







Orienteering South Australia:

2020 SA School Orienteering Championships FRIDAY 28th August, 2020, Thorndon Park Reserve,

INFORMATION FOR TEACHERS / PARENTS / SUPERVISORS

Prior to Friday 28th AUGUST, please check all students' details carefully on the published start list document. If there are any errors email schoolschamps@sa.orienteering.asn.au

OFFICIALS

Our thanks go to the Campbeltown City Council for use of Thorndon Park Reserve.

COVID- SAFE Conditions:

All students, teachers, parents and helpers attending the SA Schools Orienteering Champs, are subject to the current COVID- Safe conditions.

Entry is under the following conditions:

- You cannot come if in the previous 14 days, you have had any COVID-19 symptoms- High temperature, sore throat, runny nose.
- Make sure that if students are not well on the day, they stay away.
- All participants have to sanitise their hands before and after the event.
- They should keep within their allocated school grouping, and distance themselves 1.5 m away from other school competitors except during briefing sessions.
- Parents, spectators and helpers need to be aware of the 1.5m distancing rule in respect to other event participants.
- We are encouraging all schools / participants to arrive, compete and depart when finished.
- Maps once issued will be kept by students after completing their course. Fair play rules apply.
- We will have an event COVID MARSHALL, in specially marked bib, on site to oversee appropriate behaviours.

GENERAL INFORMATION:

- Arrive early to the event, to allow the students to familiarise themselves with the area and to set up in your allocated area for the event.
- One individual from each school needs to check into registration to get their school allocated area, confirm school numbers, and any changes, as well as pick up their school SI sticks to distribute to their students.
- Make sure every student has a change of warm, dry clothes, shoes and access to sunblock.
- Each student to bring/wear suitable running attire and shoes, food, water and personal medication.
- Bring a tarp or similar for the students to sit on. The students will be allocated under cover areas. If you are
 going to bring a shelter, please contact Zita for details.
- School banner or flag encouraged.
- The playground near the assembly area is OUT OF BOUNDS to students.
- Bring along cards, books, games to entertain your students while they are not competing. We request due to COVID distancing rules that apply in the public park, that students do not play with sport equipment, but entertain themselves in their allocated school area, until they have finished competing and then leave.

- Students will hold onto their own maps after their event. Please pass to the teacher or supervising adult.
- This is a winter sport, the event will only be cancelled if there is a predicted thunder storm/lightning or flood.

VENUE:

Thorndon Park Reserve, Hamilton Tce., Paradise. Entry by main gate from car park.

PARKING:

Buses and cars dropping off students for the day should enter into the main carpark through the BOOM gates and follow the directions of a parking official. It is a short walk through main gates using the park paths to the assembly area near the large undercover pavilion. Drivers staying for the day may park in the main car park. There is no car or bus entry fee for this event.

ASSEMBLY AREA: Entry via main gate from car park. Follow signs along the path to the assembly area.

All students / schools will be placed in an assigned area for their school to wait / compete and leave. There is a large undercover pavilion, and a smaller area under sails. There is also a lawned area, where some school tents can be placed. Schools that want to bring a tent, need to contact Zita to book in, and be allotted a space.

The start: Near the main toilet block.

The finish: Next to the Thorndon Park's old heritage buildings. **Toilets**: Located near the North-eastern side of these buildings.

ARRIVAL: Schools should arrive by 9.30 am or at least 30 minutes before your first student's start time to enable registration to be completed prior to any start times. First starts on all courses are at 10.00 am

Teachers are encouraged to ask students to write their Course/Lane No and their allocated Start Time on their hand

Students MUST be at the start 10 minutes before their scheduled start time.

REGISTRATION: Will be open from 9.00 am at the registration tent. Start lists will be on display at registration. A representative from each school must notify Registration that your school has arrived. You will be allocated a school area for students to wait. If you have any changes to your school's team, hand in a written list of any changes or students who are not competing and are not being replaced.

Each school will be provided with the required SI Sticks to be used with the SPORTident electronic timing system for their students. Each student must use the SI stick allocated to them, otherwise their result will not be recorded correctly.

ALTERATIONS / REPLACEMENT RUNNERS ETC: If a competitor cannot run on the day, you may allocate their start time to a replacement, provided they are eligible for the same age group. Please give details of alterations in writing to the registration desk so the result list can be altered. No refunds are possible for non-runners but the maps can be collected after the event.

A form to advise changes is at the end of this document

START (see further notes on the SI Stick below): The start is 60 metres east of the assembly area, adjacent to the toilets. *Students will be called up 8 minutes before their actual Start Time* to receive final instructions. Students will have one minute to look at their map before their actual start time.

Make sure students know how to orientate the map. They will be facing North at the start.

Students MUST be at the start 10 minutes before their scheduled start time.

LATE STARTS: Any competitor who is late should proceed to the start area immediately on arrival and speak to the late start person. They will be given the next appropriate start time for their course.

FINISH: Adjacent to the undercover / assembly area, next to heritage buildings.

FINISH PROCEDURE: After crossing the finish line, competitors MUST stay in their finishing order and proceed along the finish chute to download and hand in their SI stick when directed.

Due to COVID safe regulations, students will hang onto to their own map after they finish. (Please observe FAIR PLAY, and ensure students do not show their maps to others who have not yet competed. They are to go to their teacher, supervising adult and give them thier map.)

All competitors need to ensure they go to their allocated controls in order on their course as there are multiple controls in the park. The finish will have two SI control boxes for punching. Any box can be used.

COURSE CLOSURE: Courses will close at 12.30 pm. Any competitor still on their course at that time MUST proceed to the **FINISH** even if they have not completed that course.

SAFETY: Safety bearing is follow any path back to central eastern part of the map. Marshalls with a pink hat will be in attendance at designated spots within the Park.

