



# Melbourne Sprint Weekend

7-9 MARCH 2020

## BULLETIN ONE



## INTRODUCTION

Melbourne Sprint Weekend (MSW) is a series of six exciting sprint orienteering races over the three days of Victoria's March long weekend. Courses are offered to suit everyone who enjoys sprint orienteering, from age 12 and under, to 70+, and from novice to elite.

Races are on predominantly campus terrain, with one bush event.

The four Saturday and Sunday races will double as Round 1 of Orienteering Australia's National Orienteering League (NOL) and will also be Australian selection trials for the World Orienteering Champs (WOC), Junior World Orienteering Champs (JWOC) and World University Orienteering Champs.

New in 2020 will be a special competition with prizes for under-25 competitors running the elite classes.

We invite all orienteers to join us for this sprint orienteering carnival.

## CONTACT DETAILS

Website: [www.vicorienteering.asn.au/msw](http://www.vicorienteering.asn.au/msw)

Entries: [Eventor](#)

Enquiries: Email: [msw2020@vicorienteering.asn.au](mailto:msw2020@vicorienteering.asn.au)  
or Ph. 0428 618 848 (Margi Freemantle)



## ○ MSW OVERALL COMPETITION

Melbourne Sprint Weekend overall placings in each class will be based on a competitor's best 5 results from the 6 races.

At each race the winner of each class will receive 100 points, second place 99 points, third place 98 points and so on.

The NOL relay will be planned so that all runners complete the same course (in different orders) hence enabling individual places and MSW points to be determined.

Prizes will be awarded to overall winners of each class.



## ○ NOL ROUND 1

NOL Round 1 comprises the first four events of the Melbourne Sprint Weekend, on Saturday 7 March and Sunday 8 March.

NOL teams are reminded that all runners are required to run in team uniform and wear competition number bibs (provided by the organisers). NOL competitors should also ensure that they enter as members of their NOL team. If you enter as a club member you will not be included in the NOL team point score.



Each of the three individual events will score NOL points toward both the individual and team competitions. The sprint relay will only count for team points.

### Individual

For the individual races (Races 1, 2 & 3) points will be awarded to the top 25 finishers on a decreasing basis for each race, 30 points for 1st, 27 for 2nd, 24 for 3rd, 22 for 4th, 21 for 5th, etc. ([Guidelines](#))

If two or more competitors are tied in a race, they shall each be awarded the points for the place for which they are tied.

### Teams

Team point scores are awarded to the top seven teams on a decreasing basis ([Guidelines](#)). After each race, points from each of the four divisions (classes) are added to give the NOL Team scores.

For the individual races (Races 1, 2 & 3) teams in each of the four divisions are ranked according to the sum of the times of their best three competitors in each division, with the following provisos:

- Teams with less than three finishers are awarded points on the basis of the next best results. That is in order, the sum of the best two competitors or one competitor;
- Teams which have no finishers receive no points;
- Teams with an equal total time are placed according to the results of the highest placed competitors in each team;
- Teams still equal shall be considered to have tied.

For the relay (race 4), team point scores are doubled ([Guidelines](#)). Teams in each of the four divisions shall be ranked according to their placing in that division and only the highest-placed team from each state/territory shall count towards points in each division:

- In a mixed-gender relay the points according to placing will be allocated to both the male and female NOL teams from that state.
- In a mixed age-class relay the points will only be allocated to the senior NOL teams from that state.
- Teams where one or more members fail to complete the relay course receive no points.

## ○ UNDER 25 COMPETITION

In addition to the NOL competitions, over the first four races there will be a special competition for under-25 competitors competing in M/W21E and M/W20E.

To be eligible athletes must run M/W21E or M/W20E and be under 25 years of age on the last day of MSW (i.e. born after the 9th of March 1995).

The 4 NOL events over the Saturday and Sunday count towards the competition, with winners decided by each athlete's best three results.

