



2019 VICTORIAN PRIMARY SCHOOLS ORIENTEERING CHAMPIONSHIPS

Loddon Mallee & Western Metro

Hanging Rock Reserve
Friday 8 November 2019

EVENT DETAILS

Participating Schools

Loddon Mallee
Camp Hill PS
Castlemaine North PS
Eppalock PS
Kyneton PS
Maldon PS
Our Lady of the Rosary PPS

Western Metro
Bolinda PS
Darraweit Guim PS
Macedon PS
Queen of Peace PPS

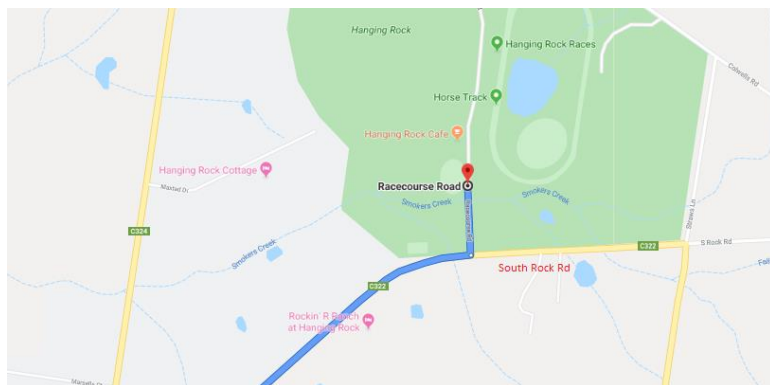


SmokeFree

EVENT INFORMATION

Getting There

- Enter Hanging Rock Reserve through the main park entrance on **South Rock Road**
- Follow Orienteering Directions Signs along the main park drive to the central car park (on the right).



Be Prepared

- Pay attention to the weather forecast, the championship will still occur if the weather is wet, cold or hot.
- Students should be appropriately dressed for an outdoor activity, i.e. school sports uniform or comfortable tracksuit/shorts/t-shirt and runners.
- A change of clothes for the journey home should be included if the weather is wet.
- Please bring a tarp to sit on and a portable sunshade.
- Orienteering Victoria is both Sunsmart and SmokeFree, please ensure none of your staff and parent helpers smoke in the Orienteering competition area.
- Ensure that children cover up, wear their hats and use a sunscreen.
- All food and drink must be brought from home prior to your arrival. Please be aware of our policy - "Carry in / Carry out". NO rubbish is to be left.
- To notify us of any [absent students](#) / and or need for alterations - please fill in the pro forma attached to this document, and hand it into the Information Tent on your arrival, so we can remove/ change names from the competition data base.

At the event

- When not competing, school teachers and staff are responsible for the management of their students. Bring sports equipment to provide activities for students who have completed their course.
- No staff or parents from any school are permitted into the competition area until the close of courses (you are then welcome to try out a course or make us of the permanent orienteering course!) *Orienteering Victoria provides experienced orienteering staff (with Working with Children Checks) to monitor and assist where needed.*
- The assembly area includes a public toilet. Teachers are requested to monitor their students' use of and behaviour in the toilets.

Teachers must provide their own First Aid Kits for their students.

Orienteering Officials assisting at the event will include accredited First Aiders.

Competition maps for all participants will be available on the day, from 9.30 am onwards, at the **Information tent.**

Maps will be pre-marked with the relevant course and will have the control descriptions printed on them. They will be printed on plastic/waterproof paper. Maps are provided for all students. [Teachers are advised to collect their maps approximately 30 minutes before their school's first start time](#), and take their students through a briefing session, covering the following:

- Orientation of the map to NORTH.
- The symbols for "START" - Triangle Δ and "FINISH" - double circle
- The relevance of the control descriptions and the code numbers.
- That controls [must](#) be visited in numerical order, i.e. 1,2,3, etc.

Snakes are occasionally sighted in some areas of the park. Please instruct your students not to panic if they see one, but rather to move carefully away from it and continue on. Orienteering officials will be "in the field" with 2 way radios and First Aid, to reassure students who may be concerned.

THE COMPETITION

START

The Start is located 100m south of the assembly area adjacent to the car park.

- Teachers will need to walk students to the Start, allowing 2 minutes. It is suggested you group your students by start times. Get each group there 10 mins before the allocated start time.
- An electronic timing system will be used at these championships. Students will be issued an electronic S.I. card when they start, to use at each control (see next page for details).
- Please reinforce the need to check the control codes at each control before using the S.I. card
- The control code is the number in the second column on the control description sheet (125), that is also clearly visible on each control stand.

