



Event Information - 2020 Tasmanian Long Distance Championships

Location	Event Date	Event Category	Event Series
Russells Plains	Saturday September 12 th , 2020	Championship & Badge event	OST 6

COVID-19 Compliance

To comply with government regulations there are changes to the way orienteeing in Tasmania takes place:

- You must enter using the online entry system [Eventor](#). Deadline for entries is **Monday evening, September 7th**.
- There will be no entry or payment on the day. If you turn up without pre-entering you will not be allowed to participate.
- Before you come, read the [COVIDSAFE Participant checklist](#).
- Bring your own water – no water will be available on the course or at the assembly area.
- Social distancing and a range of hygiene measures will be enforced.

If you have COVID-19 symptoms, have been in recent contact with a COVID-19 case, or have travelled overseas recently please stay home.

About This Event

This is the 2020 Tasmanian Long Distance Championships and the first use of the new Russells Plains map (remapped by Alex Tarr, November 2019). The full set of 9 OST courses and classes are available.

Course Planner and Controller

Course Planner: Paul Pacque

Course Controller: Paul Le Fevre

Where is the Arena?

The arena is 3.2km along Russells Plains Road, Rocherlea ([HERE](#)). Driving instructions for the East Tamar Highway from the Charles St Bridge can be found [HERE](#). Be careful on the farm road as there might be runners on the road.

Parking is in a paddock (which, fingers crossed, will not be too wet and slippery). Alternatively parking will be along Russells Plains Road. Please park as directed.

When Can I Start?

Start times will be pre-allocated (first starts @ 10am). Start lists will be published as soon as practical after the closure of entries.

There is a 500m easy walk to the pre-start.

When do I Have to Finish?

You need to finish before the course is closed at 2pm. If you cannot complete your course in time you will need to abandon it and head back to the assembly area to arrive by course closure time.

Whether or not you have completed your course, you must download your SI stick or P card at the computer, so that we know you have returned safely, and don't organise a search party for you. Also be aware that as soon as the course is closed, the organisers start bringing in controls.

Which Map is Being Used?

Map: Russells Plains (November 2019).

Scale: 1:15,000 for courses 1 & 2; 1:10,000 for courses 3 to 7; 1:7,500 for courses 8 & 9

Contour Interval: 5m

What are the Courses?

Course	Target Winning Time	Navigation	Distance / climb (Approx)	Number of Controls	Age Group Classes
1	80 - 90	Hard	11.7km / 340m	21	M21
2	65 - 75	Hard	9.4km / 285m	17	W21, M17-20, M35, M40
3	55 - 65	Hard	6.7km / 275m	14	W17-20, W35, M16, M45, M50, M Open AS
4	55 - 60	Hard	5.8km / 195m	16	W16, W40, W45, W50, W Open AS, M35-50AS, M55, M60
5	50 - 55	Hard	4.1km / 165m	11	W35-50AS, W55, W60, W65, W70, W75, M65, M70, M75
6	45 - 50	Hard	3.4km / 130m	11	W80+, M80+, M/W Open A, MW55+AS
7	30 - 40	Moderate	3.3km / 115m	12	W14, W16+B, M14, M16+B, M/W Open B
8	24 - 30	Easy	2.4km / 45m	9	W12, M14B, M12, M14B, M/W Open C
9	20 - 25	Very Easy	1.7km / 35m	7	W10, W12B, M10, M12B

Do I Need an SI Stick or P Card?

All Tasmanian Orienteering clubs use the SportIdent (SI) electronic punching system so an SI-stick or a P card is required at all events. Due to COVID-19 we strongly encourage everyone to buy their own timing device.

P-cards are suitable for all local events, but for bush events it is preferable to have an SI-stick – they are faster to use and register more controls.

If you do not own an SI-stick or P card, you can hire one for \$4, or buy a P-card for \$20 when you enter online. Hire sticks will be disinfected between events.

If you would like to buy an SI-stick for \$60, see aussieogear.com.

How do I Enter?

Entry for this event is by pre-entry only via Eventor. Deadline is midnight Monday **September 7th.**

- If you are a newcomer, see *Information for Newcomers* below
- Enter using [Eventor](#) – the online orienteering entry system.
- If you need help to enter, follow the [How to Enter guide](#).
- There will be no entry or payment on the day. Late entries will be accepted at the discretion of the organiser and will incur a “late fee”.
- Entries close at midnight on the Monday before the event.
- To enter online you need to be [registered as a casual or full member of Orienteering Tasmania](#). Casual membership is free!

How Much Does it Cost to Enter?

Event Fees	Adult	Adult	Youth or Concession	Youth or Concession	Family	Family
	Casual Member	Full Member	Casual Member	Full Member	Casual Member	Full Member
Orienteering Series Tasmania (OST event)	\$24	\$16	\$12	\$8	\$60	\$40

Information for Newcomers

Newcomers are encouraged to come along and give bush orienteering a try. Wear comfortable clothing and foot wear suitable for walking or running; bring warm clothes and wet weather gear in case the weather is inclement. Long pants are a good idea if you plan on doing a course that takes you off tracks and through the bush.

For OST events enter class M/W Open B for a moderate navigation course or class M/W Open C for an easy navigation course.

When you arrive at the event come to the registration desk and let the organisers know you are new; an experienced member will help you through the registration, start and event procedure.

Contact Information

To contact the organiser for this event, email paulpacque@internode.on.net or call 0431 663 379

For Northern Tasmanian general orienteering information, email evoc@tasorienteering.asn.au

For Statewide orienteering information, email info@tasorienteering.asn.au

What Else do I Need to Know?

As this event is conducted on private property with livestock present, please leave your dog at home. As well, please leave gates closed or open as you find them.

Any Food?

There will be some catering available in support of the Juniors. To allow for operating within Covid guidelines, you **must** pre-order your hot food through Eventor. This can be done either when you enter or after (but before the cut off).