COURSE INFORMATION:

All courses are contained within the fenced perimeter of Thorndon Park, so no student should exit the park

| Course | Distance | Navigation Difficulty | Classes | Controls | |
|------------|----------|------------------------------|------------|----------|-----------------|
| Start Lane | km | | | | |
| 1 | 4.8 | Moderate | M Open M16 | 27 | Map flip at C12 |
| 2 | 4.5 | Moderate | M15 W16 WO | 26 | Map flip at C12 |
| 3 | 4.0 | Moderate | W15 M14 | 27 | Map flip at C10 |
| 4 | 3.4 | Moderate | M13 W14 | 23 | Map flip at C12 |
| 5 | 2.9 | Moderate | W13 | 19 | |
| 6 | 2.0 | Easy | M12 W12 | 18 | |
| 7 | 1.8 | Easy | M11 W11 | 17 | |
| 8 | 1.7 | Easy | M10 | 16 | |
| 9 | 1.4 | Easy | W10 | 11 | |

Map & Terrain

The area is a recreational park with a pathway bordering most of the perimeter. Many controls will be on man-made features including signs, seats, bridges, buildings & stone walls.

The map has a scale of 1:4000 with contour intervals of 2.5m. The central south western area has a large body of deep water and a smaller pond area in the northern part. No student should enter the water. A board walk borders the western edge of the lake and as this is in disrepair, this area is strictly out of bounds and marked in purple on the map (no controls are near the boardwalk).

Control Descriptions

Control descriptions will be in English only and printed on the front of the map for courses 5 to 9.

Courses 1 to 4 have a map flip and the clue descriptions will be on each side for those controls.

Loose clue descriptions will be available for courses 1 to 4 only in the start chute.

All controls on a student's course must be "E punched" in the correct order using the SI stick.

There are many controls, often quite close to one another so students may see controls not on their courses.

So ALWAYS CHECK that the number on the control is the same as the number on the control description.

If a wrong control is "E punched", look for the correct control and "E punch" accordingly using your SI stick and then continue the course in the correct order. It is the student's responsibility to "E punch" all required controls with the SI stick and download the SI stick data at the finish tent for computer checking.

If a control does not beep and flash when recording, use the manual punch found under the control unit to punch in one of the R boxes in the top corner of your map and tell the person in the finish tent.

To complete the course and receive an official time, all controls on your course must be punched in the correct order.

PINK CAPS: Helpers wearing pink caps will help competitors if they are lost or hurt. **ONLY approach pink cap people for help**.

FAIR PLAY: It is fair play to ask pink cap people where you are on the map if you are lost. It is NOT fair play to ask where your control is, or to distract other competitors, or help them by calling out "here it is". It is NOT fair play to show your finished course map to another competitor who has not yet done their course.

If any student moves or interferes with any controls their whole school will be disqualified.

WATER: Students are asked to bring their own water bottles for use before and after they compete.

PRESENTATIONS:

Due to COVID- safe practises, there will be NO PRESENTATIONS this year.

Results will be posted in the Orienteering SA website, as well as emailed to all the schools entered.

Students with winning positions will be sent their certificates to their school, for presentation at a school assembly.

The Wale (Secondary) and Williams (Primary) Trophies will be awarded to the school with the highest points as follows:

| | 1st | 2nd | 3rd | 4th | 5th | 6th |
|---------|-----|-----|-----|-----|-----|-----|
| A CLASS | 6 | 5 | 4 | 3 | 2 | 1 |

These trophies, currently held by Heathfield High School and Woodside PS, will be reallocated and forwarded to the new winning schools.

FIRST AID: First Aid will be available if needed in the assembly area, near the FINISH.

In addition, schools are asked to bring their own First Aid kits to treat minor wounds and/or injuries. Any competitors who use broncho-dilators (puffers) are reminded to bring them to the event and to carry them on the course with them. In the case of an emergency, contact any of the "Pink Caps", who will be carrying mobile phones and a list of emergency contact phone numbers.

CATERING: Due to the COVID- Safe practices, there will be NO catering this year.

Students are asked to bring their own water bottles, snacks and food.

SI card INSTRUCTIONS: Electronic timing and control recording will be used at this event. Each competitor must use their allocated SI stick and attach to their finger. Instructions on use are provided as part of the start procedure.





When the SI Stick is inserted into the hole in the control

box and when the

competitor hears a BEEP (also sees a flash) the SI Stick has recorded their time at the control.

After the finish control, the students will be funnelled through to 'download" the SI Stick and then will receive a slip with their times. The SI Stick will be handed in at the finish area.

A replacement fee of \$20 will be charged if the SI STICK is lost or damaged in any way.

For any questions prior to the day email: schoolschamps@sa.orienteering.asn.au

or ring Zita Sankauskas on 040 9339 430

Mobile contact on the day: Zita Sankauskas 0409 339 430

Robin Uppill 0419 037 770 Clive Arthur 0452 422 176

EXISTING ORIENTEERING MAPS OF THORNDON PARK RESERVE:

Orienteering SA maintains permanent orienteering courses in Thorndon Park Reserve that can be downloaded here: <a href="https://www.sa.orienteering.asn.au/about-orienteering/new-to-orienteering/diy-orienteering/diy-orienteering/new-to-orienteerin

| 2020 SA Schools Orienteering Champs: | | | | | | |
|---|----------------------------------|--|--|--|--|--|
| SCHOOL - | | | | | | |
| Contact name – | | | | | | |
| Contact Mobile: | | | | | | |
| Students not competing – NO replacement | | | | | | |
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| Students not competing – REPLACEMENT IN SAME CLASS ONLY | | | | | | |
| Student absent | Student competing in their place | | | | | |
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| Any other concern | | | | | | |
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