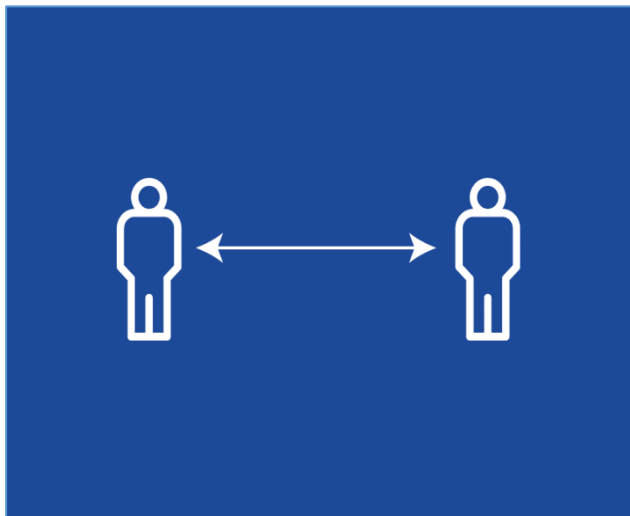


This is a Covid 19 safe event



- No mingling
- Leave 1.5M distance from others at all times
- Do not attend if unwell or have been in contact with a confirmed/suspected Covid-19 positive case in past 14 days



- Cough or sneeze into a tissue or your elbow
- Wash/sanitize your hands at Start & Finish
- Avoid touching SI units when punching
- Do not touch other competitors' maps

ARRIVE READY TO GO > COMPETE > LEAVE

Enjoy your run!