## Wyangala Junior Orienteering Camp Programme

## Thursday, July 16 to Sunday July 19

We're looking forward to enjoying some orienteering training now restrictions are partially lifted. Please continue to be careful with distancing and other precautions throughout the camp. We will avoid indoor sessions and try to keep everyone as safe as possible. Unfortunately, there will be some aspects of traditional camps that we will miss but we hope everyone can have fun anyway. There is a separate document detailing the COVID plan so please read that.

The third day of the camp is on the map at Wyangala and the other 3 will be at nearby Roseberg State Forest. Both are great areas to learn and practice skills and offer a wide range of terrain. The emphasis is on enjoyment without competitive pressure. There's little timing & no SI or punching so we minimize contact.

Obviously, you are accommodated as families and you will also have to be self-sufficient with food and water too. Please bring your own lunch to each day's training.

**IMPORTANT:** There is <u>no</u> drinkable water at Wyangala so you <u>must</u> bring it with you if you're not staying there. Even if you are staying at Wyangala, each cabin will get only a single 1.5L bottle of filtered water. The tap water is OK for washing dishes, showering and cooking. There is a rainwater tank onsite, but any water from it should be boiled thoroughly before drinking. Otherwise, if you are staying at Wyangala, please bring some extra water to last you through the camp.

Essentially, both COVID-19 and lack of water will force us all to be self-sufficient during the camp.

There is a kiosk with basic groceries available at Wyangala open on Saturday and Sunday only. If you are staying at Wyangala, please remember to ask for the 10% orienteers discount before paying your balance.

We will have only a single portaloo for the training sessions at Roseberg. Please try to use other toilets before arriving (eg. at Lyndhurst or below the Wyangala Dam wall on the way in). We will have the use of toilet facilities at Wyangala on Saturday, though they may be a fair distance from the assembly.

Do bring plenty of warm clothes and come prepared for wet weather. It can be very cold, especially if the wind picks up.

## Directions: Thursday rendezvous : coordinates (-33.814443, 149.061175)

From Sydney, drive through Bathurst and take the Midwestern Hwy towards Cowra. At Lyndhurst turn left into Mt McDonald Rd which becomes Garland Rd. Drive 15km from the highway and turn left into Tea Tree Rd. Follow Tea Tree Rd for 3.5km and park.

From Canberra, drive to Wyangala and continue uphill past the park on Reg Hailstone Way. Drive 11.5km and turn right into Clements Rd. Continue for 10.6km before turning left onto Quartpot Rd. Drive a further 4.2 km, turn right into Tea Tree Rd and drive another 3.5km to the parking.

If participants can aim to arrive around 11am on Thursday, we will get them started with the first exercise as they're ready. We'll aim to have an introduction after everyone's finished their course and having their lunch.

There will be another exercise in the afternoon before everyone returns to their accommodation.

**Friday rendezvous:** Similar directions to above but keep an eye out for signs to turn off Tea Tree Rd after 3km. Aim to arrive around 9am as there will likely be a short walk to the assembly.

There is a morning session, then lunch and an afternoon session. Trying to finish up around 3.30-4pm.

**Saturday:** Both morning and afternoon are at the Wyangala Holiday Park. If you aren't staying there I'm afraid you will have to pay a \$12 entrance fee per vehicle. Follow signs past the camping area to the assembly. Remember to bring your own drinking water. Toilet blocks are located within the park.

**Sunday:** Return to Roseberg State Forest by 9am. Depart around 1-2pm.