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GENERAL

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INTRODUCTION

Melbourne Sprint Weekend (MSW) is a series of six exciting sprint orienteering races over the three days of Victoria's March long weekend. Courses are offered to suit everyone who enjoys sprint orienteering, from age 12 and under, to 70+, and from novice to elite.

Races are on predominantly campus terrain, with one bush event.

The four Saturday and Sunday races will double as Round 1 of Orienteering Australia's National Orienteering League (NOL) and will also be Australian selection trials for the World Orienteering Champs (WOC), Junior World Orienteering Champs (JWOC) and World University Orienteering Champs.

New in 2020 will be a special competition with prizes for under-25 competitors running the elite classes. There will also be an exciting knock-out sprint competition for elite classes on Day 3.

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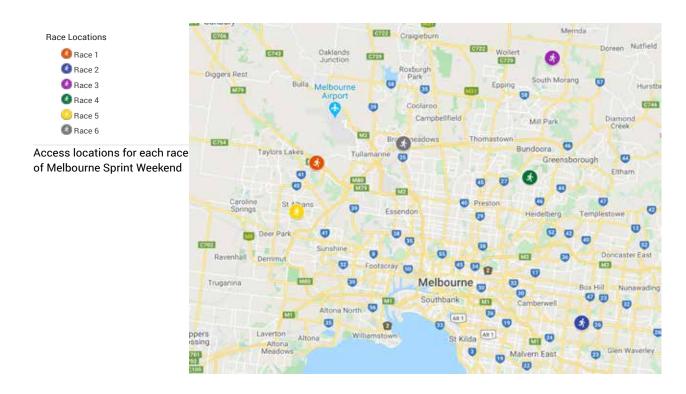
PROGRAM

	Saturday 7 March		Sunday	Sunday 8 March		Monday 9 March	
	1	2	3	4	5	6	
	AM	PM	AM	PM	AM	PM	
Location	Overnewton College Keilor	Deakin University Burwood	Granite Hills Park South Morang	La Trobe University Bundoora	Victoria University St Albans	Penola College Broad- meadows	
Competitions	WRE NOL MSW	NOL MSW Uni Champs	NOL MSW	NOL relay MSW	MSW Knockout Sprint	MSW Knockout Sprint	
Format	Individual	Individual	Pairs head- to-head race with loops	Relay for NOL Individual for all other classes	Knock-out sprint for elites. Individual for others	Knock-out semifinals & finals. Individual for others	
Planner	Bruce Arthur	Tim Hatley	Ted van Gelder- malsen	Ian Dodd	Frédéric Tranchand	Brodie Nankervis	
Event advisor	Blair Trewin	Barry McCrae	Alex Tarr	Geoff Adams	Warwick Williams	Warwick Williams	
Start times	10:45-12:00	4:30-5:45	10:00-11:15	3:30-5:45	09:15-11:30	2:25-4:20	
Present- ations						4:30	

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O LOCATIONS



Click here to go to interactive Google Maps version on MSW website.

Traveling by public transport

If you are planning on traveling by public transport to all other events, please download the <u>PTV</u> app in order to plan your trip.

Note: Overnewton College and Granite Hills Park are not close to public transport. It is advised to seek alternate transport arrangements to and from these events.



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O EVENT TEAM

Technical Director: Ted van Geldermalsen
Event Organiser: Margi Freemantle
Entries: Margi Freemantle
OE setup, start lists: Simon Rouse

On-the-day IT/Results: Ian Dodd, Debbie Dodd & Jim Russell

Map Printing: Jim Russell (Stay in Control)

Equipment: Carl Dalheim

Registration: Pam King, Ilze Yeates
Start Managers: Anne Arthur, John Meeking

KO Start Manager: Nicola Dalheim

Commentary: Brody McCarthy, Carl Dalheim & friends First Aid: Glen White, Lyn Green, Anne Arthur

Social Media: Patrick Jaffe

Design: Stuart McWilliam (stuartconcepts)

Under 25 competition: Asha Steer
Prizes: Anne Robinson

Contact details

Website: <u>vicorienteering.asn.au/msw2020</u>

Facebook: facebook.com/VicOrienteering/

Enquiries: MSW2020@vicorienteering.asn.au

or Ph. 0428 618 848 (Margi Freemantle)



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MSW EVENT INFORMATION

Registration and Competition Bibs

On arrival at the first race all competitors must collect their competition bib, and hire SIAC if applicable, and pay any outstanding money (or collect refunds). Safety pins for bibs will be available if you haven't brought your own. Registration will be at the gymnasium.

All competitors are to wear their competition bib for all races.

Competition bibs for the NOL relay will be issued later.

Event Centre Opening Times

Please pay attention to the event centre opening times. Due to the nature of MSW and the two races in one day, the event centre set up will not be completed before this time. Therefore competitors are requested not to arrive before these times. This is to maintain fairness for all competitors as well as give the organisers the required time to set up the event centre.

Safety and Traffic

All the venues will be open to the public during the competitions. Competitors need to be aware of moving cars on the roads and in car parks plus foot traffic. Competitors must exercise caution at blind corners, near doorways etc. to avoid the possibility of collisions with other competitors and people who may be unaware of the orienteering event. Please respect all pedestrians and give them the right of way.

Security

Events are in public areas. Remember to lock cars and keep possessions secure at the arenas.

Extreme Weather

Orienteering Victoria policy is for events to be cancelled on Code Red days.

In other extreme weather conditions, the organisers will make an informed decision (i.e. consult BOM etc.) to cancel or go ahead.

Snakes

As MSW2020 is being held in summer there is a possibility that snakes may be active in some of the competition areas or nearby.

Please report snake sightings to the event officials so other competitors / spectators can be advised of the snake sighting area.

If you come across a person who has been bitten by a snake out on your course:

- Attract another competitor to help by going to seek medical help
- Keep the affected person calm and as still as possible until help arrives
- O DO NOT apply a tourniquet, cut the wound or attempt to suck the venom out
- Avoid washing the bite area any venom left on the skin can help identify the snake

A pressure immobilisation bandage will be located in the event First Aid kit located at Registration.

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First Aid

First Aid will be available at the Information desk if required.

Water

Water will not be supplied at the events. Please bring your own.

Clothing and Equipment

Competition footwear: No shoes with metal spikes or metal studs of any description are to

be worn at any race venue, except race 3 (Granite Hills Park) where

normal bush orienteering shoes may be used.

Competition clothing: There are no special restrictions on clothing.

Running shorts and tops are suitable for all events.

Coffee

Takeaway coffee providers have been booked for each of the morning races and may also come to the afternoon races depending on weather and demand. You are encouraged to bring your own reusable cup.

O Shop

A small selection of Orienteering gear will be for sale at the events should you want to boost your O kit, or if you forget to bring an essential item.

No Smoking

No smoking is allowed at any of the events. All venues are non-smoking.

Dogs

Dogs are not permitted at any of the race venues.

Rubbish

Please do not leave rubbish lying around. Take it away with you when you leave.

Club Tents and Banners

Only free standing tents and club banners that do not require tent pegs and banner spikes can be used at any of the campus races. Tent pegs or banner spikes are not permitted to be used.



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MELBOURNE SPRINT WEEKEND COMPETITION



Points will be allocated for each race and the overall places in each class will be based on a competitor's best 5 results. Rankings will be progressively published on Eventor and displayed at events. View the progressive rankings on <u>Eventor</u>.

