



2019 South Australian Club Relays
Coromandel Valley Primary, Sunday October 20th
Mass start 10.30 am, briefing for all runners 10.15 am
Last changes to teams 10:00am

The 2-person Club Relays are on Sunday October 20th, hosted by the Southern Arrows with thanks to Coro Primary, Onkaparinga Hills Orienteering Club and Snap Printing!

DIRECTIONS: From Blackwood Roundabout, take Main Road south past Blackwood Forest, and after Turners Ave look for O signs on the left to Coro Primary. If you get to Ackland Hill Rd you have gone too far.

From Blacks Road, turn Take Main Road north past Ackland Hill Road and look for O signs on the right to Coro Primary. If you get to Turners Ave you have gone too far.

PARKING:

In the car park at the front of the school. Note that the church next door uses this car park for its 8am service but hopefully churchgoers will have left by 9:30. Overflow parking 200m further south on Magarey Ave OR just north of the school on Main Road, OR Blackwood forest. Do not enter the school from any side gates. Use the front entry off Main road only. See map below.



Event Schedule

9:00 am	Registration opens for club coordinators to collect & distribute chest numbers
10:00 am	Last chance to change teams
10:15 am	Briefing and demonstration of the changeover process
10:30 am	Mass Start

In between your runs: enjoy the Junior Arrows' (and their parents') amazing catering ☺

~12:30 pm Presentations – Prizes!

Remember that teams cannot be changed after 10:00am; your club coordinator needs to hand out your chest numbers!

Chest Numbers:

First (and third) leg runners will be given blue running numbers.

Second (and fourth) leg runners will be given red running numbers.

Classes:

Group	Classes Eligible	Course	Length (approx)	Navigation
A	Male	1	5.4km in 2 legs	Hard
B	Female	1	5.4km in 2 legs	Hard
C	Mixed	1	5.4km in 2 legs	Hard
D	Male	2	4.6km in 2 legs	Moderate/hard
E	Female	2	4.6km in 2 legs	Moderate/hard
F	Mixed	2	4.6km in 2 legs	Moderate/hard
G	Male	3	3.8km in 2 legs	Moderate
H	Female	3	3.8km in 2 legs	Moderate
I	Mixed	3	3.8km in 2 legs	Moderate
J	Mixed	4	2km in 1 leg	Easy

Map and Terrain

Map: Blackwood Forest/Frank Smith Park, 1 : 5 000

Field work and cartography updated 2017 by Manu Jurado?

Course planner: Bridget Anderson

Controller: Simon Uppill

Organisers: The Southern Arrows

Terrain: school buildings, oval & parklands, pine forest & orchard

SPORTIDENT WILL BE USED FOR TIMING

Control descriptions will be International for courses 1 & 2, and English for courses 3 & 4. Check your control codes!

Enter on the day will be only available as an easy (2km) or moderate (2.5km) course, cost \$5 for under-15s and \$10 for over-15s. Starts for enter-on-the day are between 11am and 12 noon only.

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