It will be an exciting competition, complete with leader's jerseys, various exciting prizes for 1st, 2nd and 3rd place (thanks to Wildfire Sports and SpurPosting and others) and a great competitive atmosphere!

More details to come in the next Bulletin.

## ○ WORLD RANKING EVENT

On behalf of the International Orienteering Federation, Orienteering Victoria invites elite orienteers from around the world to a sprint distance world ranking event (WRE) in Melbourne Australia. The WRE will be race 1 of the weekend's competition, at Overnewton College, on Saturday 7 March 2020.



### **WRE Entries:**

All entries and payments for this event should be made on-line via Orienteering Australia's online entry system, Eventor. Go to [Eventor](#) for Saturday 7 March 2020, select "Melbourne Sprint Weekend Race 1 + WRE". See "[How to Enter](#)" instructions on page 12 of this bulletin.

To enter, you need to be registered with Australian Eventor, and have a login and password. If you are entering for other people, they will also need to be registered. Eventor records your details, making registration quick and easy.

All competitors who wish to receive World Ranking points are asked to provide their IOF ID number. You can find this by checking My Pages on the IOF Eventor site.

Please forward an email to [msw2020@vicorienteering.asn.au](mailto:msw2020@vicorienteering.asn.au) providing your name, Class, and IOF ID number.

Competitors who do not provide an IOF ID number will only be entered into the NOL, not the WRE.

### **WRE entry fee:**

The entry fee for the WRE is \$24 (AUD).

Late entries incur an additional \$4 fee

This is the entry fee for entering only the WRE (Race 1 of MSW). If entering all the Melbourne Sprint Weekend races additional fees will apply.

### **Entry deadline:**

Entry deadline: Sunday 23 February 2020, 11.59pm, Australian Eastern Daylight Time

Late entries close Thursday 27 February 2020, 11.59pm, Australian Eastern Daylight Time

### **World ranking points for M/W20E competitors**

All M/W20E competitors who wish to receive World ranking points should still enter M/W20E for this event and provide their IOF ID number as above. Junior elites will run the same courses as senior elites so the organisers will compile WRE Men and Women results lists that include the eligible M/W20E competitors.



## **2020 AUSTRALIAN UNIVERSITY ORIENTEERING CHAMPIONSHIPS**

All competitors who wish to enter the Australian University Championships need to enter Race 2 on Eventor and select "University Champs" in the "Services" drop down box. Only competitors in M21E, M20E, W21E and W20E may enter the University Champs.

Please forward an email to [ian Prosser](mailto:ian.prosser@vicorienteering.asn.au) providing your name, student ID and university attended, and competition class entered in Race 2.

This race is a selection trial for the Australian team for the World University Orienteering Championships. See Australian team selection trials section below for link to selection criteria.