At each race, the winner of each class scores 100 points; second place scores 99 points, etc. All competitors score points for each race they finish. If a competitor starts, but does not finish a race, they will score 5 points for that race.

The NOL relay will be planned so that all runners complete the same course (in different orders) hence enabling individual places and MSW points to be determined.

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PRESENTATIONS

Prizes and certificates will be presented to the overall carnival winners in each class. The presentations will be held in the arena at MSW 6 Penola College at 4.30pm, immediately after the knockout sprint finals. Certificates will also be presented to race winners after each race.

Spot Prize Draw

The final presentations will include a spot prize draw for a STR8 compass for all competitors who enter all six races. You must be present to be eligible. If necessary there will be a redraw process until a winner is found.



Contact warrenkey@me.com for Str8 compass queries.



UNDER 25 COMPETITION



This year we are introducing a special competition for Under-25 competitors.

This is not just your standard competition! There will be secret split time legs, and prizes will be awarded to the overall fastest M and W competitors on these legs in the first three MSW races.

So what are the details?

- First up you must run either M/W20E or M/W21E and be under 25 years of age on the last day of MSW (I.e. born after the 9th of March 1995).
- The competition will be based on the fastest time on the "secret" leg in the each of the first three races, plus the finish sprints in those races. (i.e. two sprint legs in each race count)
- The secret legs will be nominated by the course planners (and may be what they consider the "best leg" in the race) and will not be revealed until after the race.
- O So you still have to run your hardest for the whole course!
- Points will be awarded, from 20 down to 1, to the fastest 20 competitors on both the secret leg and the finish sprint in each race. (I.e. a max of 40 points up for grabs in each race).

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- The points will be totalled from MSW1, 2 and 3. All three races count.
- Even if you miss-punch somewhere else on the course your sprint leg times will still count.
- Results will be announced at the MSW 4 (relay) presentations
- Any ties will be separated by a sprint-off or coin-toss.

What's at stake?

First prize overall for both M & W competitors is a complete free entry for the Easter 3 Day.

(Thanks to Orienteering NSW and the Easter 2020 organisers)



Second and third places will also receive a range of prizes including items kindly provided by Wildfire Sports.

(Thanks to Wildfire Sports)



O NOL ROUND 1

NOL Round 1 comprises the first four events of the Melbourne Sprint Weekend, on Saturday 7 March and Sunday 8 March.

NOL teams are reminded that all runners are required to run in team uniform and wear competition number bibs (provided by the organisers). NOL competitors should also ensure that they enter as members of their NOL team. If you enter as a club member you will not be included in the NOL team point score.

Each of the three individual events will score NOL points toward both the individual and team competitions. The sprint relay will only count for team points.

Individual

For the individual races (Races 1, 2 & 3) points will be awarded to the top 25 finishers on a decreasing basis for each race, 30 points for 1st, 27 for 2nd, 24 for 3rd, 22 for 4th, 21 for 5th, etc. (<u>Guidelines</u>)

If two or more competitors are tied in a race, they shall each be awarded the points for the place for which they are tied.

Teams

Team point scores are awarded to the top seven teams on a decreasing basis (<u>Guidelines</u>). After each race, points from each of the four divisions (classes) are added to give the NOL Team scores.

For the individual races (Races 1, 2 & 3) teams in each of the four divisions are ranked according to the sum of the times of their best three competitors in each division, with the following provisos:

- Teams with less than three finishers are awarded points on the basis of the next best results. That is in order, the sum of the best two competitors or one competitor;
- Teams which have no finishers receive no points;
- Teams with an equal total time are placed according to the results of the highest placed

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competitors in each team;

Teams still equal shall be considered to have tied.

Relay

For the relay (race 4), team point scores are doubled (<u>Guidelines</u>). Teams in each of the four divisions shall be ranked according to their placing in that division and only the highest-placed team from each state/territory shall count towards points in each division:

- In a mixed-gender relay the points according to placing will be allocated to both the male and female NOL teams from that state.
- In a mixed age-class relay the points will only be allocated to the senior NOL teams from that state.
- Teams where one or more members fail to complete the relay course receive no points.

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AUSTRALIAN TEAM SELECTION TRIALS

The first four races of MSW 2020, NOL Round 1, are a selection trial for the Australian teams for the World Orienteering Championships, Junior World Orienteering Championships and the World University Orienteering Championships.

To nominate for selection for one or more of the Australian teams, complete the form <u>here</u> by 1 March 2020.

The selection criteria for the Australian team for the:

- World Orienteering Championships is <u>here</u>
- O Junior World Orienteering Championships is here
- World University Orienteering Championships is <u>here</u>



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O WORLD RANKING EVENT

Race 1 of the weekend's competition at Overnewton College, Keilor, is a sprint distance world ranking event (WRE) for elite orienteers.



Only M/W21E and M/W20E competitors who have provided their IOF ID number are eligible for world ranking points.

All M/W20E competitors who wish to receive World ranking points should have entered M/W20E for this event and have provided their IOF ID number. Junior elites will run the same courses as senior elites and be included in the same start draw. The organisers will compile WRE Men and Women results lists that include the eligible M/W20E competitors.

If you don't have an IOF ID number then you have only been entered into the NOL not the WRE.

IMPORTANT - WRE Registration required at Overnewton College

WRE/NOL competitors must register (sign in) at the arena by 10:45am, Saturday 7 March, or they will be ineligible for WRE/NOL results and ranking points. Once registered, they must stay within the arena and warm up areas until their run.



2020 AUSTRALIAN UNIVERSITY ORIENTEERING CHAMPIONSHIPS

The 2020 Australian University Championships will be Race 2 of the weekend's competition at Deakin University, Burwood. All M21E, W21E, M20E and W20E competitors entering these championships should have selected "University Champs" in the Eventor Services drop down box, and have forwarded your name, student ID, university attended and competition class entered to lan Prosser.

This race is a selection trial for the Australian team for the World University Orienteering Championships.

Presentations

A presentation for the winners of the 2020 Australian University Orienteering will be held at Deakin University on completion of Race 2 at approximately 6.15pm.



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KNOCK-OUT SPRINT COMPETITION

Everyone who has entered MSW 5 and MSW 6 in elite classes is automatically included in the Knock-out sprint competition. 21E and 20E athletes compete together. There are separate competitions for men and women.

The Knock-out Sprint will follow the standard IOF format as closely as possible.

For both Men and Women there is a qualification race in the morning with a winning time of approximately 10 minutes. For this, athletes will be divided into three qualification heats. The start interval will be at 1 minute with the first start at 9.15 am. The make-up of these heats will not be disclosed in advance. The top 12 in each heat will qualify for the knock-out rounds.

The knock-out rounds will be mass starts. The 36 qualifiers in each of the Men's and the Women's fields will be split into 6 quarter-final heats of 6 athletes each. The distribution into quarter-final heats will follow the IOF format shown below.

QF1	QF2	QF3	QF4	QF5	QF6
1st H3	2nd H2	1st H1	2nd H3	1st H2	2nd H1
4th H1	3rd H3	4th H2	3rd H1	4th H3	3rd H2
5th H2	6th H1	5th H3	6th H2	5th H1	6th H3
8th H3	7th H2	8th H1	7th H3	8th H2	7th H1
9th H1	10th H3	9th H2	10th H1	9th H3	10th H2
12th H2	11th H1	12th H3	11th H2	12th H1	11th H3

The top 3 in each quarter final will qualify for the semi-finals. The 18 semi-finalists will be divided into 3 semi-finals of 6 athletes, with the top 2 in each semi-final going through to the A final.

