

# Final Competitor Information— Tasmanian Sprint Championships

Location	Event Date	<b>Event Category</b>	Event Series
Randalls Bay	16 August	Sprint	Tasmanian Championships, OST5, Badge

#### COVID-19 Stuff

- Before you come, read the <u>COVIDSAFE Participant checklist.</u>
- Bring your own water no water will be available on the course or at the assembly area.
- Bring your own snacks/lunch no catering will be available.
- Social distancing and a range of hygiene measures will be enforced.
- There will be no prize giving or presentations

If you have COVID-19 symptoms, have been in recent contact with a COVID-19 case, or have travelled overseas recently please stay home.

#### **Terrain Notes**

Map: Randalls Bay

Scale: 1:4,000

Contour Interval: 2.5m

As you know, this is NOT your average sprint terrain. There's some sand mining, some paths and some green.

The map uses your normal sprint orienteering symbols. A green x is a root mound – but often there's not much dirt and plenty of stump. A black x or o is typically a car wreck, collection of roofing iron or other dilapidated man made thing.

Dark green is thick but not impenetrable.

#### The Start

The start is approximately 600m (20m climb) from the registration/assembly area, along the sealed road from the rego/parking area. Allow 10-12 minutes easy walk. You will veer off the road and the start will be about 150m away via a track and then following tapes the last 100m through the bush.

Please take care and walk on the side of the sealed road. Most of the walk to the start is in a 40km zone but some of it is 80k. Traffic is typically very light and we will have signs warning cars of runners on the road, but please take care going to the start and while running along or crossing the road out on your course. All courses will cross the road.

Also, please take care on the track on the way to the start as some competitors will be running along this on their course. Give way to runners.

Warm up is on the route to the start.

Everyone has an allocated start time and you will be called up 1 minute prior to the start. You may pick up your map when the beeps start but you may not look at it until the final beep.

You are in the centre of the start triangle when you pick up your map.

## **Finishing**

You need to finish before the course is closed at 12.30 (not 12 as previously advertised). This should give you plenty of time to complete the course. But if you cannot do so for any reason you will need to abandon it and head back to the assembly area to arrive by 12.30.

Whether or not you have completed your course, you must download your SI at the computer, so that we know you have returned safely, and don't organise a search party for you. Also be aware that as soon as the course is closed, the organisers start bringing in controls.

Note that there is a remote finish – there is a gentle 500m walk back to the parking area along the lovely coastal walk.

In order to avoid the risk of people passing close to the finish site on their course and resetting their SI Air the finish will not be SI-Air enabled - you will need to physically punch the finish.

### **Contact Information**

To contact the organiser for this event, email <a href="mailto:paul.liggins@gmail.com">paul.liggins@gmail.com</a> or call 0408 417 335.

## **Friends of Randalls Bay**

Thanks very much to all those who kindly donated. We will be handing over \$400 for FORB to continue their great work on the coast.