

FINAL INSTRUCTIONS

WEST BEERBURRUM STATE FOREST – COOCHIN CREEK

MTBO STATE SERIES

West Beerburrrum State Forest

Sunday 8.30am, 12 July 2020

Thank you all for your entry into the
Queensland MTBO State Series Event

Points to note for this event

- The Bruce Highway and the verge is Out of Bounds (OOB) as shown with the 'forbidden route' symbol.
- Please follow instructions and park economically.
- Drinks are available at the administration area - \$1 per drink, please bring coins.
- Pit toilets will be erected at the event site. Please use them courteously.
- Mobile phones, including smartphones, may be carried for emergency use only. They must not be visible whilst riding and are obviously not to be used during the event for navigation.
- Install Emergency App onto your phone. See details below.

Covid-19 Safe Guidelines have been developed in accordance with Queensland Health "Outdoor Sports" requirements and the Covid-19 Safety Guidelines developed by Orienteering Queensland. General requirements are as follows:

- If you are feeling unwell, stay home
- Do not come to an event if you have any Covid-19 symptoms or have been in recent contact with someone who has Covid-19
- Wash hands thoroughly before leaving home and as soon as you return
- Practise safe respiratory hygiene (coughing and sneezing into elbow etc)
- Avoid touching your eyes, nose and mouth
- Avoid contact with others. Social distancing (1.5m between people)
- Social distancing requirements mean we cannot encourage congregations around a results display at the event. See them on Eventor when you get home.

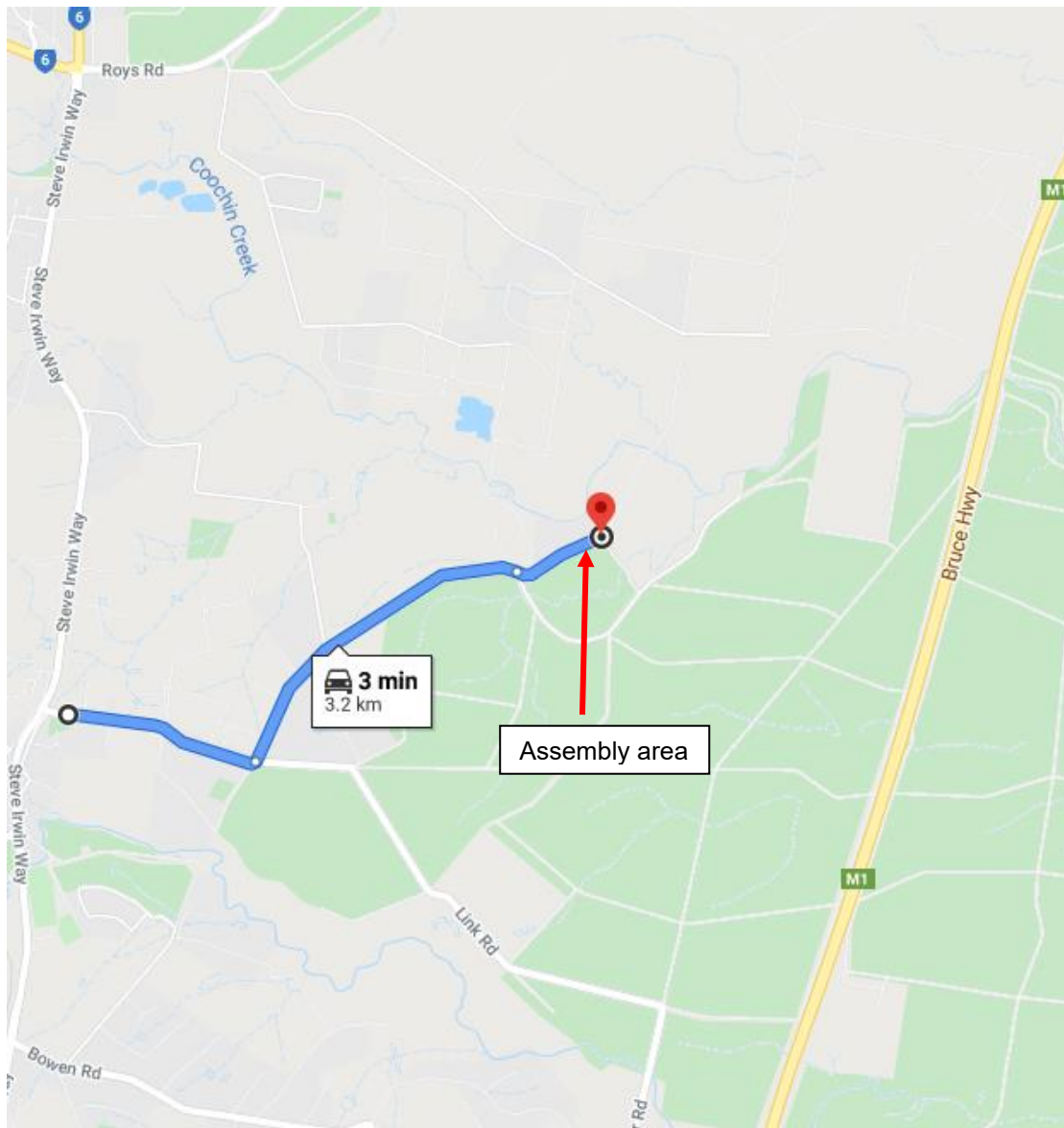
- Frequent environment cleaning and disinfection with sanitizer.
- Do not use punch controls. Just report any control that won't register at the Finish.