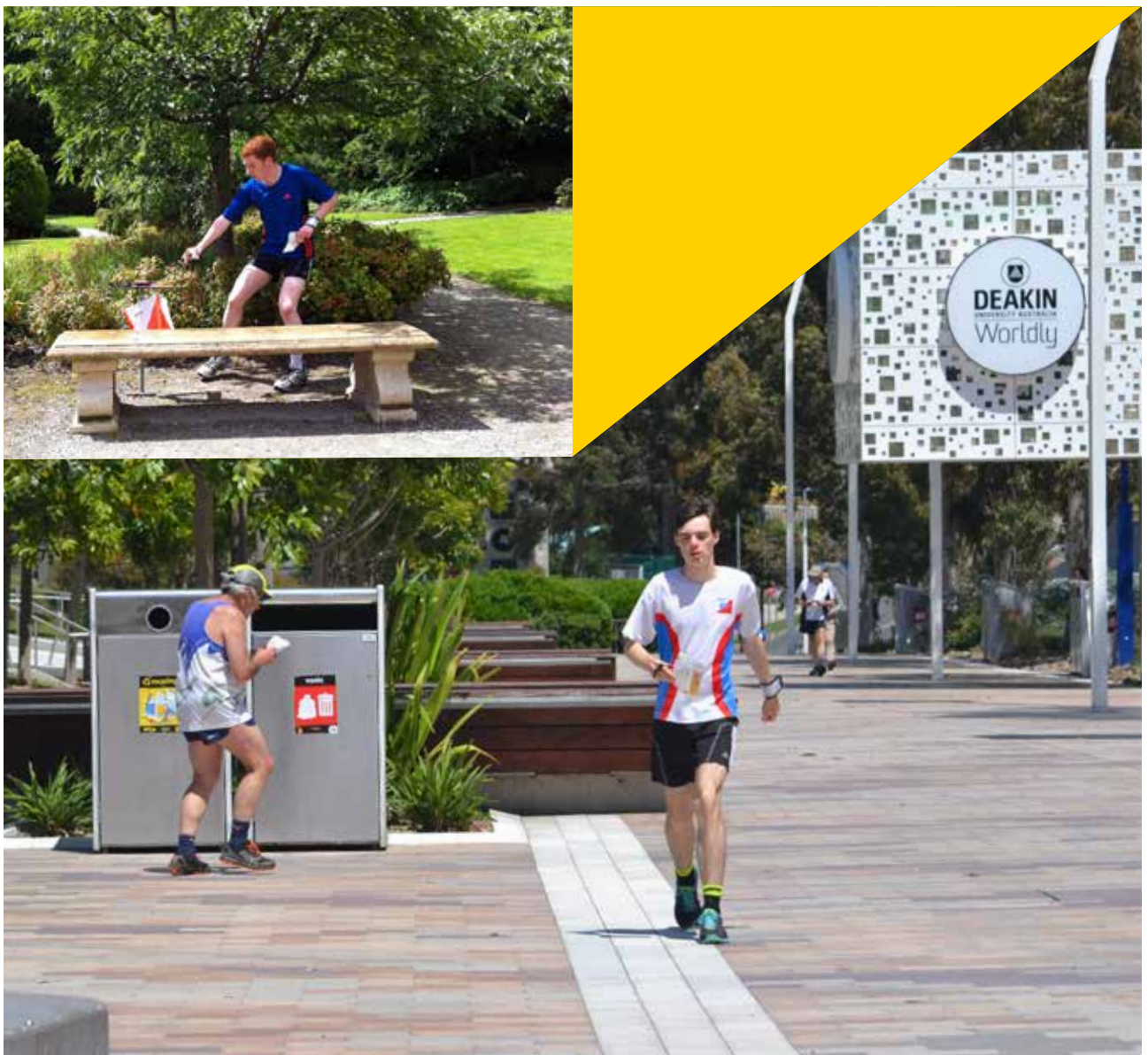
## AUSTRALIAN TEAM SELECTION TRIALS

The first four races of MSW 2020, NOL Round 1, are a selection trial for the Australian teams for the World Orienteering Championships, Junior World Orienteering Championships and the World University Orienteering Championships.

To nominate for selection for one or more of the Australian teams, complete the form [here](#) by 1 March 2020.

The selection criteria for the Australian team for the:

- World Orienteering Championships is [here](#)
- Junior World Orienteering Championships is [here](#)
- World University Orienteering Championships is [here](#)

