



**ORIENTEERING NSW**



**GARINGAL**  
ORIENTEERS

**“2020” NSW MIDDLE DISTANCE CHAMPIONSHIPS: SATURDAY 10 APRIL 2021**

**“2020” NSW LONG DISTANCE CHAMPIONSHIPS: SUNDAY 11 APRIL 2021**

**EUGOWRA ~ CENTRAL NSW**



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### **“2020” NSW Championships being held in 2021!!**

After being postponed in 2020 – the “2020 NSW Championships” are planned for the week after Easter 2021.

(The **2021** NSW Orienteering Championships will be held in Sept 2021.)

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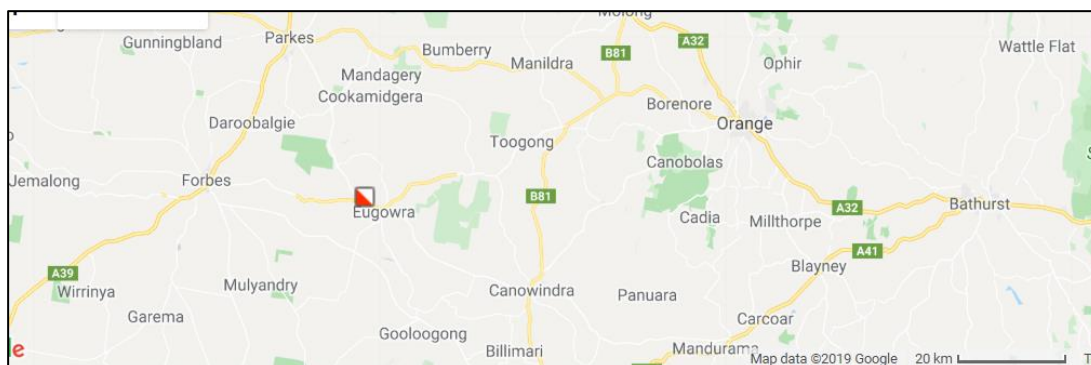
Garingal welcomes you back to Eugowra – the home of the 2004 Australian Championships. The Seldom Seen map presents a real orienteering challenge that will test your orienteering skills in complex granite terrain.

This weekend of high-quality orienteering includes the “2020” NSW Middle Distance Championship on Saturday and “2020” Long Distance Championship on Sunday. Neither event will be included in the 2021 NSW State League point score.

Please keep informed of the latest news about the event which will be posted on the Eventor Web Page. An “event” will also be maintained on the Garingal Facebook page with news updates.

Due to the COVID-19 pandemic, this event will be conducted in compliance with all Public Health Orders and Government guidelines that apply at event time. Physical distancing and other management strategies are expected to apply for the event.

## **Location:**



Eugowra, NSW is about 82km west of Orange (60 Min drive), 350km from Sydney airport (allow 5-6 hours), 250km from Canberra Airport (allow 3.5 hours).

## **Program:**

Saturday 10<sup>th</sup> April 2021 – “2020” NSW Middle Distance Championship

Sunday 11<sup>th</sup> April 2021 - “2020” NSW Long Distance Championship

## **Entry Procedure and Fees:**

Pre-entry and payment of fees for the two events can only be made through [Eventor](#).

## **Enter on the Day (EOD):**

There will be a limited number of Enter On Day maps; but not all hard courses will be available (EOD HL, EOD HS, EOD M, EOD E, EOD VE).

**String courses** will not be available.

**Family Discount** - The family discount aims to help keep the sport of orienteering affordable for families. A family is defined as 2 adults plus any number of their junior or sub-junior dependents. The fourth family member and any subsequent family members will not be charged an entry fee for events. This is automatically calculated by Eventor as long as all family members are entered at the same time as part of one combined entry. On the confirmation screen under Order entry, you will see that the family discount is applied.

## **Age Class at “2020” – Class / Course**

As this is the 2020 Championships (being held in 2021) you will be running in your age class as if it were 2020. Please enter the event using your age class in 2020 - Just pretend the last year with COVID-19 had not happened!