Unlike in the official IOF format, all athletes who make the semi finals will run a final. There will be a B final for the 3rd and 4th placegetters in each semi final group and a C final for the last two in each group. This way all competitors who qualify for the semi finals will get two races in the afternoon.

Semi-final allocation will follow the IOF format.

SF1	SF2	SF3
1st QF1	1st QF3	1st QF5
2nd QF1	2nd QF3	2nd QF5
3rd QF1	3rd QF3	3rd QF5
1st QF2	1st QF4	1st QF6
2nd QF2	2nd QF4	3rd QF6
3rd QF2	3rd QF4	3rd QF6

All the knock-out rounds, including the final, will have winning times of approximately 8 minutes.

In the knock-out rounds the various recommended methods of splitting will be used. These include butterfly loops, phi-loops and map choice. In the latter version, at the pre-start, athletes will be

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given 20 seconds to choose which of 3 possible variations in the course they wish to run. No athlete will know which option has been chosen by any other athlete.

Athletes who have only entered MSW 5 and not MSW 6 will not be eligible to compete in the semi-finals.

Athletes who have entered MSW 6 and do not qualify for the semi-finals will run in MSW 6 at Penola College in their normal class.

Start procedure for Knock-out rounds

There will be 6 start lanes. Each athlete will be directed to the appropriate lane. If the map choice option is being used, at -1 minute each athlete will be presented with 3 versions of the split leg(s). Each version will show the start of the split with a triangle. The split controls and the control at the end of the split will not be numbered. Each athlete will have 20 seconds to make a choice after which they will given the appropriate full map and will wait on the start line for the start signal. If a choice is not made within 20 seconds the official will allocate the athlete a map.

Knock-out Sprint and MSW overall competition scoring

Non-elites who enter the knock-out competition will not gain points in their class in MSW 5. However, if they are knocked out in the qualifying round or quarterfinals they can run in their normal class at MSW 6 and hence still potentially score points in 5 races. Even if they make the knock-out semi-final they can choose to drop out of that and run their normal class at MSW 6 if the overall competition is more important to them.

At MSW 5, elites' points for the overall MSW competition will be determined by their qualifying heats times.

At MSW 6, elites' points for the overall competition will be based on their placings in the A, B and C finals. Competitors who did not qualify for the semi-final will be ranked after the finalists based on their individual results in MSW 6.









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O Competition Rules

For the World Ranking Event (Overnewton College, Keilor), the Competition Rules for IOF Foot Orienteering Events apply to M/W21E and M/W20E competitors.

The Competition Rules for Orienteering Australia Foot Orienteering Events (including the National Orienteering League Guidelines) apply to all other competitors in these events.

WRE AND NOL COMPETITORS: PLEASE TAKE NOTE OF THE RULES COVERING GPS DEVICES.

Map Details

The maps conform to the ISSprOM 2019 specification as far as possible and will be printed on SRA4 Pretex waterproof paper.

Out of Bounds and Forbidden to Cross Areas

Please respect all Out of Bounds and forbidden to cross areas.

Prior to your run

All the campus / park areas, marked as competition area in the event layout maps, are out of bounds. Warming up is not permitted in these areas.

Tapes and Out of Bounds (OOB) signs will be displayed where practical.

While running

Out of Bounds and forbidden to cross areas are marked on your map by olive green, dark green or purple stripes. Some of these areas will also be marked in the field with red and white tape, and some will have marshals. Competitors will be disqualified for crossing out of bounds and forbidden to cross areas.



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O Tape Colours



Out Of Bounds (OOB)/un-crossable for competitors



Competition area boundary, out of bounds until competing.



Route from maps to start triangle



Routes to arena, start area, taped routes, etc.



The use of existing orienteering maps of all the venues is embargoed, including training with one of these maps. Other activities including other training and sports events within each of the campuses are not included in this embargo.

The full embargo notice can be viewed at https://www.vicorienteering.asn.au/victoria-map-embargoes/

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Previous maps

Previous copies of the maps for races 2, 4, 5 & 6 are available to view at www.vicorienteering.asn.au/msw. Races 1 & 3 will both be on new maps which will not be displayed prior to the event.

Competitors are not permitted to bring a previous version of the map to the competition.



Electronic Punching

Competitors are responsible for ensuring their presence at each control is recorded with an electronic punch. If (and only if) the SI unit at a control fails to respond, record your presence by using the manual punch in one of the reserve punch boxes on your map, and notify officials when you finish. If no correct punch is recorded at a control, you will be listed in the results as MP (mispunch), or as DNF (did not finish) if you abandoned your course.

This event will have optional SI Air contactless punching. SI units will be in "beacon mode" for SIAC contactless punching but will also record normal SI sticks that are "punched" in the normal way.

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The SIAC Battery check station and the Clear station will be located at the prestart area.

The Check station will be located in the -2min start box.

SIAC Stick Hire

If you ordered a hire SIAC stick, please pick it up at Registration at Race 1 or from the Information desk. This stick will need to be used for all Melbourne Sprint Weekend events entered.

SIAC Stick Return

There will be a container labelled 'SIAC Stick return here' at the finish. At your final event drop your SIAC in the container after downloading.

If you lose or fail to return your SI Air stick a replacement fee of \$110 will be charged.



SportIdent Timing

SI Air is a contactless electronic timing system. If you have hired a SIAC stick for the carnival please pick this up from the information desk.

Using SI Air:

With SI Air you do not have to 'punch' the control, only bring the stick close to the SI unit. The SI Air stick will flash and beep when it has registered. The range is between 30 & 40 cm around the unit and a little more above it. This is not very far and if you run past with your stick on the wrong side of your body it might be too far away.

Touching a unit or swiping the air very close to it are the safest methods.

If you think your card has not flashed and beeped, don't wave it around for a longer time. Instead punch in the normal manner.

SI Air at the start:

Before commencing each event test the stick in the SIAC battery test unit before clearing the stick.

Punch your SIAC stick in the Clear unit to clear data from previous events.

At the 2 minutes before start box punch the Check unit. This turns the stick on (into air mode). There will also be a test unit where you can verify that your stick has actually turned on and is operating in air mode.

After turning your SIAC on do not go near the finish control, until you finish your course.

SI Air use in the finish chute:

At the finish punch you only have to touch or swipe the finish unit. This will turn off your SI stick.

Download:

Please follow the tapes to the download tent and download as usual.

If it is your last run of the weekend remember to return your hire SIAC stick.

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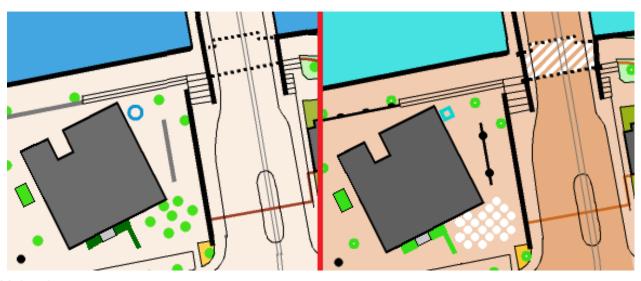


New Map Symbols

There are some new ISSprOM 2019 map symbols that you should be aware of.