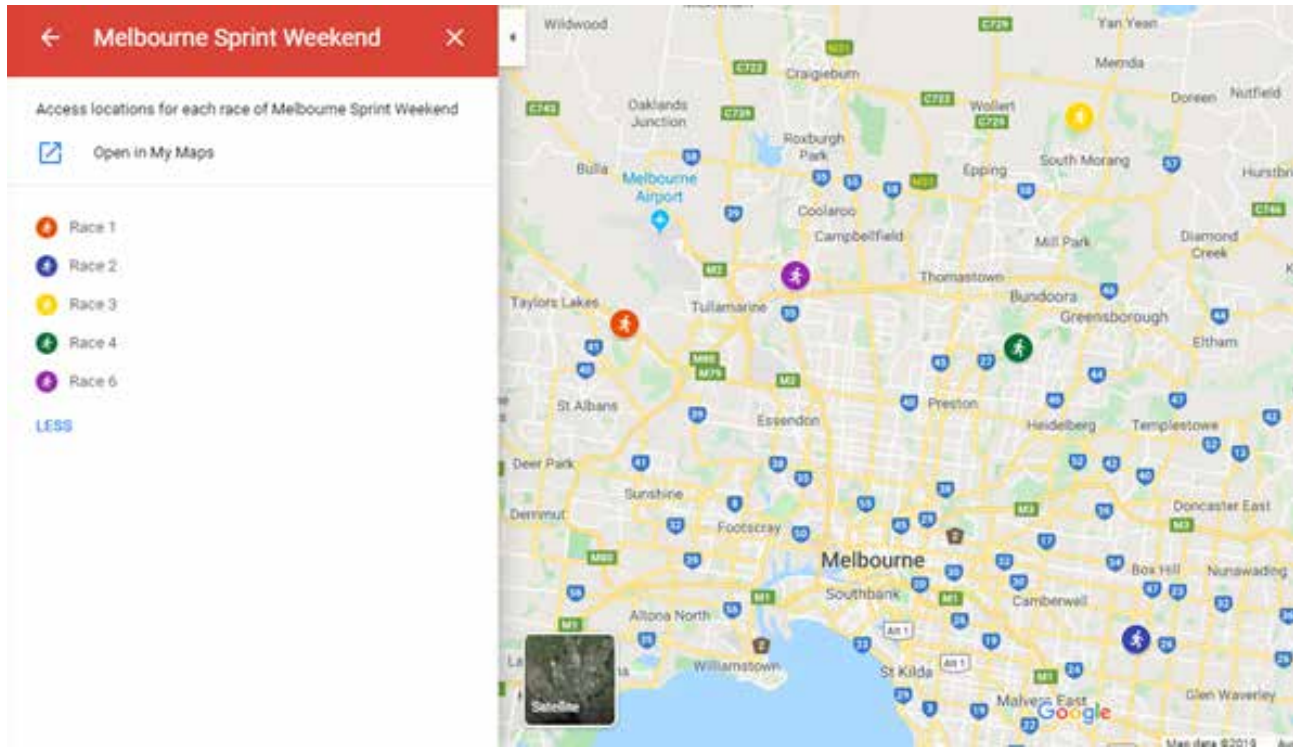


## PROGRAM AND RACE DETAILS

	Saturday 7 March		Sunday 8 March		Monday 9 March	
	1	2	3	4	5	6
	AM	PM	AM	PM	AM	PM
Location	Overnewton College Keilor	Deakin University Burwood	Granite Hills Park South Morang	La Trobe University Bundoora	TBA	Penola Catholic College Broadmeadows
Competitions	WRE NOL MSW	NOL MSW Uni Champs	NOL MSW	NOL relay MSW	MSW	MSW
Format	Individual	Individual	Pairs head-to-head race with loops	Relay for NOL Individual for all other classes	Individual	Individual
Planner	Bruce Arthur	Tim Hatley	Ted van Geldermalsen	Ian Dodd	Frédéric Tranchand	Brodie Nankervis
Event advisor	Blair Trewin	Barry McCrae	Alex Tarr	Geoff Adams	TBA	TBA
Start times	10:45-12:00	4:30-5:45	10:00-11:15	3:30-5:45	10:00-11:00	3:00-4:00
Presentations						4:30



## LOCATIONS



Click [here](#) to go to interactive Google Maps version on MSW website.

