#### Extra COVID related event information – Please Read.

# **Summary**:

As of 1st June, Orienteering SA is able to return to competition outdoors while ensuring compliance with COVID-19 safety requirements

This will be reviewed each time the COVID-19 restrictions are changed.

For the moment there are a number of key guidelines to be mindful of:

- \* Arrive, Run, Leave (No Socialising at events)
- \* No double handling (no sharing of pens, maps, equipment or water).
- \* Keys cannot be left at registration
- \* Social distancing is to be observed
- \* Recording/checking of attendees and contacts
- \* No one to attend who is feeling unwell, has been in contact with someone with COVID-19 in the last 14 days or returned from overseas in the last 14 days

## **COVID -19 Rules : must be read by all the competitors**

# RULE 1: Stay home if any of the following apply

- \* You are unwell—even if you have only mild symptoms
- \* You have been in close contact with a confirmed COVID-19 case and until the 14 days of isolation is over
- \* You have returned from overseas in the last 14 days
- \* You are waiting for a COVID-19 test result

#### RULE 2

Maintain Social distancing - allowing at least 1.5m between people at all times

RULE 3 "Arrive /run /leave". Minimise your time at an event or training

Please note: Entry for events is only by pre-entry through Eventor.

It is particularly important to have your personal contact details recorded correctly in Eventor. Please ensure that these are up to date. These will be used in the case of COVID-19 tracing.

To check contact details log on to Eventor at <a href="https://eventor.orienteering.asn.au">https://eventor.orienteering.asn.au</a> and go to My Pages -> My Profile-> Contact details. While you are there you can edit any of your details that need updating and add your emergency contact person and mobile number in the new field for this. .

There is no Enter-on-the-day allowed

### **Practical considerations**

Access to event: Enter only via the indicated route and use the provided hand sanitiser as you enter the assembly area.

### Registration:

As everyone will have paid there will be no cash transactions. You need to confirm your identity at registration.

<u>Hired/ loaned SI Sticks:</u> If you have made prior arrangement to hire a stick collect it at registration. They will be in a labelled envelope. Take the envelope and dispose of it either in the bin provided at registration or after you leave the event. After you finish your course **return the SI stick to the deposit box at the download area.** 

### Start:

Once finished at registration you will need to go straight to the start and queue behind the box for your course still maintaining social distance of 1.5m from other competitors. As you reach the start boxes pick up your map from the box corresponding to your course. Whilst on the course you are required **not to touch the controls** and insert only your SI stick.

## Finish/Download:

If you have to queue maintain social distancing of at least 1.5m and more if you are breathing heavily. Use the same process with the download unit as out on the course by inserting your SI stick without otherwise touching the unit. After taking your printout use hand sanitiser Once you have downloaded **please do not stay in the area**. Collect your gear and leave as soon as possible following the marked exit route. Results will be published on line as soon as possible after the conclusion of the event

Key storage: will not be available at the event

<u>Water Bottle and other equipment</u>: bring your own bottle etc and do not drink from someone else's or otherwise share their equipment

Please download the Covidsafe app and enable Bluetooth.