ISSOM 2007

ISSprOM 2019



Major changes:

- Impassable vegetation is forbidden to cross. Previous ISSOM 2007 Impassable vegetation symbol using green 100% and black 50% has been removed.
- Paved area with little (Brown 30%) and heavy traffic (Brown 50%).
- New symbol for paved area in multilevel structures (Brown and white stripes).
- New symbols for passable walls, fountains and trees.

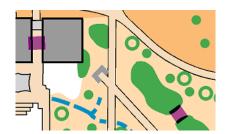
In addition the large distinctive tree symbol has a white background.

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Temporary uncrossable barriers

Some races will have use the temporary out-of-bounds boundary symbol to show temporary uncrossable barriers that have been created for the event.

In the terrain these temporary barriers will be marked with OOB tape.



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Control Descriptions

Control Descriptions will be printed on the front of each map, and loose descriptions will be available for collection as part of the pre-start process for all events.

International symbols will be used, except for Course 6, easy navigation, where the control descriptions will be in English.

Two Part Courses

Some races will have two part courses. These may either require a map flip, or be side by side or one above the other on the same side.

For two part courses that are on the same side, Part 1 will be on the left or top.

When changing from Part 1 to Part 2 on a course, the final control on Part 1 will be shown as the same numbered control on Part 2. i.e. if last control on Part 1 is 11, then control 11 is repeated on Part 2.

Butterfly and Phi Loops

Some races will have Butterfly and/or Phi loops as part of the course as shown in these diagrams. Be sure to complete these in the correct order.

O Start Lists

The MSW and Knock-Out Qualification start lists will be on Eventor and will be displayed at the event centre and the pre start.

The race start times for each of the Knock-Out Quarter Finals, Semi Finals and Finals is provided in the Race information in this bulletin. The allocation of runners to each of these will be displayed at the arena as soon as possible after each of the knock-out rounds.

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Start Procedure

A silent start procedure will be used.

There will be a two minute prestart:

Time	Вох	Actions
Start time – 2 mins	Box 1	Names checked against start time on entry. Punch Check unit - This also turns on the SIAC Collect control descriptions
Start time – 1 min	Box 2	Stand at maps. Note sign advising distance to triangle.
Start time		Take map and Go Follow tape to start triangle. The start triangle will be marked with a control flag. Note: there is no control to punch

O Late Start

See late start official. Don't waste time explaining reason for lateness. You will be started with a start punch on the next available half minute. Time adjustments, if appropriate, will be resolved at the finish.

Finish Procedure

If using a standard SI stick, punch the finish control, or if using a SIAC stick swipe the finish control, then download at the finish tent and pick up split times printout.

No map collection but respect fair play.

Apart from at the NOL sprint relay (see below), finishers will be allowed to retain their maps but please respect and follow the fair play rules and don't show or discuss your map with competitors who have yet to run.

Results

A live results display operated by Jim Russell (Stay in Control) will be located next to the finish tent.

Results will be displayed on Eventor and Winsplits after each event has been completed.

We are also hope to provide live results at <u>liveresultat.orientering.se</u>

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O Control Etiquette

At controls do not linger around the control stand.

You must punch/swipe and move away from the control stand quickly. If you have not planned your next leg before approaching the control you should move away from it immediately after punching/swiping, in order to clear the way for other runners, before you stop to do any map reading. Parents please brief children on this.

O Complaints and Protests

Participants who are unhappy or uncertain about any aspect of the competition are advised to report the issue to the Information Desk immediately. If, following discussion with an appropriate official you wish to make a formal complaint, you must lodge this in writing with the Information team no later than 15 minutes after the results for the relevant age class are complete. The Information team will note the complaint and deliver it to the organiser.

Similarly, any protest about the outcome of a complaint must be lodged in writing with the Information team no later than 15 mins after the outcome of the complaint is notified to all competitors affected by the decision. The Information team will contact the appropriate officials to deal with the protest.

Complaints, protests and appeals will be handled by the event organiser and jury in accordance with the relevant (IOF and/or OA) Competition Rules.



The Jury for any protest will be selected on the day from available OA Level 3 Controllers according to the relevant (IOF or OA) Rules. If necessary, due to the unavailability of sufficient Level 3 controllers, the jury may include OA Level 2 Controllers.

WRE Jury

Alex Davey

Cathy McComb

Robin Uppill



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MW

Saturday 7 March AM



OVERNEWTON COLLEGE

O EVENT DETAILS

Event Status: WRE; NOL; MSW Race 1

Organising club: Melbourne Forest Racers

Course Planner: Bruce Arthur

Event Advisor: Blair Trewin

Mapper: Fredrik Johansson

Map Scale: Course 1 & 2: 1:4,000; All other Courses: 1:3,000

Contour interval: 2 m

Event Centre Opening Time: 9.30am

Start Times: 10.45am – 12.00pm

Course Closure: 12:30pm



Overnewton College, Overnewton Road, Keilor

From Melbourne Airport to Overnewton College, Keilor By car: 15 km, approx 15 mins, via Tullamarine Fwy, Western Ring Rd and Calder Fwy

Google Maps Link to car park entrance

Entry into the event centre is 150m north of the car park, accessed from Overnewton Rd. Access to the arena is via a fence crossing.

DO NOT try to access the event centre from within the college grounds.

O CAR PARKING

Entry into the college is only via the sign posted entrance.

DO NOT enter the college from any other entrance.

From the parking, exit back out of the gate onto Overnewton Road and walk 150m north to the arena, following the orienteering signs. Please respect all Out of Bounds areas and do not try and access the arena through the College grounds as you will be disqualified from the race.

If the car park is full, park along both sides of Overnewton Road, north of the car park entrance.

Elite competitors should take all running gear with them, as once checked in to the arena they will not be permitted to return to the parking area.

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O EVENT CENTRE LAYOUT



O TOILETS

Toilets are at the arena inside the Rec building.

O ROUTE TO START

The pre-start is at the south-east corner of the parking area. The distance from the arena to the start is 250m. Non elite competitors should allow enough time to reach the pre-start before their allocated start time.

Elite competitors will be held at an elite pre-start just west of the arena until 4 minutes before their allocated start time. Elite competitors will be released by a start official to follow the marked route to the pre-start at the appropriate time.

O WARM UP ZONE

The warm up area is north of the area entrance, along Overnewton Road.

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O COURSE / CLASS DETAILS

Course	Classes	Distance (km)	No of Controls
1	M21E, M20E	3.7	24
2	W21E, W20E M40, M Open, Senior Boys	3.2	19
3	W40, W Open, Senior Girls M50, Junior Boys	2.7	20
4	W50, Junior girls M60	2.2	17
5	W60, W70+ M70+	1.8	13
6	W12 M12, M/W Novice Open	1.6	17

Distances are actual distances measured by the shortest feasible route

O COURSE PLANNERS NOTES

The terrain includes school buildings, sporting facilities and some areas of rough open with moderate slopes. The rough open may contain rabbit holes and snakes. There are a number of un-crossable features including fences, temporary fences, walls and olive green areas. Although some of these may be marked with tape, it is the competitor's responsibility to keep out of these areas even if they look as if they are crossable. Some fences may appear crossable, but if the map shows them as un-crossable, then they are forbidden to cross. Marshals will be on the course and will disqualify anyone crossing these features.

The main oval is olive green and must not be crossed. Most of the main car park will be shown as out of bounds on the map. There are also new construction fences across a large extent of the map. These are shown as un-crossable fences. Sections of parallel uncrossable fences are shown with olive green in between. Passable gaps in the construction fences are mapped.