## APPROXIMATE DISTANCES BY CAR

Melbourne Airport to Overnewton College, Keilor	15 km, approx 15 mins, via Tullamarine Fwy, Western Ring Rd and Calder Fwy
Overnewton College, Keilor, to Deakin University, Burwood	40 km, via Calder Fwy, CityLink (toll) and Monash Fwy
Melbourne CBD to Granite Hills Park, South Morang	36 km via Eastern Freeway, Burke Rd, Rosanna Rd, Greensborough Rd, and Plenty Rd (access park via Cravens Rd and Hunters Rd)
Granite Hills Park to La Trobe University, Bundoora	16 km via Plenty Rd
Melbourne CBD to TBA	TBA
TBA to Penola Catholic College, Broadmeadows	TBA
Penola Catholic College to Melbourne Airport	10 km, approx 15 mins, via Western Ring Rd and Tullamarine Fwy

Note: Overnewton College and Granite Hills Park are not close to public transport. It is advised to seek alternate transport arrangements to and from these events.



## COURSE / CLASS DETAILS

Course	Classes	Distance (km) Indicative	No of Controls Indicative
1	M21E, M20E	3.5	24
2	W21E, W20E, M40, M Open, Senior boys	3.0	21
3	W40, W Open, Senior girls, M50, Junior boys	2.6	19
4	W50, Junior girls, M60	2.2	17
5	W60, W70+, M70+	1.8	16
6	W12, M12, M/W Novice Open	1.8	16

Indicative distances are running distances measured by the shortest feasible route. Actual distances and other details for each race will be shown in Bulletin Two.

Target winning times for all classes are 12 – 15 minutes.

Senior boys/girls = 20 years or under as at 31 Dec 2020.

Junior boys/girls = 15 years or under as at 31 Dec 2020.

M Open, W Open, and Novice Open are open to all ages.

Novice Open is a men/women combined class. Competitors in Novice Open may be shadowed or compete as a group. All other classes are only for individuals, competing without assistance.

Course 6 is easy navigation – Most legs between controls will be short, or will follow line features such as paths or building edges. Route choices will be simple and control sites will be obvious.

Classes that receive few entries may be combined with other classes.



## MAPS

Maps will be drawn or updated to ISSprOM 2019 as far as possible and will be printed on SRA4 size Pretex waterproof paper.

Map scale will be 1:4,000 for NOL classes - Courses 1 & 2. Maps for other courses and non-NOL classes may be enlarged to 1:3,000 where this will help readability and enjoyment.

Races 1 and 3 will use new maps. Others will be on updates of existing maps.

Races 1, 2, 4 and 6 are on complex university or college campuses – a mixture of man-made and park environment including: buildings, pathways, passages, gardens, man-made features, sports grounds, lakes, car parks, individual trees, bushland etc. Race 3 is on a hillside with scattered bush and boulders and irregular land forms due to quarrying. Event 5 is still in negotiation.

Copies of the previous maps for races 2, 4, & 6 will be displayed on the Melbourne Sprint Weekend website in February.

## SPORTIDENT TIMING

Sportident Air (SIAC) contactless punching will be enabled at all six races. SI units will be in “beacon mode” for contactless punching but will also record normal SI sticks that are “punched” in the normal way.

Competitors will be able to use their own SIAC or conventional Sportident stick. Competitors who wish to use contactless punching but who do not have their own SIAC can hire one for the weekend. If hiring a SIAC stick, the same stick will need to be used for all Melbourne Sprint Weekend events entered. The organisers will assign SI numbers to competitors who choose to hire SIAC sticks.

SIAC hire is a flat rate of \$10.50 for the weekend regardless of the number of races entered.

A charge of \$105 will apply if a hired SIAC stick is not returned at the end of the carnival.

## CLOTHING AND EQUIPMENT

Competition footwear: No shoes with metal spikes of any description to be worn at any race venue, except race 3 (Granite Hills Park) where normal bush orienteering shoes may be used.

Competition clothing: There are no special restrictions on clothing.

Competition number bib: All competitors will be required to wear a chest number “bib”.

## ACCOMMODATION

Melbourne has a large variety of accommodation options. Look at the common booking sites.

## EMBARGOES

The Melbourne Sprint Weekend venues are embargoed, as follows, for all intending competitors.

