

## **Myers Lookout, Crows Nest**

## **Sunday, 22 March, 2020**

Map: Myers Lookout, Scale - 1:10000. Undulating to steep spur gully with sections of complex granite.

Starts: From 9-10am.

**Facilities:** Bush toilet.

<u>Courses</u>: Very Easy, Easy, Moderate 2 - 3.0km 80m climb, Moderate 1 – 4.0km 100m climb, Hard 3 –

2.7km 80m climb, Hard 2 – 5.0km 165m climb, Hard 1 – 7.4km 280m climb

For students wishing to trial for the Darling Downs School Sport team, the standard for Qld Schools competition is:

Boys/Girls 11 yrs (born 2009 or later) – Very Easy Junior Boys/Girls – Moderate (born 2005 or later)

Boys/Girls 13 yrs (born 2007 or later) – Easy Senior Boys/Girls – Hard (born 2004 or earlier)

However, you are welcome to step up or down a level depending on your experience.

## **Directions:**

From **Toowoomba**, take the New England Highway into Crows Nest. At the police station (signposted to Crows Nest National Park), turn right into Albert St. Follow this out of town, past the turnoff to the National Park. The assembly area is about 1km past this turnoff. Park on the road, assembly is on the right.

From Brisbane, through Esk, towards Crows Nest, just before Ravensbourne, turn right towards Perseverance Dam. This eventually brings you to a cross roads, turn right, signposted to Crows Nest. Follow this road all the way through, turning right as it becomes a 'No through road' (Albert St). Continue as above.

## **Entry fees:**

	Junior	Senior	Family
OQ Members	\$6	\$10	\$26
Non-members	\$9	\$13	\$35

SI sticks available for hire - \$2, compasses can be borrowed

**Notes:** CHANGES DUE TO THE CURRENT HEALTH ENVIRONMENT

- Bring your own water, including to carry on the course, and hand sanitiser
- Please pre-enter as there will be no map recycling keep your map
- There will be no results display
- Remember good hygiene at all times.

This event is suitable for newcomers. Register online <a href="https://eventor.orienteering.asn.au/Events/Show/9819">https://eventor.orienteering.asn.au/Events/Show/9819</a> or email Felicity <a href="mailto:roc@oq.asn.au">roc@oq.asn.au</a> .

**Sometimes late changes are necessary** – always check the Eventor website or Range Runners facebook page before leaving home.

Phone contact before the day – 46981538, or on the day – 0427523541