Courses 1, 2, 3 and 4 include a map flip. At the end of Part 1, your course will continue on the reverse side. Courses 1 and 2 also visit a spectator control in the vicinity of the arena.

O WRE REGISTRATION

WRE/NOL competitors must register (sign in) at the arena by 10:45am, Saturday 7 March, or they will be ineligible for WRE/NOL results and ranking points. Once registered, they must stay within the arena and warm up areas until their run.

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MW

Saturday 7 March PM



DEAKIN UNIVERSITY

MILLUMBIK

O EVENT DETAILS

Event Status: Australian University Champs; NOL; MSW Race 2

Organising club: Nillumbik Emus Orienteering Club

Course Planner: Tim Hatley

Event Advisor: Barry McCrae

Mapper: Geoff Hudson, updated to ISSprOM by Peter Dalwood

Map Scale: Course 1 & 2: 1:4,000; All other Courses: 1:3,000

Contour interval: 2 m

Event Centre Opening Time: 3.15pm

Start Times: 4.30pm – 5.45pm

Course Closure: 6:15pm



Deakin University, 221 Burwood Highway, Burwood

From Overnewton College, Keilor, to Deakin University, Burwood Distance by car: 40 km, via Calder Fwy, CityLink (toll), Toorak Rd and Burwood Hwy

Entry into the University is only via Holland Ave. Follow orienteering signs to arena and parking. DO NOT enter the University from any other entrance.

Google Maps link to University entrance



Follow the Orienteering signs from the Holland Ave entrance.

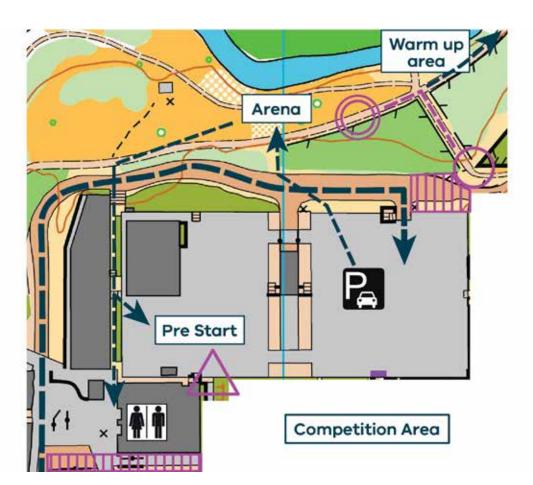
Car parking is only in car park 6 on the ground level. Please do not park anywhere else. Park only in white bays, not orange or disabled. The area east of the car park is OOB.



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O EVENT CENTRE LAYOUT



O TOILETS

Toilets, Change Rooms & Showers are located in the building SW of the Start.

The competition area begins immediately south of the toilets. Do not go past the toilets or deviate from the marked route.

O ROUTE TO START

The pre-start is at the south-west corner of the parking area.

The distance from the arena to the start is 240m.

Follow path west from the arena then south across the pedestrian crossing or directly from the parking area.

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WARM UP ZONE

Paths along the creek land northeast of the finish chute as shown in the Event Centre diagram.

DO NOT warm up on Holland Ave or on the tracks or ovals to the west of Holland Ave.

O Course / Class Details

Course	Classes	Distance (km)	No of Controls
1	M21E, M20E	3.5	26
2	W21E, W20E M40, M Open, Senior Boys	3.2	24
3	W40, W Open, Senior Girls M50, Junior Boys	2.7	20
4	W50, Junior girls M60	2.2	18
5	W60, W70+ M70+	1.8	19
6	W12 M12, M/W Novice Open	1.6	22

Distances are actual distances measured by the shortest feasible route





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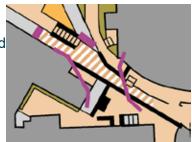


O co

COURSE PLANNERS NOTES

Compact Campus map with a range of building sizes, extensive canopy areas, gardens and elevation changes.

There is an area of dual running level shown with the new striped symbol 'Paved area in multilevel structures.' The striping indicates a section where you can run on the ramp and pass under it (as indicated by the purple Crossing Section symbol). You can change levels using the staircase shown. The two thick purple bars indicate "end of mapped running level" on the top level. Thereafter the ramps are mapped as canopies to indicate that you can only pass under them. Course 6 has a control at the bottom of the stairs and the control description sheet then instructs competitors to go up the stairs.



Where a mapped running level ends and it may not be obvious, it will be marked with a bollard and sign "End of running level".

There is a large lawn area that is marked Out of-Bounds on the map and will be marked with tape. Please respect this out of bounds area. Any competitor seen crossing it will be disqualified.







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MW

Sunday 8 March AM



GRANITE HILLS PARK

O EVENT DETAILS

Event Status: NOL; MSW Race 3

Organising club: Yarra Valley Orienteers

Course Planner: Ted van Geldermalsen

Event Advisor: Alex Tarr

Mapper: Alex Tarr

Map Scale: Course 1 & 2: 1:4,000; All other Courses: 1:3,000

Contour interval: 2 m

Event Centre Opening Time: 8.45am

Start Times: 10.00am – 11.15pm

Course Closure: 12:00 noon



Granite Hills Park, South Morang.

Access is from the north via Cravens Rd and Hunters Rd, Mernda

From Melbourne CBD to Granite Hills Park

Distance by car: 36 km via Eastern Freeway, Burke Rd, Rosanna Rd, Greensborough Rd, and Plenty Rd (access park via Waterview Dr, Cravens Rd and Hunters Rd)

There is no access to the Event Centre from the south or west. Competitors accessing the event centre from anywhere other than Hunters Rd will be disqualified.

Google Maps link to Park entrance

O CAR PARKING

Follow orienteering signs from the Hunters Rd entrance approximately 700m up the hill to the car park near Habitat House.

Please only park where directed as this is a condition of our event approval.

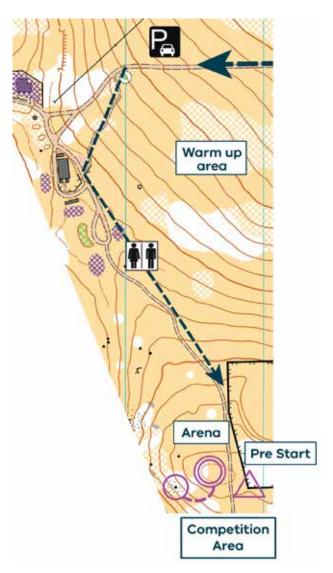
There is a slightly uphill walk of approximately 500 metres from car parking to the arena.

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O EVENT CENTRE LAYOUT



O TOILETS

Portable toilets are beside the track halfway between car parking and the arena.

O ROUTE TO START

The pre-start is adjacent to the arena.

WARM UP ZONE

The warm up area is north and east of the arena. You can warm up along the track between car parking and arena or on the grass slopes to the east of this track.

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O COURSE / CLASS DETAILS

Course	Classes	Distance (km)	Climb (m)	No of Controls
1	M21E, M20E	2.8	155	31
2	W21E, W20E M40, M Open, Senior Boys	2.3	110	25
3	W40, W Open, Senior Girls M50, Junior Boys	2.0	90	23
4	W50, Junior girls M60	1.7	70	19
5	W60, W70+ M70+	1.3	55	15
6	W12 M12, M/W Novice Open	1.6	60	12

Distances are actual distances measured by the shortest feasible route

O

COURSE PLANNERS NOTES

The map covers a spur which rises about 70 metres above the surrounding residential areas of South Morang and Mernda. The terrain features scattered bush and boulders and irregular land forms due to surface quarrying. Visibility is generally good so orienteering will be fast. However there are many similar looking features so keep in contact with the map and make sure of your direction.