1	125	Path junction
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- names of competitors will be called at the start assembly area six minutes before the start-time.
- Our helpful Volunteers will guide your students carefully through the start system and the use of the S.I. cards. (Students must carry their own competition map which has their personal details on the back of it)

LATE STARTS: Schools must get their students to the Start in time for their allocated start time. If you are late the start time will remain and the student will be started when it suits the Starter. [We cannot alter start times](#).

[Students are NOT to take backpacks, drinks or food out on the course.](#)

FINISH

- ALL competitors must use their S.I. card at the FINISH control so that timing stops!
- As a safety precaution, a check is kept on competitors finishing their course. If competitors do not report in at the Finish, a needless search may result.
- Results will be displayed on the Results Board, adjacent to the Finish area.
- Final results will be emailed to you and are available on the O.V. website at www.vicorienteering.asn.au/schools

AWARDS

[The Award Ceremony will take place at approximately 1.30pm](#)

Certificates will be awarded to 1st, 2nd and 3rd placegetters in all age classes on the day.

Additionally "Champion School" points will be calculated for the awarding of both the Western Metro and Loddon Mallee Shields.

"Champion School" points will be awarded to the first 10 finishers on each course (per region):

1st place = 10 points

2nd place = 9 points ...etc

Note: Only the first three students from each school (on each course) will be eligible to score points.

CONTACT PHONE NUMBERS

Enquires should be directed to Rob Fell 0428 358 588

ACKNOWLEDGMENTS

Orienteering Victoria would like to extend its sincere thanks to the following organisations and individuals for their assistance in the running of this event.

[Macedon Ranges Shire Council](#)

[Central Highlands Orienteering Club](#)

...and the many volunteers from Victorian Orienteering Clubs who have offered their assistance as Start, Finish and Results officials.

The Electronic SI - CARDS and control descriptions (Si = SportIdent)

1

One allocated electronic card per competitor will be handed out at the Start Assembly.

Actual size of Si-card



2

At the Start you will be given your SI card. Attach it to your wrist by the elastic band wrist band (supplied).



3

At each control site will be an Si-box. Place your Si-card over the hole in the box, Immediately a high pitched signal will be emitted to indicate the time has been recorded on the card (warning do not put your card on top of or under another competitors card it will not record your time).

Si-box



Students will get a practice using the SI card while moving through the Start system.

4

Control description sheet

The 'control description' is printed on each competition map.

Start – on path		
1	39	Seat
2	20	Tree
3	52	Tap
4	12	Rock
5	18	Fence
6	22	Bridge
Finish		

Course Lengths

~Distance	~Climb	Age groups
3.0km	40m	Grade 6
2.5km	40m	Grade 5
2.5km	40m	Grade 5 Pairs
2.0km	20m	Grade 4
1.5km	20m	Grade 3



Staff checklist

- ✓ Fill in pro forma (attached) for students who are 'not attending', have Name/ Pairs have changed or have a replacement student. Hand in to the Information tent on arrival.
- ✓ Remind students to bring 2 water bottles (filled) and change of clothes if weather forecast for wet day.
- ✓ Emergency mobile # 0428 358 588 – it will be printed on the maps (event organiser)
- ✓ Pack and remember sunshade/portable shelter/ tarps/ropes.
- ✓ Pack and remember rubbish bags: carry in, carry out.
- ✓ Pack and remember First Aid Kit.
- ✓ Know where the event is and ensure that the bus driver also knows where to go before you leave school.
Allow plenty of time!

HANGING ROCK

Emergency mobile 0428 358 588

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Hanging Rock and the thick bush around the rock is restricted entry and orienteering activities are prohibited in these areas.

Scale 1: 5000
Contour Interval 5m



Legend

- sealed surface/parking area
- dirt road, minor road
- foot track, indistinct track
- fence: crossable, uncrossable
- gate, broken fence
- picnic table, seat, other object
- building, pole, concrete cover
- cliff, boulder, rockface
- contours, embankment
- mound, pit, earth wall
- creek, bridge, watercourse
- dam, marsh, tap
- thick bush, slow run
- distinctive tree: alive, dead
- open land, rough open land
- open forest
- Crossing points

PRO FORMA FOR ABSENT STUDENTS AND ENTRY CHANGES

Please fill in the table below with student's details who are **NOT in attendance or where there is a name change**. This will enable us to remove their names from our computer lists, so that all students are accounted for, and the results are correctly listed.

Name of school.....

CANCELLED ENTRIES

	Student's name	
Sample	Trent Cotchin	
1		
2		
3		
4		
5		
6		

NAME CHANGES (REPLACEMENTS)

	Name listed	Replacement name
Sample	Jade Rawlings	Damien Hardwick
1		
2		
3		
4		
5		
7		

PLEASE HAND THIS FORM TO THE INFORMATION TENT ON ARRIVAL

Note that due to the limited number of maps, we are not able to change your student's age class on the day.