Road Directions:

From Brisbane: Allow 65 minutes from Brisbane CBD to assembly area. Travel north on the Bruce Highway to approx 10km past Caboolture and turn left towards Glasshouse Mountains along the Steve Irwin Way for approximately 11km. Turn right onto Kings Road and follow Kings Road into Bassetts Road to the assembly area (approximately 3km). Follow Orienteering signs.

From the North: Follow the Bruce Highway to the Landsborough turnoff, then follow the Steve Irwin Way to Glasshouse Mountains, turn left onto Kings Road and follow Kings Road into Bassetts Road to the assembly area (approximately 3km). Follow Orienteering signs.

Park as directed (right hand side of area – not under trees). Please note when leaving the Event the Kings Road/Steve Irwin Way intersection is dangerous. Alternatively, turn left into Jefferys Road (just before the Kings Road/Steve Irwin Way intersection) and follow through to the traffic lights at Glasshouse Mountains.



Courses:

Course 1 – ~ 37 km

Course 2 – ~ 27.5 km

Course 3 – ~ 16 km

Score 90 minutes – Social event for E-bikes, families, individuals or teams

Score 3 hour - Social event for individuals or teams

For the Score class, there will be a number of controls on the map that may be visited in any order. The aim is to accumulate the maximum number of points and return within the given time limit by visiting the most controls. Each control is worth a multiple of ten. For eg. Control 57 equals 50 points, Control 65 equals 60 points, Control 83 equals 80 points.

In the event that more than one rider visits all the controls, the winner will be the rider that returns in the quickest time.

30 points will be deducted for each minute or part minute you are longer than your allocated time (3hrs or 90 mins) up to the time you punch a “Finish” control. Riders finishing more than 30 minutes after the course finish time will have all points deducted. There are no extra points for finishing before the finish time.

There is not a mass start for the 3 Hour Score and the Rec Score Course (90 mins) so it is important that you keep track of your own time from when you started. Bear in mind that all courses close at 12:00noon. Please keep this in mind when making your way to the start.

You may decide to bring your own plastic map bag just in case it rains.

Note – the 3 Hour Score course will have individual punch starts, in groups of four, between 8.20am – 8.50am.

Registration:

Registration will open at **8.00 am**. Please make sure that all outstanding monies have been paid via Eventor prior to the event. **ALL** competitors are required to go to registration. Your entry details will be confirmed and you will be issued with an SIAC stick (if hired) and finger strap. If you **own** an SI or SIAC stick **bring it to registration** so that the number can be checked. For newcomers, basic instruction will also be available if needed, just ask the officials. If you have requested a hire map board these will also be available at registration.







Map








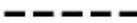


Map Scale 1:20,000 for Course 1 & 3 hour Score and 1:15,000 for courses 2, 3 and 90 min Rec Score course, contour interval 5 metres

Map Size is A3 for All courses

The legend will be on map as displayed below.

MAP SYMBOLS

pine plantation mostly planted in rows		is Start location
native vegetation		is Control location
farmland / orchard		is Finish location
rough open land		crossable watercourse
open land		uncrossable water
out-of-bounds including Bruce Highway		obstacle across track.

	fast	medium	slow	difficult
Bitumen road				
Dirt roads				
Dirt tracks				
Overgrown				

Terrain Notes

The event area is undulating pine plantation with some remnant native forest along watercourses.

The map was last used in 2019 so both the vegetation and the track conditions may have had updates for this event. As a result competitors should note the following:

- In addition to the normal track and path grading a broad green stripe has been used to show local areas of thick vegetation or overgrown tracks.
- On previous maps a broad yellow stripe was used to indicate wide open verges on main roads, but since most of these verges are now too rough to ride on this stripe has been removed. Riders should judge track speed by the updated track symbols.
- The tracks are generally dry, but some deep ruts are present from previous wet weather activity. The deep ruts are generally avoidable on two wheels, but riders should exercise care
- Track speed may also be reduced by lantana, long grass or small pine growth, plus fallen pine cones.