The ground is uneven in places and there are occasional wombat holes. There are some broken fences which are marked on the map but which might not be easy to see in the terrain.

Unusually for February, two weeks out from race day Granite Hills Park had water in depressions and water courses, frogs croaking, and kangaroos chewing their way through lots of green grass.

All course planning and checking has been done in shorts and normal running shoes without problems. However, long pants and orienteering shoes may be worn if preferred. There is little grass seed.



PAIRS RACE PROCEDURE

MSW 3 will be a pairs race for courses 1 to 5. This means that two competitors on each course will start at the same time. Course 6 competitors will start individually.

In order to facilitate this type of race courses will include phi and butterfly loops - see examples in Technical Information.

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COURSE SIX STARTS

Course 6 competitors will start individually. Due to this race being held on terrain that is different to most sprint events, competitors on Course 6 will be allowed look at their map from 1 minute before their pre-allocated start time and, if desired, ask questions about the map before setting off on their course. A helper will be on hand at the start to answer any questions. The helper will also walk around the course after the last Course 6 starter to provide additional assistance if needed.

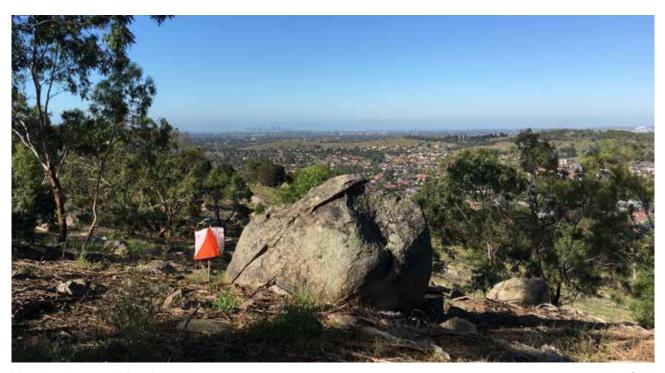
All Course 6 competitors will have pre-allocated start times. However M/W Novice Open entrants may start later than this using a punching start without time penalty if they need to be shadowed and the shadower is running their own course first.

QUARRY HILLS PARK

Granite Hills Park is part of the City of Whittlesea's larger Quarry Hills Park. The City is progressively acquiring land above the 195m contour to form a large regional park that will ultimately cover 1,400 hectares. A Master Plan has been adopted that sets out the short and longer term plans and objectives for developing the park. These explicitly include providing facilities to enable events and activities such as cross country running, orienteering, and scouts/ guides activities.

Quarry Hills Park is home to rare grass types and lizards such as Cunningham's skink. Council conservation staff have worked with us to ensure that risks to endangered species from our control sites and courses are minimised.

Much of the area covered by the map was quarried in the past to provide the council with road and construction materials. The quarrying activity appears to have been on a fairly small-scale. This has resulted in humps and hollows but no large pits or cliffs.



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Sunday 8 March PM



LA TROBE UNIVERSITY

AUSTRALIA

O EVENT DETAILS

Event Status: NOL Sprint Relay; MSW Race 4

Organising club: Dandenong Ranges Orienteering Club

Course Planner: Ian Dodd

Event Advisor: Geoff Adams

Mapper: Ted van Geldermalsen

Map Scale: Courses 1 & 2: 1,4000; All other courses:1:3,000

Contour interval: 2.5 m

Event Centre Opening Time: 2.30pm

Start Times: NOL Relay: 3.30pm

MSW: 4.30 pm - 5.45 pm

Course Closure: 6.15pm



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EVENT LOCATION

La Trobe University, Bundoora

From Granite Hills Park to La Trobe University

Distance: 16km via Plenty Road

Access to the arena is only via Car Park 6.

If you are travelling via public transport you will need to walk / ride around the University Ring Road and enter the arena via Car Park 6 and past the University Sports Centre.

Access via any other entrance is Out Of Bounds.

Google Maps link to Car Park



CAR PARKING

Parking is only in Car Park 6, La Trobe University Ring Road. See diagram.

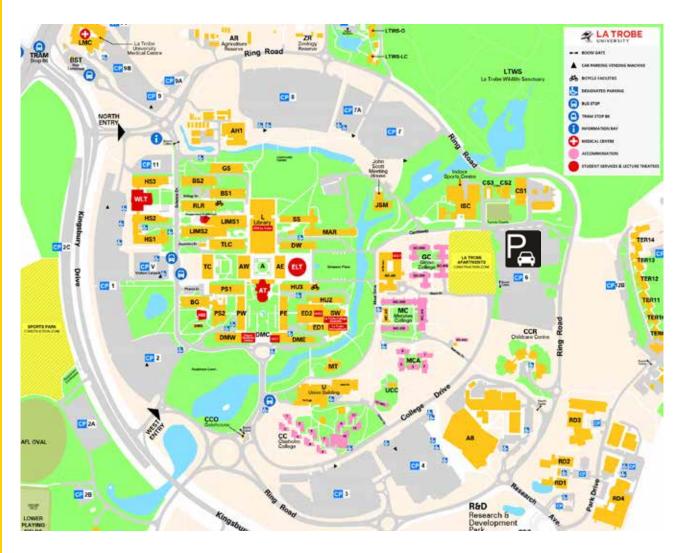
The route to the arena will be signposted from the North Western edge of the car park.

Follow the orienteering signs along the footpath. Enter the arena via the northern bridge. Spectator area, download and results are at the eastern end of the arena.

Do not enter competition zones en route between parking/toilets and the arena.

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O EVENT CENTRE LAYOUT



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O TOILETS

Indoor Sports Centre, adjacent to Car Park 6

O ROUTE TO START

The Pre Start is immediately adjacent to the Arena.

O WARM UP ZONE

Competitors may only warm up in the car park, along the route between parking and the arena, and on the lawn area in the vicinity of the "Rhinos" statue. Please see Event Centre diagram.

O COURSE / CLASS DETAILS

Course	Classes	Distance (km)	No of Controls
1	M21E, M20E	3.8	26
2	W21E, W20E M40, M Open, Senior Boys	3.3	23
3	W40, W Open, Senior Girls M50, Junior Boys	2.9	19
4	W50, Junior girls M60	2.4	15
5	W60, W70+ M70+	2.0	14
6	W12 M12, M/W Novice Open	1.9	19

Distances are actual distances measured by the shortest feasible route



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O COURSE PLANNERS NOTES

There may be some small temporary construction zones which may not appear on maps, but will be out of bounds. One bridge is also mapped out of bounds. No courses involve running indoors or through closed doorways. Overhead walkways have been mapped as canopies; competitors should only run underneath them.

Relay courses include forking, looping and pivot controls, to split competitors. Courses 1 and 2 for non-relay competitors also include loops and pivot controls.

O CONTROL DESCRIPTIONS

Individual competitors will collect their control descriptions at the pre-start. Relay competitors will only have their descriptions printed on the map.

MIXED RELAY FOR JUNIOR ELITE, SENIOR ELITE

Competitors will run in the following order:

Leg 1: Women (Course 2) - Mass start

Leg 2: Men (Course 1)

Leg 3: Men (Course 1)

Leg 4: Women (Course 2)

Relay Start Procedure

Clear and Check units are at the pre-start. The Check units turns on your SIAC. **DO NOT** go near the finish control once you have punched the Check as the finish unit will turn it back off.

