



2020 QLD MTBO

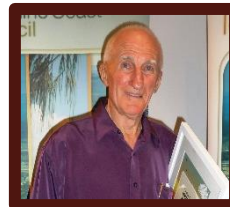


Championships

12th and 13th September.

QLD State Series Rounds 4, 5 and 6.

Including the
GORDON HOWITT MEMORIAL LONG EVENT



BULLETIN 2.

Championship Organiser: Stuart Gordon Phone 0439979261
(with help from Mark Petrie, Geoff Moore and Craig Steffens)

COVID Safety Guidelines for MTBO Events

Covid-19 Safe Guidelines have been developed in accordance with Queensland Health "Outdoor Sports" requirements and the Covid-19 Safety Guidelines developed by Orienteering Queensland.

Prior to the Event

- Entrants, spectators and volunteers are encouraged to install or update the COVID Safe App on their smartphone.

<https://www.health.gov.au/resources/apps-and-tools/covidsafe-app>

- If you have any COVID symptoms, do not come.
- Symptoms include...
 - fever
 - coughing
 - sore throat
 - shortness of breath

On Arrival

- Maintain social distancing in the parking area, at registration and on the way to the start area.

At the Start Area

- Maintain social distancing at start area.
- Ground marking will be used to ensure waiting riders are separated by 1.5m.
- Start lanes will be at 1.5m separation.
- Clear/Check/Test/Start units will be disinfected at 5-minute intervals or every 20 starters.
- Start officials will move the maps partially out of the trays or individually distribute maps.
- There will be no re-use of maps.

In the Field

- Maintain social distancing at course control points.
- Take care to avoid physically touching the Sportident units in the field.

At the Finish

- Maintain social distancing at the Download area.
- Download, take your results printout and move away from the desk.
- Leave any hired Sportident sticks or Mapboards in the boxes provided.
- No results will be displayed at events.

As you Leave

- Maintain social distancing in the Parking area.

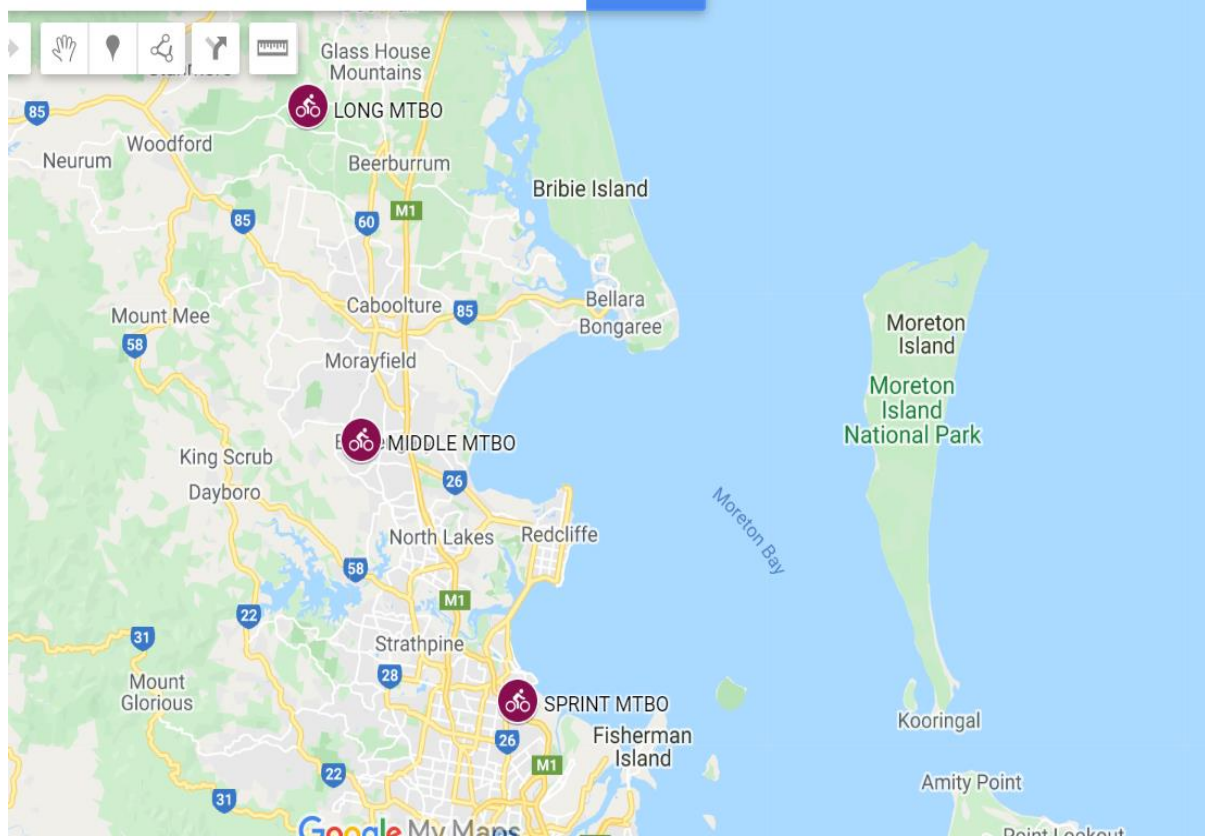
After the Event

- If you develop COVID symptoms, self-isolate and get tested.