## Entry Fees

	Saturday 10 <sup>th</sup>	Sunday 11 <sup>th</sup>
	NSW Middle Champs	NSW Long Champs
Adult (Member)	\$30	\$35
Junior (Member)	\$20	\$23
Sub-Junior <13yo (Member)	\$15	\$17
Non- members	Add \$4 to the relevant entry fee	

SPORTident stick hire - \$4  
(note that these are S18 models which do not accommodate contactless punching)

**Whistles** are recommended.

### **Landholder Donation:**

Please note that \$1 of the entry fee on each day will be given to the Landholders to recognise their support and assistance for our Orienteering event.

### **Punching System:**

SPORTident timing will be used for both events.  
All field units will be enabled for **SIAC contactless punching**.

### **Closing date for entries:**

**Standard Entries** : **Sunday 21 March 2021 - midnight**

Late Entries : Sunday 28 March 2021 – midnight – a \$10 late entry fee will apply.

### **The Rules:**

Competition Rules: In addition to Orienteering Australia Competition Rules, competitors should familiarise themselves with [ONSW Competitors Rules for Foot Orienteering](#).

### **Shadowing - "M/W10N"**

Orienteers in M/W10N shall be permitted to receive assistance on the course (shadowing or direct assistance) and shall also be given the opportunity to study their course with a parent or mentor for up to 10 minutes before their start time. M/W10N is not an orienteer of the year class. Times shall not be recorded for this class.

Shadowing parents or coaches must run their own course before shadowing novices.

### **Start Times:**

There will be pre-allocated start times and a punching start.

**Split Starts:**

Families requiring split start times should kindly email the organiser (Rod Eckels rod@slekce.com) with your preference details before 24 March 2021.

**Insurance:**

Insurance against accidents and in case of injury is the responsibility of participants. We strongly recommend overseas participants have appropriate travel insurance.

**Risk Waiver & Acknowledgments** (including Parents and Guardians Acknowledgements)

It is a condition of entry that participants agree to the Entry Terms and Conditions for this event, which are available on Eventor as a document. The Entry T&Cs include a waiver and acknowledgment of risks and use of photographs including for parents and guardians of any children who enter.

**COVID-19**

Due to the COVID-19 pandemic, this event will be conducted in compliance with all Public Health Orders and Government guidelines that apply at event time. Physical distancing and other management strategies are expected to apply for the event. Further information will be included regarding what measures will apply closer to the event.

Should the event need to be postponed or cancelled or entrants are unable to participate due to COVID-19 restrictions or health issues, refunds of entry fees will be made available.

Please note that some implications of running the event under the NSW COVID-19 plan are:

- There will be no Presentations for event winners at the Arena - Prize winners will be sent their awards after the event
- Each competitor will need to bring their own water and food to the Arena. Food and Water will not be provided by the organisers.
- Real time results will be available by internet (on your phone) – but not via Real time Displays at the arena.

Organisers will provide

- Port-a-Loos
- Hand Sanitisers

### **Accommodation:**

Eugowra has limited accommodation (listed below). Accommodation is available in surrounding towns – Parkes, Forbes, Cowra, Orange etc

- a) Eugowra Central Hotel has 6 rooms. The local pub has 6 rooms and serves meals on Thurs, Fri and Saturday nights. For accommodation contact John and Vicki Den (02) 6859 2702, (0417) 202 937 – Johnvickiden@yahoo.com.au.
- b) Eugowra Showground has plenty of room for campers
  - A selection of powered and unpowered sites
  - Excellent Amenities block
  - No clothes washing facilities
  - A large Hall for socialising

For bookings and payment please call Kevin Townsend (0427) 639 701, groundsman@eugowrashow.com.au.

If sending payment by EFT – please include Orienteer\_Surname as a Reference

- c) AirBnB – we understand that some AirBnB options will be available in 2021 – please check on website before event

Note: Eugowra Bowling Club offers Chinese meals from Tuesday – Sunday from 6pm

Note that the [2021 Orange Food and Wine Festival](#) is scheduled to be conducted from Friday 9 April until Sunday 18 April. Whilst this will make for excellent pre- and post-event refreshment, it may cause accommodation in Orange to be tight.

### **Embargoed Areas:**

The map lies entirely on Private Property – and is embargoed until Saturday April 10, 2021.

Apart from participation in Orienteering NSW events, you may **not** use the event maps for navigation or access the event areas without specific written permission of the Property Owners and Garingal Orienteers.

