

September 12th and 13th.

Including the GORDON HOWITT MEMORIAL Long EVENT





Covid-19 Safe Guidelines have been developed in accordance with Queensland Health "Outdoor Sports" requirements and the Covid-19 Safety Guidelines developed by Orienteering Queensland. General requirements are as follows:

- If you are feeling unwell, stay home. Contact us before event for refund.
- Do not come to an event if you have any Covid-19 symptoms or have been in recent contact with someone who has Covid-19
- Wash hands thoroughly before leaving home and as soon as you return
- Practise safe respiratory hygiene (coughing and sneezing into elbow etc)
- Avoid touching your eyes, nose and mouth
- Avoid contact with others. Social distancing (1.5m between people)
- Social distancing requirements mean we cannot encourage congregations around a Results display. See them on Eventor when you get home.
- Frequent environment cleaning and disinfection with sanitizer.
- Do not use punch controls. Just report any control that won't register at the Finish.
- Should you develop symptoms at or after the event please notify Sunshine Orienteers.

Championship Organiser: Stuart Gordon Phone 0439979261

BULLETIN 1.

Round 1 of National MTBO Series. QLD State Series Round 4, 5 and 6.

EVENT LOCATION: North side of Brisbane.

Saturday September 12

SPRINT: Morning. Boondall Entertainment Centre. Five Line Courses.

MIDDLE: Afternoon. "CREEC" Environment Centre. Burpengary.

Five Line Courses. One Recreational 60min Score.

An urban environment comprising Council parks and forest reserves, sports grounds, an environmental centre and an educational facility.

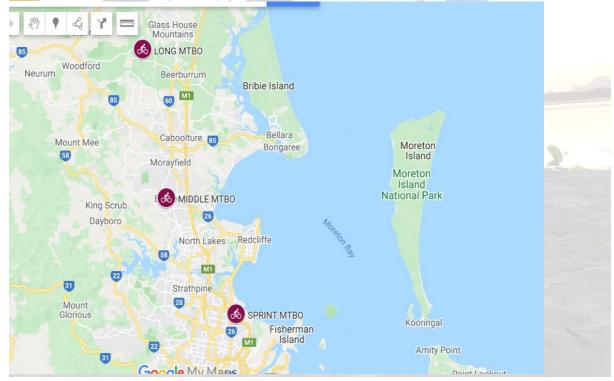
Sunday September 13. This is the "Gordon Howitt" Memorial Event.

LONG: Morning. Beerburrum State Forest, Glasshouse Mountains.

The State Forest is undulating to hilly with forest tracks and trails.

Five Line Courses. 2 Score courses. (90 min Recreational and 3 hour)

MAP



CHAMPIONSHIP CLASSES:

Championship line courses for Long, Middle and Sprint Events will be offered in the following age classes:

M14, M16, M20, M21, M40, M50, M60, M70. W14, W16, W20, W21, W40, W50, W60, W70.

NON-CHAMPIONSHIP CLASSES:

You can ride these solo or with friends.

SPRINT:

There will be two Non-Championship classes offered. Both are line courses where you have to find controls in order.

- 1. Recreational Line Course
- 2. E-bike Line Course.

MIDDLE:

There will be two non-championship classes offered.

- 1. Medium. Line Course 3. You have to find the controls in order.
- 2. A Recreational 60 min Score course. You find as many controls as you wish in any order in 60mins.

LONG:

There will be five non championship classes offered.

- 1. Long. Line Course 1.
- 2. Medium, Line Course 3
- 3. Short. Line Course 5.
- 4. 90min Recreational Score Course.
- 5. 3 hour Score Course.

PRICES: EARLY BIRD PRICES to midnight 31st August. No exceptions. Add \$10 pp per event after 31/8. Entries close 7th September. Entry fees will be refunded in full if event is cancelled due to COVID.

Event	Senior	Junior	Recreational Course	
	Member/Non-member	Member/Non-member	Member/Non-member/Junior	
Sprint Champs	\$25 / \$35	\$10 / \$20	\$25 / \$35 / \$10*	
Middle Champs	\$25 / \$35	\$10 / \$20	\$25 / \$35 / \$10*	
Long Champs	\$25 / \$35	\$10 / \$20	\$25 / \$35 / \$10*	

^{*}Children 14 or under (as at 31st Dec 2020) are free if they are riding in the Recreational Courses with an adult.

Family discounts apply for 4 or more. Contact admin on 0439979261 to apply. Senior and Junior entry fee is for Orienteering Australia or affiliated club members (eg Overseas orienteering club).

Non- Member competitors are eligible to ride in an age category or an open class, however, they are not eligible to win a Championship event as they must be an OA or affiliated member (eg Overseas orienteering club).

EVENTOR

Entries Open 1st August 2020. Late entry fee applicable after 31st August. Entries Close midnight 7thth September 2020.

Entries may be accepted after this date at the discretion of the organiser. Late fees will apply.

Entries will be through Eventor. If you are new to Eventor, you first need to register and create a user account. You do not need to be an Orienteering club member to enter. There is a help and support section but if you are stuck call 0439979261.

You can pay all fees in a single transaction, including other people who you enter. Within the entry page, tick the boxes for all events that you wish to compete in, add all Services (Mapboards, SI sticks), and enter anyone else you need to. This will produce a single invoice for payment.

TECHNICAL INFORMATION

Australian MTBO Competition rules will apply to all events: All maps will conform to current IOF specifications with some changes to forest plantation colours and directional single tracks. Maps will be printed on semi- waterproof paper. During all events it is only permitted to ride on tracks marked on the map or open land (100% yellow)-symbol 401 or open land with scattered treessymbol 402. Competitors riding Open class A, B and C or in the recreational class may ride in teams. These are not Championship events.

MTBO Rules: http://www.ausmtbochamps.com/rules/ (LINK)

Expected winning times. Distances provided closer to time.

	LONG		MIDDLE		SPRINT
	Men	Women	Men	Women	All
Elite	105-115	85-95	55-60	45-50	20-25
Masters	105-115	85-95	55-60	45-50	20-25
Juniors	84-92	68-76	44-48	36-40	16-20

The expected winning times in each class are a guide only. The times may vary when the final courses are developed. Details will be available in late August on the course lengths, climb and the number of controls.

FOOD: Sadly, we will not be able to offer any food for purchase due to Covid safety guidelines. Drinks will be available for purchase after the LONG EVENT ONLY.

NEARBY THINGS TO DO

Glasshouse Mountains Lookout

Parklands 60kms off road MTB trails.

Ferny Forest 10 km single track plus Ewen Maddock ride. Total 23km.

Bunyaville Lots of fun single track

Caloundra More technical single track with features

7 of Brisbanes most scenic bike routes

Other attractions near Champs:

Australia Zoo

Abbey Museum of Art and Archeology,

Caboolture Markets Sun morn,

Caboolture airport Warplane Museum

Climb Mt Ngungun (1hr return, very easy with spectacular views) or Mt Beerwah (difficult with some exposure, but great views)
Visit the beautiful beaches of Caloundra and Sunshine Coast.

PLEASE HELP TO PROMOTE THIS EVENT. Deb Gordon.