There will be hand sanitizer and alcohol-based wipes placed around the event. If you see them, use them to help promote hand hygiene.

VENUES

All events are on the northside of Brisbane.



PROGRAM

Saturday, 12th September

SPRINT DISTANCE

Venue: Boondall Entertainment Centre. Melaleuca Drive [Google MAP Link](#)

Terrain: An urban stadium complex comprising native bush, open grassy areas and multiple paved areas.

Start Times: From 8.30am

MIDDLE DISTANCE:

Venue: “CREEC” Environment Centre. Rowley Rd, Burpengary. [Google MAP Link](#)

Terrain: An urban environment comprising Council parks and forest reserves, sports grounds, an environmental centre and an educational facility.

Start Times: From 1.30pm

Unfortunately, due to the ongoing COVID situation, there will be no formal function and dinner on Saturday Night.

Sunday, 13th September The “Gordon Howitt” Memorial Event.

LONG DISTANCE:

Venue: Beerburrum State Forest, Glasshouse Woodford Rd, Glasshouse Mountains. [Google MAP Link](#)

Terrain: The State Forest is undulating to hilly with forest tracks and trails.

Start Times: From 8.30am

EVENTOR

Entries are open and through Eventor.

<https://eventor.orienteering.asn.au/Events/Show/9382>

Late entry fee applicable after 31st August.

Entries Close midnight 7th September 2020. Entries after this date are at the discretion of the organiser. Late fees will apply.

If you are new to Eventor, you first need to register and create a user account. You do not need to be an Orienteering club member to enter. There is a help and support section but if you are stuck call Stu on 0439979261.

There are instructions on how to enter 1 or 2 races on the event page. [HERE](#)

Here are instructions on how to hire SI (Scoring Sticks) or Mapboards. [HERE](#)

EVENT FEES

Entry fees will be refunded in full if event is cancelled due to COVID.

Event	Senior Member/Non-member	Junior Member/Non-member	Recreational Course Member/Non-member/Junior
Sprint Champs	\$25 / \$35	\$10 / \$20	\$20/\$25/\$15*
Middle Champs	\$25 / \$35	\$10 / \$20	\$20 / \$25 / \$15*
Long Champs	\$25 / \$35	\$10 / \$20	\$20 / \$25 / \$15*

Children 14 or under (as at 31st Dec 2020) are free if they are riding in the Recreational courses with an adult.

Family discounts apply for 4 or more members. Contact Stu on 0439979261 to apply.

Members entry fee is for Orienteering Australia or affiliated club members (eg Overseas orienteering club).

CLASSES

QLD Championship placings for each class will be determined by the cumulative time taken by each competitor for the three stages. **To be eligible, you have to enter and complete all 3 races AND you must be a Member**

Non - Member competitors are eligible to ride in an age category or an open class, however they are not eligible to win any trophies or awards.

Championship Classes

Line courses for Sprint, Middle and Long Events will be offered in the following age classes:

M14, M16, M20, M21, M40, M50, M60, M70.
W14, W16, W20, W21, WOL, W40, W50, W60, W70.

Non-Championship Classes

You can ride these solo or with friends.

- Line courses, you have to find controls in order.
- Score Courses, you can visit whichever controls you choose within the time limit.

SPRINT

1. Long. Line Course 1.
2. Medium. Line Course 3
3. Short. Line Course 5
4. E-bike Line Course.

MIDDLE

1. Long. Line Course 1.
2. Medium. Line Course 3
3. Short. Line Course 5
4. A Recreational 60 min Score course.

LONG

1. Long. Line Course 1.
2. Medium. Line Course 3
3. Short. Line Course 5
4. 90min Recreational Score Course.
5. 3 hour Score Course.

COURSES

Distances are approximate only until confirmed in Bulletin 3.

Sprint Distance

Course	Distance (Km)	Climb (m)	Classes
1	10.1	20	M21, WOL, Long, E-Bike
2	9.2	15	M20, M40, W21
3	8.3	10	M50, W40, Medium
4	7.0	5	M16, M60, W20, W50
5	6.2	5	M14, M70, W14, W16, W60, W70, Short

Middle Distance

Course	Distance (Km)	Climb (m)	Classes
1	20.0	150	M21, WOL, Long
2	18.0	120	M20, M40, W21
3	16.0	80	M50, W40, Medium
4	14.0	70	M16, M60, W20, W50
5	12.0	60	M14, M70, W14, W16, W60, W70, Short
Rec Score	60 Mins		Rec Score

Long Distance

Course	Distance (Km)	Climb (m)	Classes
1	24.4	560	M21, WOL, Long
2	22	500	M20, M40, W21
3	19.5	450	M50, W40, Medium
4	17	400	M16, M60, W20, W50
5	14.6	300	M14, M70, W14, W16, W60, W70, Short
Rec Score	1Hr (60 mins)		Rec Score
3Hr Score	3Hr (180 mins)		3Hr Score

MAPS

Maps will be printed on semi- waterproof paper.

