## INSTRUCTIONS MYSTERY EVENT

－There are 20 controls in the terrain（and on the map）．
－Controls are＂paired＂：pair 1，pair 2，pair 3，etc．up to pair 10
－On the map：（see picture below with 4 pairs shown）．
－The 2 controls of each pair are numbered $1 \mathrm{~A} / 1 \mathrm{~B}, 2 \mathrm{~A} / 2 \mathrm{~B}, 3 \mathrm{~A} / 3 \mathrm{~B}$ ，etc．．．．up to $10 \mathrm{~A} / 10 \mathrm{~B}$ ．
－The two circles of each pair are connected by a line（making them look like dumbbells－ hence the course names）．
－There is no line connecting the start to pair 1，pair 1 to pair 2 etc．
－The SI boxes in the terrain are numbered 41 to 60 ．The SI numbers match up with each pair as follows：pair 1 is $41 \& 51$ ；pair 2 is 42 and 52 ，etc．This is clearly shown on the control description．



| $\begin{gathered} 2020 \text { EC3D - day } 1 \\ 7 / 03 / 2020 \end{gathered}$ |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Dumbbells |  | 3.8 km |  |  |  |
| D |  |  |  |  |  |
| 1 | 4 | － |  |  |  |
| 1 | 51 | $\bigcirc$ | $\bigcirc$ |  | $\cdots$ |
| 2 | 42 | ，＇ | ＇＇ | X |  |
| 2 | 52 | ，离号 |  |  | T |
| 3 | 43 | $\bigcirc$ |  |  | Ó |
| 3 B | 53 | 家 | 爯 | $y$ |  |

－Depending on your course you have a certain number of pairs to visit：
For the Heavyweight course all 10 pairs have to be visited in numerical order．Pair 1 first， then pair 2，then pair 3 etc．．．until all 10 pairs have been visited．Course length：$\sim 3.5 \mathrm{~km}$ ．
－For the Middleweight course only 7 pairs of your choosing have to be visited in incremental numerical order．That means you can leave out 3 pairs．Course length｀ 2.5 km ．
－For the Lightweight course only 5 pairs of your choosing have to be visited in incremental numerical order．That means you can leave out 5 pairs．Course length $\sim 1.7 \mathrm{~km}$
－You may visit the two controls of each pair in either order．For instance you could start by going to 1 A followed by 1 B OR go to 1 B first followed by 1 A ．Next go to 2 A or 2 B ，etc．．．
－You CAN NOT go to either control of pair 2 before going to both controls of pair 1 etc．．．
－The pairs have to be visited in incremental numerical order．For instance pair 1 before pair 3， before pair 4 ，before pair 6 etc．．．until all required pairs have been visited．YOU CAN NOT go to either control of pair 1，2，3，or 4 after you have already visited pair 5 ．

## When Can I Start？

There will be a mass start at 2 pm ．

## When Do I Have To Finish？

Course closure is at 3 pm ．