Relay competitors should make their way to the tagging area when their previous runner commences the final spectator loop.

All courses will follow a taped route to the map collection area near the start triangle. Be sure to collect your correct course map and take only one map. Relay competitors must take the map that matches their bib number, or they will be disqualified.

Pre-warning

Course 1 and 2 competitors will pass by the arena for the first time approximately half way through their course.

Both Course 1 and 2 competitors will commence their final loop with approx 2 minutes to go on their course. This is the time when the next runner should pass through the pre-start and enter the tagging area, ensuring that they have cleared their card and turned their SIAC on.

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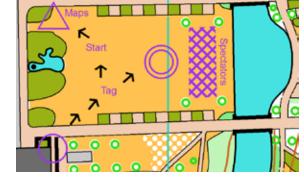
Tagging Procedure

Incoming runners will tag first, and then run to the finish control and punch. Outgoing runners will follow the tapes approx. 40m to collect their map near the start triangle, marked with a flag but no punch.

Relay Finish Procedure

The first 3 runners in each team will each need to tag their next runner before they punch/swipe the

finish control, then download at the finish tent and pick up splits time printout.



Maps will be collected at the completion of your run and will be distributed on completion of the Sprint relay. As other MSW competitors may not have run yet please respect and follow the fair play rules and don't show or discuss it with competitors who have yet to run.

Relay Start Times

- 3.15pm: A short demonstration of the tagging procedure.
- 3.20pm call up of first leg (W21E and W20E) runners to the tagging area.
- 3.30pm Mass Start for leg 1 (W21E and W20E)

All individual starts, including for those on course 1 & 2 but not in the NOL relay, will be from 4.30pm.

Spectators

Spectators are encouraged to arrive early and watch this exciting format of our sport. Multiple run throughs, spectator controls, radio controls, head to head racing and split controls will make this race one of the highlights of the weekend.



RELAY TEAM NOMINATION - FOR NOL MANAGERS

Managers can self-manage running order changes in Eventor, until Friday March 6.

Last Changes to Relay Teams

The final cutoff for changes to Relay teams is 5.30pm on Saturday March 7.

Absolutely no late changes will be accepted.

If on the day a team wishes to change a relay member – work it out within the team by supplying the new runner with the registered SI stick for that team and leg.

Wrong SI number = DNF

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COMPLIMENTARY SWIM

The La Trobe University Indoor Sports Centre is offering all orienteers a complimentary swim after your race. The swimming pool is in the same building as the toilets, near car park 6. Just tell reception that you are an orienteer. Remember to bring your swim gear.

O HEADING TO THE AIRPORT AFTER THIS EVENT

For competitors leaving Melbourne after this event, travel from La Trobe University to Melbourne Airport is 27km via Plenty Road, Metropolitan Ring Road, Tullamarine freeway.



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MW

Monday 9 March AM



VU ST ALBANS

O EVENT DETAILS

Event Status: MSW Race 5; Knockout Sprint Qualifying and Quarterfinals

Organising club: Bayside Kangaroos Orienteers & Tuckonie Orienteers

Course Planner: Frédéric Tranchand

Event Advisor: Warwick Williams

Mapper: Geoff Adams

Map Scale: 1:3,000

Contour interval: 2.0m

Event Centre Opening Time: 8.30am

Start Times: KO Qual first start: 9.15am

MSW: 9.50am – 10.40am

Course Closure: 11.40am





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EVENT LOCATION

Victoria University, St Albans

Sports Centre Car Park, University Blvd,

From Melbourne CBD to VU St Albans, travel 27 km via either CityLink (toll road) or Metropolitan Ring Road.

Access to the arena is only via the car park to the east of the Sports Centre car park. If you are travelling via public transport please research your best route from your public transport exit point to the university without entering the university.

Access via any other entrance is Out Of Bounds.

Google Maps link to car park



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CAR PARKING

Car parking is only in the car parking areas by the Sports Centre. All other car parks are out of bounds.

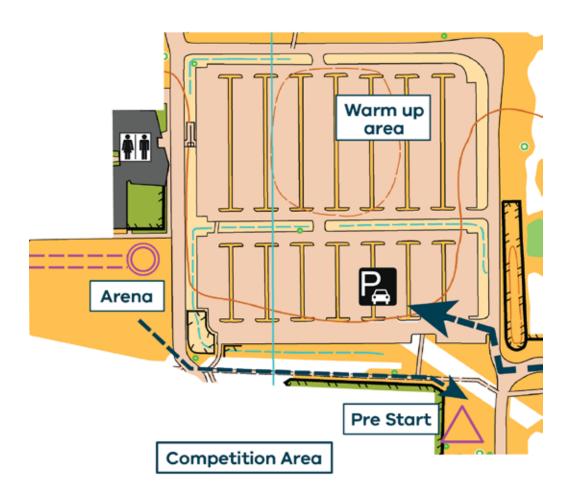
Because this is a Monday, everyone will need to pay for parking at this venue.

The cost is: \$2.20 for 2 hours \$5.50 for all-day parking

The parking meters are paperless and accept coins only. All you need is your licence plate details to enter into the meter and choose the 2 Hour or all-day parking option.

Parking meters only accept \$2, \$1, 50c, 20c and 10c and do not provide change.

O EVENT CENTRE LAYOUT



O TOILETS

Indoor Sports Centre, adjacent to Car Park and arena.

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O ROUTE TO START

The distance from the arena to the start is 200m and is visible from the parking.

WARM UP ZONE

Competitors may only warm up in the car park.

O COURSE / CLASS DETAILS

Course	Classes	Distance (km)	No of Controls
KO Qual	M21E, M20E	2.1	17
KO Qual	W21E, W20E	1.7	14
KO Qtr Final	M21E, M20E	2.3	15
KO Qtr Final	W21E, W20E	1.9	12
2	M40, M Open, Senior Boys	2.9	27
3	W40, W Open, Senior Girls M50, Junior Boys	2.6	20
4	W50, Junior girls M60	2.3	18
5	W60, W70+ M70+	1.7	16
6	W12 M12, M/W Novice Open	1.7	23

Distances are actual distances measured by the shortest feasible route

O COURSE PLANNERS NOTES

The terrain is a typical university campus area, open and hard ground, mostly flat and good visibility. This can allow very high speed running with real technical challenges in between buildings and complex details features (flower beds, small wall and fences, paved areas, trees...). The out of bounds areas (in Olive green on the map) are not be always clear in the terrain, so please pay attention of the map and respect these areas as crossing them is not allowed, as you know well.

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KNOCKOUT SPRINT QUALIFICATION & QUARTER FINALS

An outline of the format of the Knockout Sprint can be found in the Competitions section of this bulletin.

Quarter Final Start Times

For qualifiers your QF heat number and time will be displayed as soon as is practicable at the arena.

