

## Competitor Information for Monash Indoor Outdoor Sprint

**Directions and Parking** – enter the Monash Clayton Campus at the main entry (Scenic Boulevard) from Wellington Road. All car parks are free of charge and do not require permits on Sunday. To reach the closest car park to the arena, turn LEFT at the first roundabout; the car park is on your left. If that is full, use the large visitor car park on the RIGHT of Scenic Boulevard. Follow orienteering signs to the northern side of the Learning and Teaching Building.

**Registration and Payment** – all competitors will need to pay, and receive control descriptions and a Start ticket. If you are using a different Sportident stick to the one you entered with, you will need to tell us at Registration (NOT at the Start or Finish!) Entry is \$12 for adults, \$6 for juniors.

**Amenities** – use toilets inside the LTB. These are only accessible by one door and you MUST follow the taped route once inside. You must come straight back outside via the same route. Please be careful as there will be competitors in this vicinity, approaching the northern building exit from multiple directions. The cafes will be closed.

**Air quality** – the forecast for Sunday is MODERATE, and improving. We do not expect any issues. However should conditions deteriorate we have a contingency – the event will definitely go ahead.

**Start** – at 1 minute intervals, between 10.30am and 11.30am.

**Finish** – all competitors must check in at the Finish, even if they did not complete their course.

**Gear** – please do not wear spikes or studded shoes.

**Courses** – Unlike the previous Indoor/Outdoor event, this is a combined race. Courses 1 and 2 have more than 30 controls in total, and all courses are longer than conventional Sprints (think of it as a double sprint, with no rest break). You WILL get your money's worth!

The first section of every course will be Indoors, using multiple levels and several stairs (and may have route choices external to the building). The map will be 1:1000 scale. At the changeover point, you will need to turn your map over to see the Outdoor course, at 1:4000 scale. The remainder of the course will be Outdoor.

### Reminders from Fredo:

- many controls in a small area: be careful to visit the right controls in the right order
- do not assume anything from last time; some doors that were open last time might be closed now, and vice versa. Follow the map!
- No tapes from the last control to the finish

**Note about SI sticks:** Courses 1 and 2 have more than 30 controls over the combined course. Some SI sticks do not hold more than 30 punches. Competitors who have entered with a v5 or v8 SI stick have been emailed separately to notify them that they will need to exchange their SI stick at Registration.

**Have fun!** All proceeds after expenses will be used to cover costs of the Coach In Residence Program, which DROC is proud to support.