



# RROC WORKSHOP

## 2020

### Course Setting, Event Organising, MapRun

**Date:** Sunday, February 2, 2020

**Map:** Toowoomba Grammar School, Herries St entrance. There will be some parking inside

Range Runners philosophy is 'Minimum effort, maximum fun!' Come and see how to put on a great event with the minimum of effort and time. Families are only expected to volunteer ONCE per year.

**Age expectations** – The minimum age for a Level 0 coach is turning 15 by Dec 31. The minimum age to coach (and get paid for) Sporting Schools is 16. Young teenagers can begin by setting easy and very easy courses if they are not yet ready to set moderate and hard courses. Beginners always start by setting park/sprint events.

**Program:**

9.00am - **Event organisation and care of club equipment** – to share the workload and increase the fun factor for everyone, this session is a must. Learn what is expected of the event organiser, plus assembly area set up and pack up and the trailer (really important to minimise effort and maximise fun)

10.30am – Morning tea (provided – let me know dietary requirements - email below)

10.45am – **Course setting** – either **learning how for newcomers** or setting courses for those who have already volunteered. **There will also be some fun exercises for the experienced course setters** to show off their skills. Sadly, Corpse, the free software that we were using, is no longer supported, so we are now using Purple Pen. It is free to download, but you may have problems getting it onto a Mac. Let me know. [http://www.o-ware.com/corpse\\_desc.html](http://www.o-ware.com/corpse_desc.html) <http://purplepen.golde.org/> .

12.30pm - Lunch (provided – let me know dietary requirements -email below).

1.15pm - Setting up **MapRun** courses. MapRun is becoming more and more popular because it **involves minimal effort on the day**. However, it does **require some set up beforehand, and again, we can't keep relying on the same people to be doing all the work**. Join in this session so you can help to share the workload and increase the fun for everyone. Requirements for MapRun are access to the internet. Using Purple Pen may be an advantage, but not necessary.

**Please make every effort to come along. If you can't make it to the whole day, that's ok. Orienteering is a heap of fun, but it does some time commitment from everyone. A little effort from a lot of people is far more sustainable than a lot of effort from a few people.**

Contact: Felicity Crosato [rroc@oq.asn.au](mailto:rroc@oq.asn.au), or phone 46981538 / 0427523541. Register on Eventor <https://eventor.orienteering.asn.au/Events/Show/9682>

And don't forget to register for the MapRun event at Queens Park in the afternoon (starts from 4pm or 3.30 if not too hot!) <https://eventor.orienteering.asn.au/Events/Show/9643> . A huge thank you to Riley and Blake, not only for the event but for helping to make this much more challenging and detailed map!