

NavDash for MapRunF - Elizabeth Quay

The first (of many, we hope) sprint courses are now available in MapRunF, on a new map by Simmo at Elizabeth Quay.

There is a Long course of 2.8kms or Short course of 1.8kms. These are straight-line lengths, so probably closer to 4kms and 2.5kms of running distance.

Details will be on Eventor. Please read the MapRunF How to Start instructions, which include important notes on the venue and map legend. The map scale is 1:2,500.

Both courses involve a map-flip, so it is a good idea to print these off double-sided to take with you, as the courses involve many crossovers and may be difficult to follow on your phone's screen.