It is strongly recommended that competitors wear gaiters or some other form of ankle and lower leg protection.

Clear & Check:

You will be directed through a clear & check area before you reach the start. There will be an SIAC stick check also before you reach the start. It is the competitor's responsibility to ensure they have correct SI or SIAC stick and that it is cleared before the start.

Start:

In this event, competitors will not have a pre-allocated start time, except for the 3 hour course where competitors have unallocated start times between 8.20am – 8.50am. Please go to the start area when you are ready to start. Two minutes before starting you will move into the start lane for your course. One minute before your start time, you will be able to collect and mount it to your map board. You should also check it is the right one for your course while doing this. At the end of the series of beeps, you must move forward immediately and punch the **“START”** control to begin your course. You must move away from the start area immediately as there will be riders behind you wanting to start.

Please note that you MUST ride through the START triangle and that you cannot ride back through the start gate and pre-start area after you have started. If you attempt to do so you will be disqualified.

As part of the Covid-19 requirements, please stay 1.5m away from fellow competitors.

Tip: we use a pre-recorded announcement to give you safety warnings and tell you when you can pick up your map, so listen to it carefully!

Finish:

At the finish, punch the **“FINISH”** control and make your way to the finish tent to have your SI or SIAC stick downloaded. If you have a hired SIAC stick you must return it. Results will be posted via the Eventor as soon as possible after the event. If you decide not to finish your course, you **must report** to the **finish tent** when you return to the assembly area **to avoid a search being mounted for you!**

Covid-19 social distancing requirements mean we cannot encourage congregations around a results display at the event. They will be available on the Eventor website soon after the event.

Safety:

In an emergency call the number on the map (0411 231 006) or Triple Zero (or 112 if you don't have reception from your usual mobile carrier). Mobile phone coverage is available on courses and assembly area.

If you encounter an injured rider, you **MUST** abandon your course and render whatever assistance you can. Send another rider back to registration for assistance, if possible.

Bring your own medical items for pre-race treatments. There will be a trained first-aider in the assembly area.

Hazards on this course may include fallen trees, potholes, lantana and small pine tree regrowth, long grass, pine cones, wildlife, motor bike riders and 4WD's. Please keep alert and ride to the conditions. You must obey all road rules.

We recommend and use the Emergency + App, to assist Emergency Services to locate you...



Emergency Plus app

'Emergency +' is a national app developed by Australia's emergency services and their Government and industry partners, helping people to call the right number at the right time, anywhere in Australia. ... Triple Zero calls are free.

Android

https://play.google.com/store/apps/details?id=com.threesixtyentertainment.nesn&hl=en_AU

Apple - <https://itunes.apple.com/au/app/emergency/id691814685?mt=8>

Safety Bearing:

The assembly area is adjacent to Bassetts Road on the western edge of the map. If you need to abandon your course ride to west and under Bruce Highway to Bassetts Road and return to the assembly area.

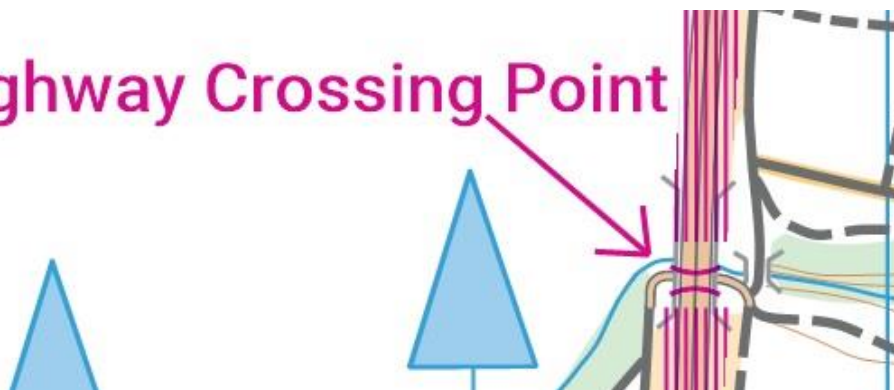
Out of Bounds Areas:

Areas marked "out of bounds" on the map are strictly "OUT OF BOUNDS".

Prohibited areas are marked on the map with a regular striped pattern. You are not to ride on any road or track within the Out of Bounds area. You must stay on tracks and open land areas marked on the map. You must also remain with your bike at all times. No shortcutting through the bush is allowed.