### **Overnewton College, Keilor**

The Overnewton College, Keilor campus is embargoed. This campus is private property and training or walking around the campus (i.e. scouting the campus) is forbidden. For staff and students of the college other activities including other sports events within the campus are not included in this embargo.

### **Deakin University, Burwood Campus**

No reconnoitring or training including training with one of the existing orienteering maps of the campus is permitted. Other activities including other sports events within the campus are not included in this embargo.

### **Granite Hills Park, South Morang**

The area bounded by The Lakes Boulevard, Plenty Road, Bridge Inn Road, and a north-south line between Wellington Street (Mernda) and Lamour Avenue (South Morang) is embargoed. All training and walking around the area (i.e. scouting the area) is forbidden.

### **La Trobe University, Bundoora**

No reconnoitring or training including training with one of the existing orienteering maps of the campus is permitted. Other activities including other sports events within the campus are not included in this embargo.

### **Penola Catholic College, Broadmeadows**

The Penola College, Broadmeadows campus is embargoed. This campus is private property and training or walking around the campus (i.e. scouting the campus) is forbidden. For staff and students of the college other activities including other sports events within the campus are not included in this embargo.



## HOW TO ENTER

All entries and payments for this event are to be made via Orienteering Australia's online entry system, Eventor.

Go to the [Eventor Event calendar](#) - Saturday 7 March 2020.

### To enter the whole weekend (all 6 races)

- Tick in box beside "Melbourne Sprint Weekend - All six races"
- If required, tick in box beside "Melbourne Sprint Weekend - SIAC hire"
- Then, at the top, click green "Enter selected events" button and proceed with entry.
- Enter additional family members on the same entry if required before going to payment.

### To enter some, but not all races

- Tick in the box/es beside "Melbourne Sprint Weekend - Race 1, 2, etc" as required, and continue as above.

### To enter additional people

Click on one of the brown links under the entry fee summary. A screen will appear allowing selection of additional people: choose the person, and a new entry will appear under the first one. Follow the steps for each person being entered. Payment will be totalled into a single transaction.

### Family entry

Family entry is capped at two adults and one junior; i.e. subsequent juniors are not charged. The family cap is applied automatically as part of the payment process, as long as all family members enter at the same time, and all family members reside at the same address.

### Split start time requests

Email the MSW organisers at [msw2020@vicorienteering.asn.au](mailto:msw2020@vicorienteering.asn.au) providing the names of competitors requiring split start times for child minding.

### WRE and Australian University Champs entries

All M/W Elite competitors who wish to receive World Ranking points for the WRE (Race 1) should email their name, class and IOF ID number to the MSW organisers to [msw2020@vicorienteering.asn.au](mailto:msw2020@vicorienteering.asn.au)

For the WRE, M/W20E competitors should enter M/W20E as for other races. M/W20E classes run the same courses as M/W21E. MSW organisers will compile combined WRE results lists.

Competitors entering the University Championships should select "University Champs" as a "service" when entering and forward an email to [Ian Prosser](mailto:Ian.Prosser@vicorienteering.asn.au) providing your name, student ID and university attended, and competition class entered in Race 2.

### NOL Sprint Relay Teams

NOL Sprint Relay teams will be arranged later by state team managers

## ○ ENTRY FEES AND DEADLINES

	M/W21E	M/W20E	Other classes - Adult	Other classes - Junior
<b>All six races</b>	\$120	\$76	\$108	\$60
<b>Per race</b>				
Race 1 (WRE)	\$24	\$20	\$18	\$10
Races 2 - 4 (NOL)	\$20	\$12	\$18	\$10
Races 5 - 6	\$18	\$10	\$18	\$10

SIAC hire: \$10.50 (flat rate for all six races)

Normal entry deadline: Sun 23 Feb 2020, 11:59 pm AEDT

Late entry deadline: Thu 27 Feb 2020, 11:59 pm AEDT

Late entry fee: \$4.00 per race

