to punch your map in the boxes provided. Inform an official immediately upon finishing.

Whistles

Whistles will be provided for all Schools competitors. These are to be collected from the Registration Table along with SI sticks before you go to the start.

Control Descriptions

Control descriptions will be on each map. They will also be available at the start. Competitors in the NSW Schools champs can collect their control descriptions when they register. Schools championships classes will have English control descriptions together with the international symbols on the front of the map.