Sprint – Boondall A4, 1:5500, 5m contours

Middle - Narangba A3, 1:10000 5m contours

Long – Glasshouse Mtns A3 1:15000 5 m contours

The maps have been prepared to the IOF standard for MTBO maps, which includes the 2 x 4 track grading system. Tracks are greater than 1.5 metres wide. Paths are less than 1.5 metres wide.

Speeds are mapped on the basis of how fast an elite rider can pass along the tracks. All grading was prepared in dry weather.

The basis for the speed of the tracks is:

- **Fast:** little or no restriction to the speed which a rider can proceed.
- **Moderate:** generally good riding with some reduction in speed and a requirement to keep an eye on where you are going to avoid obstacles such as potholes, stones, rocks, ruts, etc.
- **Slow:** sufficient obstacles to require the rider to pick lines to avoid obstacles. Consistently rocky, rutted or sandy. Skilled, fit riders should be able to ride almost always. Less skilled and fit riders may have to dismount.
- **Difficult:** a technical track/path which may require the rider to dismount. Skilled, fit riders may be able to ride without dismounting. For the Long Event, Difficult grade usually means heavier vegetation but may mean bad ruts, loose and rough surface or sand.

	fast	medium	slow	difficult
Bitumen road	=====			
Dirt roads	=====	-----	-----	-----
Dirt tracks	=====	-----	-----	-----

TECHNICAL INFORMATION

Australian MTBO Competition rules will apply to all events.

MTBO Rules: <http://www.ausmtbochamps.com/rules/> ([LINK](#))

All maps will conform to current IOF specifications with some changes to forest plantation colours. As for most MTBO events in Australia, riding will only be permitted on tracks marked on the competition map, or areas shown on the map as Open Land, Rough Open Land or Open Land with trees.

Start Times

Competitor start times will be decided by a seeded draw i.e. the best riders in each age class will be spaced out amongst the field. Start Draw will be posted within 5 days of the event. **If you are late for your designated start time, you will still be allowed to start, but your start time commences from when you were officially supposed to start.**

Timing System

SportIdent Air punching will be used for timing for all events. SI AIR sticks may be hired for \$5 if you don't have your own, or buy one for \$95. Manual punching will still work.

GPS enabled devices

May be used during the event, provided they don't display a map or breadcrumb trail. [This is link to Allowable devices](#). If in doubt about your device ask the Organiser.

Complaints

Any complaints or protests must be submitted to the organiser (via the Admin Desk) within 15 minutes of the last competitor in their class finishing.

Expected winning times.

These are a guide only. The times may vary slightly when the final courses are developed.

	LONG		MIDDLE		SPRINT
	Men	Women	Men	Women	All
Elite	105-115	85-95	55-60	45-50	20-25
Masters	105-115	85-95	55-60	45-50	20-25
Juniors	84-92	68-76	44-48	36-40	16-20

EMERGENCIES

We recommend and use the Emergency + App, to assist Emergency Services to locate you...



Emergency Plus app

'Emergency +' is a national app developed by Australia's emergency services and their Government and industry partners, helping people to call the right number at the right time, anywhere in Australia. ... Triple Zero calls are free.

To Download

Android - https://play.google.com/store/apps/details?id=com.threesixtyentertainment.nesn&hl=en_AU

Apple - <https://itunes.apple.com/au/app/emergency/id691814685?mt=8>

FOOD

Sadly, we will not be able to offer any food for purchase due to Covid safety guidelines. Drinks will be available for purchase after the LONG EVENT ONLY but this may also be reviewed.

SMOKING

Orienteering is a Smoke and Drug Free sport, so our assembly and event areas are smoke and drug free zones. Please refer to the Australian Sports Anti-Doping Authority website for information on in-competition testing, what will happen if you are required for a testing session and your rights and responsibilities in relation to testing.

NEARBY THINGS TO DO

[Glasshouse Mountains Lookout](#)

[Parklands](#) 60kms off road MTB trails.

[Ferny Forest](#) 10 km single track plus Ewen Maddock ride. Total 23km.

[Bunyaville](#) Lots of fun single track

[Caloundra](#) More technical single track with features

[7 of Brisbanes most scenic bike routes](#)

Other attractions near Champs:

[Australia Zoo](#)

[Abbey Museum of Art and Archeology.](#)

Caboolture Markets Sun morn,

[Caboolture airport Warplane Museum](#)

Climb [Mt Ngungun](#) (1hr return, very easy with spectacular views) or

[Mt Beerwah](#) (difficult with some exposure, but great views)

Visit the beautiful beaches of Caloundra and Sunshine Coast.

PLEASE HELP TO PROMOTE THIS EVENT. Deb Gordon 0439979260.