Start Schedule

0915: First starts Qualification Heats

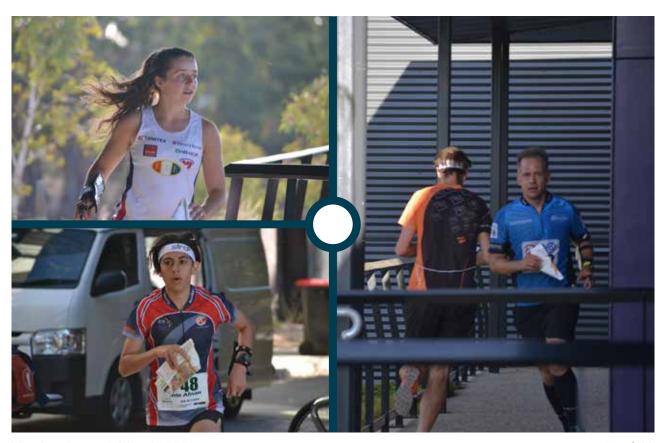
0945: Last starts Qualification Heats (approx.)

1045: First Quarter Final - Women (4 min intervals between each QF group)

1109: First Quarter Final - Men

Knockout Sprint spectating opportunities

The competition area is Out Of Bounds until after the completion of the MSW 5 race. From 10.45am, non-elite competitors may enter the area used for MSW 5 to watch the KO quarter finals.



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MW

Monday 9 March PM



PENOLA COLLEGE

tuckonie



Event Status: MSW Race 6; Knockout Sprint Semifinals and Finals

Organising club: Bayside Kangaroos Orienteers & Tuckonie Orienteers

Course Planner: Brodie Nankervis

Event Advisor: Warwick Williams

Mapper: Geoff Adams

Map Scale: 1:3,000

Contour interval: 2m

Event Centre Opening Time: 1.30pm

Start Times: KO SF first start: 2.25pm

MSW: 3.00 pm - 3.50 pm

Course Closure: 4.30pm

Presentations: 4.30pm



Penola College, Broadmeadows

Travel from VU St Albans to Penola College is 17 km via the western Ring Road.

Access the arena from the corner of Electric and Graham Sts.

Competitors who enter the College via any other entrance will be disqualified.

Google Maps link to College entrance

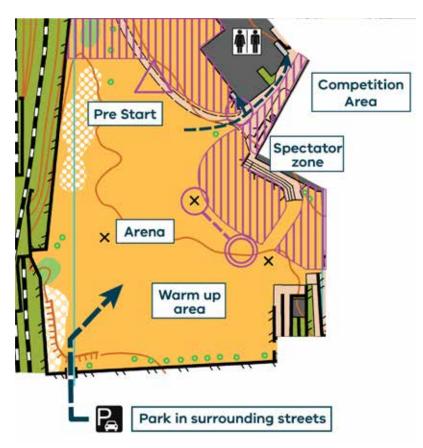


Park in Electric & Graham Streets and other streets close by. Please respect local residents and do not block access to driveways.

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O EVENT CENTRE LAYOUT



O TOILETS

Toilets are in the building to the east of the pre-start. Follow route demonstrated above. This route crosses an OOB section which will have competitors passing through it. Please give way to competitors – they have right of way!

Tapes will be hanging to show route to building edge and then route alongside building will be taped off – please stay within this tape as competitors will be running along the passageway.

O ROUTE TO START

The Pre Start is visable from the arena (within 100m).

O WARM UP ZONE

Warm up is only allowed on the playing field south of the pre start and finish area as shown in the Event Centre diagram.

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O COURSE / CLASS DETAILS

Course	Classes	Distance (km)	No of Controls
KO SF M	M21E, M20E	2.2	19
KO SF W	W21E, W20E	1.9	16
KO F M	M21E, M20E	2.5	20
KO F W	W21E, W20E	2.3	17
1	M21E, M20E (non KO or knocked out)	2.9	24
2	W21E, W20E (non KO or knocked out) M40, M Open, Senior Boys	2.4	20
3	W40, W Open, Senior Girls M50, Junior Boys	2.2	18
4	W50, Junior girls M60	2.1	19
5	W60, W70+ M70+	1.8	17
6	W12 M12, M/W Novice Open	1.6	20

Distances are actual distances measured by the shortest feasible route



COURSE PLANNERS NOTES

The terrain consists of a school campus with all the typical features – small irregular shaped buildings, canopies and small passageways, gardens and outdoor seating/play areas. There are many areas marked as OOB and these are forbidden to cross – including garden beds, hedges and impassable walls/fences. Please familiarise yourself with how these areas are indicated with the new Sprint mapping standing ISSprOM 2019. Ambiguous areas of OOB will be taped with red and white tape. Any competitor observed to be crossing OOB features will be disqualified.

Two Part Course:

Knock-out semi-finals, knockout finals and courses 1-4 will be a two part course. Please see the Two Part Course section in the Technical Information section.

Spectator Control

Knock-out semi-finals, Knock-out finals and courses 1-4 will visit the spectator visible from the arena. There is no run through before or after the spectator control. The spectator control will be the transition control between Part 1 and Part 2 of the course. When competitors reach the arena for the second time they should take care to visit the correct last control and then run down the finish chute to the finish.

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O KNOCK-OUT SEMI FINALS & FINALS

An outline of the format of the Knock-out Sprint can be found in the Competitions section of this bulletin.

Semi Final and Final Positions

For semi-final & finals qualifiers your position in each of the finals will be confirmed and displayed as soon as is practicable at the arena.

Start procedure for Knock Out rounds

The pre start location for the knock-out rounds will be the same as for MSW 6. See race layout diagram.

Start Schedule

1425: First starts semi-final

1450: Last start semi-final (approx.)

1545: C Final (Women)

1550: B Final (women)

1555: C Final (Men)

1600: B Final (Men)

1610: A Final (Women)

1620 A Final (Men)

Quarantine/Fair Play

There is no quarantine zone for athletes competing in the Knock-out semi-final and final. However, athletes are not allowed to enter any areas marked as Out of Bounds on event centre diagram. Warm up/cool down is allowed on the playing fields south of start/finish and in surrounding streets.

Athletes may access toilets by following the marked route in the Event Centre diagram. However, they must enter and exit toilets promptly – anyone observed waiting unnecessarily on route to toilet/outside toilets will be disgualified.

Knock-out sprint spectating opportunities

The competition area is Out of Bounds to all MSW competitors until after the completion of the MSW 6 race (see the Event Centre diagram demarcating Out of Bounds area).

It will not be possible to spectate on the semi-final courses, except from the arena, if you are competing in MSW 6.

A spectating zone in the arena is shown on the event centre diagram. The route to this area is to the east of the finish but will not be taped off as competitors will be passing. Please take care when crossing Out of Bounds to the spectating area – competitors have right of way.

After the completion of MSW 6 you are welcome to spectate anywhere on the course for the

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Knock-out finals. Competitors will pass by the arena on several occasions and the organisers will show the way to a great spectating area on the map for those interested. If spectating away from these two areas please do not stand in large groups, block passages or stand within 15m of any controls. Again competitors have right of way.

We encourage you to watch the finals races while the organisers determine the overall MSW results and prepare the presentations.

KO Competitors who have been Knocked Out

For those KO competitors who have been knocked out in qualifier or quarterfinal, they are automatically registered for MSW 6 in their normal class and may choose to run in this race.

Semifinalists who are knocked out will run in a B or C final, not the individual MSW race.



HEADING TO THE AIRPORT AFTER THIS EVENT

For Competitors leaving Melbourne after this event

Directions Penola College > Melbourne Airport

Distance: 10km via Metropolitan Ring Road and Tullamarine freeway

Version 2

Amended Event Centre Layout diagrams, Race 1 Course Planners Notes, Tape Colours



Graphic design:

By Stuart McWilliam - stuartconcepts www.stuartconcepts.com



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