

ENTRY INFORMATION EAST COAST 3-DAYS

Location:

St Helens

Date:

7th to 9th of March 2020

Event Category:

Statewide

Event Series Information:

- **Saturday 7/03** – “Mystery event”
- **Sunday 8/03** – OST 1 (long distance)
- **Monday 9/03** – OST 2 (middle distance)

About This Event:

This long weekend sees the traditional opening of the 2020 Tasmanian orienteering season with 3 events brought to you by EVOC; a low key “mystery” event on Saturday afternoon, followed by OST events 1 & 2 on Sunday and Monday morning.

Where is the Start?

There will be a common arena for all three events. From St Helens town centre head west on Quail St to the T junction. Turn right onto Medea Cove Esplanade. Medea Cove changes to Eagle St then becomes Argonaut Rd. Continue on Argonaut Rd. to the arena, 4.3km from the bridge across the Golden Fleece Rivulet. Coordinates -41.309600, 148.168413 OR 41°18'34.6"S 148°10'06.3"E.

When Can I Start, When Do I Have to Finish and Where are the Start and Finish?

- **Saturday:** Briefing at 1:45 pm and mass start at 2:00 pm except for the beginners’ course with starts anytime between 2:01 pm and 2:30 pm. Course closure is at 3:00 pm. The start and finish for this event are at the arena.
- **Sunday:** You can start anytime between 9:30 and 11:00 am. Course closure is at 1 pm. There is an 800m (10-12 min) walk to the start. The finish is at the arena.
- **Monday:** You can start anytime between 9:30 and 11:00 am. Course closure is at 12:30 pm. There is a 1.5km (20-25 minutes) walk to the start and a 1km walk back from the finish to the arena.

Starting as early as possible gives you more time to complete the course.

If you will not be able to complete your course in time you will need to abandon it and head back to the arena to arrive by course closure time. Whether or not you have completed your course, you must download your SI at the computer, so that we know you have returned safely, and don’t organise a search party for you. Also be aware that as soon as the course is closed, the organisers start bringing in controls.

What Are The Courses?

- **Saturday:** the format of this mass start “Mystery” event will be explained in a briefing at 1:45 pm. The 3 classes for the “mystery” event are:

Heavyweight: ~3.5 km

Middleweight: ~ 2.5 km

Lightweight: ~ 1.7 km

There is also a Beginners course of ~ 1.4 km

- **Sunday:** Long distance event with full OST set of courses (see table below)
- **Monday:** Middle distance event with full OST set of courses (see table below)

COURSE	NAVIGATION STANDARD	APPROXIMATE DISTANCES SUNDAY	APPROXIMATE DISTANCES MONDAY	AGE GROUP CLASSES
1	Hard	9.2 km	4.6 km	M21
2	Hard	7.2 km	3.5 km	W21 M17-20, M35, M40
3	Hard	6.2 km	3.4 km	W17-20, W35 M16, M45, M50, M Open AS
4	Hard	5 km	3.2 km	W16, W40, W45, W50, W Open AS M35-50AS, M55, M60
5	Hard	3.7 km	2.5 km	W35-50AS, W55, W60, W65, W70, W75 M65, M70, M75
6	Hard	2.7km	2.2 km	W80+, M80+ M/W Open A, M/W55+AS
7	Moderate	3 km	2.1 km	W14, W16+B M14, M16+B M/W Open B
8	Easy	2.3 km	1.8 km	W12, W14B M12, M14B M/W Open C
9	Very Easy	1.5 km	1.8 km	W10, W12B M10, M12B

Do I need an e-stick or P card?

All Tasmanian Orienteering clubs use the SportIdent (SI) electronic punching system so an e-stick or a P card is required at all events. If you do not own an e-stick or P card, you can hire one for \$4 at the event. These are also available for purchase at most events. Please note that P-cards are not suitable for courses with more than 19 controls, so talk to the registration team if you have this

problem.

How Do I Enter?

Pre-entry via Eventor. Deadline for entries is **MIDNIGHT Sunday March 1st**.

Newcomers may enter the beginner's course (Saturday) and course 7 or 8 (Sunday & Monday) on the day of the event.

How Much Does It Cost To Enter?

Event Fees	Adult	Adult	Youth or Concession	Youth or Concession	Family	Family
	Casual Member	Full Member	Casual Member	Full Member	Casual Member	Full Member
Saturday (Mystery event)	\$12	\$8	\$6	\$4	\$30	\$20
Sunday and Monday – OST events	\$24	\$16	\$12	\$8	\$60	\$40

Who are the Course Planners and Course Controllers?

- **Saturday:** Course setter Paul Pacque
- **Sunday:** Course setter Joe Dickinson; controllers Ken McLean & Roger Harlow
- **Monday:** Course setter Christine Brown; controller Roger Harlow.
- **Helpers:** all EVOC members (hint)! Volunteers from other clubs (especially those willing to help with control collection) will be showered with praise (another hint)!

Which Map Is Being Used?

- **Saturday:** Moonscape; scale 1:7,500; 2.5m contours
- **Sunday:** Golden Fleece; scale 1:10,000; contours 2.5m.
- **Monday:** Golden Fleece; scale 1:7,500; contours 2.5m.

Information for Newcomers

There are courses suitable for newcomers at all 3 events.

Newcomers may enter on the day at the event, to do the “beginners” course (easy navigation; Saturday) and either course 7 (moderate navigation; class M/W Open B) or course 8 (easy navigation; class M/W Open C) (Sunday and Monday).

General information for newcomers is available on the website under [Get Involved](#)

What Else Do I Need To Know?

All participants in events conducted by Orienteering Tasmania and its affiliated clubs are required to register. There are two categories of registration, either as a full member or as a casual member. Further details are available on our About Membership page.

As Orienteering Tasmania events are often conducted on private property we have blanket policy of not permitting dogs at our events. Please leave your dog at home if going orienteering.

Social events

- Everyone is invited to the traditional get together at Binalong Bay on **Sunday evening 8th March**. However (unless someone volunteers) there will be no gourmet catering this year. If you want food BYO absolutely everything (sorry). Coordinates -41.250867, 148.308405.
- A lunchtime BBQ will be provided on Sunday and Monday. This is a fundraiser for the Tasmanian School Team.
- The Annual General Meeting of Orienteering Tasmania will be held on **Saturday 7th March** at the Bayside Inn, St Helens. Please go to their Conference Room at 4.45pm for a 5.00pm sharp start. The meeting will take approximately 45 minutes and afterwards we hope you stay on for drinks, a meal and socialising! A good selection of counter meals is available that can be ordered as soon as the meeting has finished

Need a lift to the Event?

Hobart area: call Mike Calder on 0448 566 157

Launceston area: call Paul on 0431 663 379

They will attempt to find a friendly orienteer with a spare seat.

Contact Information

Saturday event and general inquiries: Paul Pacqué: paulpacque@internode.on.net or 0431 663 379

Sunday event: Joe Dickinson: josephdickinson55@gmail.com or 0419 968 999

Monday event: Christine Brown: christine.brown@education.tas.gov.au or 0439 443 367