### **Previous Use:**

Both championship events will be held on the “Seldom Seen” map that was used for the 2004 Australian Championships

**Website for further information:** [www.garingal.com.au](http://www.garingal.com.au)

### **Other information:**

This is an historical area and these sites are worth visiting

<http://www.eugowra.aus.net/>

## “2020” NSW MIDDLE DISTANCE CHAMPIONSHIPS: SATURDAY 10 APRIL 2021

**Location:** Eugowra, NSW

**Key Officials:**

<b>Organiser:</b>	Rod Eckels : (0416) 812 054 - Email: rod@slekce.com
<b>Course planner:</b>	Tony Hill
<b>Event and Course controller:</b>	Graeme Dawson

**Map: Seldom Seen 2004** (mapped by Eric Andrews)

Field checked in 2020 by Hugh Moore, Graeme Dawson, and others

Scale: 1:10000 (Very Easy Course 1:5000);

Contour interval 5m

**Starts: “2020” NSW Middle Distance Championship:**

Allocated Starts: 12:30 – 14:30

Course Closure: 17:00

**Course Structure:**

<b>“2020” NSW Middle Distance Championship</b>		
<b>Course</b>	<b>Classes</b>	<b>Winning Time(min)</b>
Hard 1	M21A, M35A	30-35
Hard 2	M18A, M20A, M40A, M45A, M50A, M55A, W21A	30-35
Hard 3a	M16A, M60A, M65A, M21AS	30-35
Hard 3b	W16A, W18A, W20A, W35A, W40A, W45A, W50A, W55A, W60A M35AS, M70A	30-35
Hard 4	M75A, M45AS, M55AS, W21AS, W65A, W70A, W35AS, W45AS, W55AS	30-35
Hard 5	M80A, M85A, M65AS, W75A, W80A, W85A, W65AS	30-35
Moderate	M14A, W14A, MOpenB, WOpenB, MJuniorB, WJuniorB	25
Easy	M12A, W12A, Open Easy	25
Very Easy	M10A, W10A, M/W10N*, Open Very Easy	20

\* Shadowing is allowed for this class. Times are not recorded.

**EOD** - There will be a limited number of Enter On Day maps:  
(EOD HL, EOD HS, EOD M, EOD E, EOD VE).



## "2020" NSW LONG DISTANCE CHAMPIONSHIPS: SUNDAY 11 APRIL, 2021

**Location:** Eugowra, NSW

**Key Officials:**

**Organiser:** Rod Eckels :  
(0416) 812 054 - Email: rod@slekce.com

**Course planner:** James Lithgow

**Event and Course controller:** Barbara Hill

**Map: Seldom Seen 2004** (mapped by Eric Andrews)  
Field checked in 2020 by Hugh Moore, Graeme Dawson, and others

Scale: 1:10000 (Very Easy Course 1:5000);  
Contour interval 5m

**Starts: "2020" NSW Long Distance Championship:**

Allocated Starts: 9:30am – 12 noon

Course Closure: 3.30pm

**Course Structure:**

<b>"2020" NSW Long Distance Championship</b>		
<b>Course</b>	<b>Classes</b>	<b>Winning Time(min)</b>
Hard 1	M21A	75-90
Hard 2	M20A, M35A, M40A	70
Hard 3	M18A, M45A, W21A	60-70
Hard 4	M50A, M21AS, W20A, W35A, W40A, W45A	55
Hard 5	M16A, M55A, M60A, M65A, M35AS, W18A, W50A	50
Hard 6	M70A, M45AS, W16A, W55A, W60A, W21AS	50
Hard 7	M75A, M55AS, W65A, W70A, W35AS, W45AS, W55AS	50
Hard 8	M80A, M85A, M65AS, W75A, W80A, W85A, W65AS	50
Moderate	M14A, M Open B, M Junior B, W14A, W Open B, W Junior B	40
Easy	M12A, W12A, Open Easy	30
Very Easy	M10A, W10A, M/W10N*, Open Very Easy	20

\* Shadowing is allowed for this class. Times are not recorded.

**EOD** - There will be a limited number of Enter On Day maps:  
(EOD HL, EOD HS, EOD M, EOD E, EOD VE).