There are roads that you are not permitted on during competition. **This includes the Bruce Highway and the verges beside it.** They are marked on the map with lines to clearly indicate that you can't travel on them.

Bruce Highway Crossing Point



Rules

http://www.mtbo.com.au/mtbo_rules.pdf

The Australian MTBO rules shall apply to this event. These can be found on the MTBO Club page. All competitors are urged to read and understand these rules. Some key items include:

All competitors must wear bike helmets.

Competitors must stay on the tracks marked on the competition map. If terrain or road conditions force the rider to dismount, they must carry the bike on a marked track. No off-road shortcuts through the bush are permitted.

Competitors on line courses must visit the control sites in sequential order. Check the control number on the marker is the same as the one on your map before punching.

Competitors must not become separated from their bike during a competition, unless through injury or mechanical failure.

Courtesy and sensible behaviour is expected when mountain bike riders encounter, horseback riders, and motor vehicles during an event.

Competitors and officials must avoid disturbing local flora, fauna and stock at the event and respect the local environment.

Practice and observe the rules of the road – keep to the left on roads and tracks.

Approach all track/road crossings, corners and hillcrests with caution.

Ride defensively and in control at all times.

Give way to faster riders wishing to pass on narrow tracks.

Riders going downhill should give way to riders going uphill

Calling out to other riders, sharing information about control locations, or seeking assistance with regards to your location, will bring instant disqualification unless you are riding on a social course.

Give assistance to injured competitors on the course. Organisers may give a restart or organiser points for the rider who gave assistance.

Course Closure:

Courses closes at 12.00 pm.

If you have not finished your course at this time, you must abandon your course and return to the assembly area as quickly as possible and **report to the Finish Tent**. The SPORTident units are programmed to turn off at set times so you will be unable to punch controls if out after the closure time.

Please ensure you punch the finish control if using an SIAC stick even if you have abandoned your course to switch the stick off and preserve battery life.

Water:

Everyone is urged to drink plenty of water before starting their ride. There is no water out on the course, so you must take all water you require for the event with you. Please bring your own water for use before and after the event. Bottled water will be available for purchase in the assembly area.

Complaints and Protests:

Complaints must be lodged within 15 minutes of the last finisher in any class. Complaints must be made in the first instance verbally with the Event Organiser via the Registration Desk. The Organiser will assess the complaint and make a ruling. If the complainant is still dissatisfied, they may lodge a formal written protest with the Registration Desk. The Event Organiser will then appoint a three person jury to assess the complaint. The Event Organiser will chair the jury meeting but will not vote on the outcome. The decision of the jury will be final.

Catering:

Soft drinks will be sold.

Bush toilets are located adjacent to the registration/assembly area.

Event Timing – SPORTIDENT Electronic:



This event will be using the SPORTIDENT Electronic timing system. SPORTIDENT sticks are hired for a small fee. Lost hire sticks will incur a replacement charge of \$95.00.

SPORTIDENT Air Contactless Punching

Familiarise yourself with how the system works by reading the guides that we've sent to you.

Control Stands and Flags:

Orange and white control flags will be suspended from pickets with a SPORTIDENT unit.

The control identification number will be the SPORTIDENT unit on the top of the stand. This will match up with the control number on the map.

Clear & Check:

It is important to remember to “clear” and “check” your SPORTIDENT stick prior to each event, to delete previous event information stored on it. Special “Clear” and “Check” units will be positioned in the pre-start area of the event. It is the competitor’s responsibility to ensure that they have the correct SPORTIDENT stick and that it is cleared of previous race data before they start. If you do not clear your SPORTIDENT stick it may not have enough memory to record all your controls.

SPORTIDENT Air Check:

There will be an SPORTIDENT Air Test unit after the Clear/Check units to test your SPORTIDENT Air stick.

SPORTIDENT Air use on the Course:

If a SPORTIDENT or Air Stick at a control malfunctions and does not “beep” or “flash” when the stick is inserted/waved, the competitor must note the time on their map and advise the Finish Officials. This is in compliance with the Cove-19 Guidelines issued by Queensland Orienteering.

Event Results:

Placings, Split Times and Replays will be available in Eventor and our club website shortly after the event www.sunshineorienteers.com.au

Control Collection:

Many hands make light work. The organisers for this event would very much appreciate it if competitors could provide some assistance after the event collecting controls. If everyone assists by collecting the controls from within one small “region” of the map we will have them all in very quickly. **Please don’t be shy in volunteering for this activity!**

Anything else you want to know:

The contact: Geoff Moore email: gemoore123@bigpond.com phone: 0411 231 006