

Pre-Easter competition and training



In collaboration with Red Roos and Rogaine ACT

Proudly Presents

Mongarlowe Map Madness!

March 28/29 Charleys Forest near Braidwood

Join us for this great opportunity to blow away the navigational cobwebs and prepare for the upcoming season. There's competition, coaching, learning new map-based skills, camping and a whole lot more.

Program of events

Saturday 28 March

Time	What	Where	Notes	
9.30 - 11am	MTBO training	Kowen Forest	One or the other – sorry, can't do both 😞	Marina
10 - 11.30am	Focus on Girls Orienteering instruction for girls 9-14years	Charleys Forest		Toni
12 - 3pm	Classic Series Middle Distance	Charleys Forest	OACT Classic Series	Bushflyers
3 - 6pm	Set up camp, swim, dinner, relax.	Camping area on site	Settle in and meet your tribe!	
7 - 8pm	Evening Armchair Session on MTBO	Moon Cottage – on site	Repeat of popular "How to use MTBO to improve your Orienteering Skills"	Marina
Evening	Camping and socialising	Camping area	All Welcome	

Sunday 29 March

Time	What	Where	Notes	
9.30 - 11am	Morning Rogaine Armchair (9.30-10 then 10.15 to 11am planning period)	Moon Cottage – on site	Rogaine planning time – how to do effectively?	Julie
11am -1pm	Option 1. Your first Rogaine OR	Charleys Forest	2 hour introductory rogaine	David
9.45 -10.45am	Option 2. 60 minutes individual or team Score O*	Charleys Forest	Just for fun!	Bushflyers

Swimming and heading home

*Score O Visit controls in any order. Controls are attributed a value and the goal is to find as many controls within 60 minutes. The winner is the one with the greatest number of points in that time.

Register for Saturday's Classic Series middle distance [here](#)

Register for Sunday's rogaine, camping, and all other activities [here](#)

Location: Approx. 100km (75 mins) from Canberra CBD, Approx. 340 km from Sydney (3 ½ hours)

Camping Available on site. BBQ, Swimming hole, hot shower, flush and bush loos.

For general information: Toni Brown totoni@inet.net.au or OACT office office@act.orienteeing.asn.au (02) 6162 3422 Mon, Tue, Thu 9am to 1:30pm

MTBO information: Marina Iskhakova Marina.Iskhakova@gmail.com or call 0461 412 308 310

Enter on day available subject to availability of maps. No EFTPOS at event please pre-enter to be sure of a map Rogainers – to secure a map and pay on the day email totoni@inet.net.au

Camping fees to support Mongarlowe Rural Fire Service.